

# **Stallion Seniors Services**

Call (519) 897 - 8407 to book your service Today!

#### **Full Service List:**

If you don't see something on this list, just ask!

We still may be able to help!

**HANDYMAN** (Installations & Safety)

#### HOME REPAIR SERVICES

## **General Repairs**

- Tighten cabinets, handles & fixtures
- Repair sticking doors / alignment fixes
- Fixing cabinet hinges, knobs, latches
- Minor drywall patching
- Paint touch-ups
- Caulking bathrooms & kitchens
- Weather stripping & draft reduction
- Furniture repairs & touch-ups
- Minor flooring touch-ups (non-installation)
- Simple gutter clearing (ground level only)
- Fixing running toilets (minor plumbing)
- Toilet seat replacement
- Water shutoff assistance (if needed)
- Replace furnace/AC filters



#### **Electrical (non-licensed tasks)**

- Replace light bulbs
- Replace smoke detector batteries
- Replace thermostats (battery types)
- Simple light fixture replacements (non-wiring)

#### **Installation & Mounting**

- TV mounting
- Large mirror mounting
- Hanging pictures / frames
- Hanging curtains & blinds
- Install shelves
- Install shower rods
- Install safety items (grab bars, toilet risers)
- Install anti-tip brackets
- Install towel bars & bathroom accessories
- Install small appliances
- Install bathroom safety rails
- Install anti-slip mats & treads

# + TECH (Help & Electronics Setup)

# **Tech Setup**

- TV setup & remote configuration
- Streaming setup (Netflix, Prime, Crave, apps)
- Wi-Fi troubleshooting (basic)
- Router placement & reset help
- Smart home basics (cameras, plugs, Alexa)



- Smartphone basics (calls, apps, messages)
- Tablet/iPad tutorials
- Email setup
- Password resets
- Printer setup
- Digital photo organization
- Online bill payment assistance
- Basic laptop support

# **HOME ASSISTANCE (Tasks & Maintenance)**

# **SAFETY & AGING-IN-PLACE SERVICES**

## **Safety Installs**

- Grab bar installation
- Anti-slip bathroom modifications
- Bed rail installation
- Stair safety checks
- Handrail reinforcement
- Furniture stabilizing (anti-tip)

#### **Full Evaluation & Setup**

- Full Home Safety Check
- Bathroom Safety Setup
- Clear-path layout for scooters/walkers
- Lighting improvement for seniors
- Removing tripping hazards



- Emergency item organization (flashlights, batteries)
- Fall-prevention optimization of home layout
- Home "Aging-in-Place" consultation
- Emergency preparedness setup
- Non-slip tape on stairs/thresholds

#### **HOME MAINTENANCE & HOUSEHOLD TASKS**

#### **Indoor Tasks**

- House cleaning (floors, vacuum, dusting)
- Deep cleaning (behind furniture as needed)
- Changing bedding
- Rotating mattresses
- Organizing closets & drawers
- General tidying
- Watering plants
- Bringing items up/down from storage
- Seasonal décor setup
- Laundry (wash, fold)
- Light kitchen organization
- Decluttering assistance
- Light fridge/pantry cleanout
- Changing smoke detector batteries
- Battery replacements (remotes, clocks, thermostat)

## **Outdoor Tasks (Non-Landscaping)**

- Snow shoveling (steps/sidewalks)
- Storm prep (non-ladder tasks)



- Patio furniture setup & takedown
- Water softener salt delivery to basement
- Garbage to curb / recycling
- Simple raking or light yard cleanup
- Watering gardens
- Minor outdoor organizing (sheds, porches)

#### **Light Landscaping**

- Lawn mowing
- Weed trimming
- Bush trimming
- Spreading wood chips/mulch
- Watering flowers/garden beds
- Sod placement (small patches)

# **DAILY LIVING**

# **Daily Living Assistance**

- Grocery shopping
- Groceries brought inside & put away
- Errands & pickup/drop-off
- Prescription pickup
- Parcel pickup
- Clothing organization
- Appointment scheduling assistance
- Basic paperwork organization



#### PET & HOME SUPPORT SERVICES

#### **Pet Services**

- Dog walking
- Feeding & watering
- Litter cleaning
- Pet waste cleanup (yard/indoor)
- Medication reminders for pets
- Vet pickup (with client or as courier)

## **Home Support**

- Check-in visits (Winter, safety checks)
- Simple house monitoring
- Bring mail inside
- Watering plants
- Emergency home check requests

# SENIORS MOVING (Downsizing & Support) (Powered by Stallion Movers)

## **MOVING, CLEAROUT & TRANSITION SUPPORT**

#### **Move Services**

- Seniors full-service moving
- Packing + unpacking
- Furniture rearranging (in-suite or home)
- Bed moving
- In-home moving for renovations or other needs



- Downsizing move assistance
- Micro-moves (within senior home floors)
- Staging support (with realtors)

#### **Clearouts & Estate Support**

- Remove unwanted items
- Donation drop-offs
- Dump runs / junk removal
- Move-out repairs (patch & paint)
- Light staging & preparation for sale
- Estate/lawyer-directed home prep
- Touch-ups before selling
- Floor plan optimization
- Furniture Deliveries/Pickups
- Full home organization for sale or transition

## **Transition Support (Physical Only)**

- Unpacking & setting up essentials
- Light advocacy with retirement home staff
- Room personalization (photos, décor, memories)

## **Assembly & Disassembly**

- IKEA-style furniture
- Bed frame assembly
- Table, chairs, nightstands
- Patio furniture assembly
- Seasonal furniture setup/takedown
- Unboxing & Setup

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