



# HOLY FAMILY NEWSLETTER

**AD MAJOREM DEI GLORIAM**  
**(For the Greater Glory of God)**

Monsignor Malachy Keegan  
 The Presbytery,  
 115 Limpsfield Road,  
 Sanderstead,  
 CR2 9LF

**Admin Assistance (Parish Room)**  
 Wed: 10.15am - 12.15pm

**Fr Malachy (Parish Room)**  
 (Meetings by appointment)  
 Sat: 9.00am - 12.00Midday

**29th March 2026**

**Telephone**

Parish: 020 8657 1728

**Website**

[www.catholicchurchsanderstead.org.uk](http://www.catholicchurchsanderstead.org.uk)

**Email:**

[malachykeegan@rcaos.org.uk](mailto:malachykeegan@rcaos.org.uk)

**Pastoral Assistant:** Lorenza Bellavia  
**Administrative Assistant:** Maggie Bowes

**Parish Safeguarding Representative:**  
 Angela Osmond  
[sandersteadsg1@safeguardrcaos.org.uk](mailto:sandersteadsg1@safeguardrcaos.org.uk)  
 07762 930 657

The Church is open all day, every day  
 for private prayer

## HOLY WEEK

Monday	30th March	9.30am	For an end of the war in Iran
Tuesday	31st March	9.30am	That we all become Missionaries of the Lord in Sanderstead  N.B Penance Service and individual reconciliation 6.00pm
Wednesday	1st April	11.30am	Holy Mass of the Chrism in the Cathedral of St. George in Southwark

## SACRED EASTER TRIDUUM

MAUNDY THURSDAY	2nd April	8.30pm	HOLY MASS OF THE LORD'S SUPPER 9.30pm until 12.00Midnight: 'Watching' at the Altar of Repose
GOOD FRIDAY	3rd April	11.00am 3.00pm 6.00pm	Walk of Witness SOLEMN LITURGY OF THE PASSION OF THE LORD Stations of the Cross

## EASTER SUNDAY

Saturday	4th April	8.00pm	THE EASTER VIGIL AND THE FIRST HOLY MASS OF EASTER SUNDAY BLESSING OF THE FIRE, PREPARATION OF THE EASTER CANDLE EASTER PROCLAMATION (EXultet), LITURGY OF THE WORD FIRST HOLY MASS OF EASTER SUNDAY
Sunday	5th April	9.00am 11.00am	SECOND HOLY MASS OF EASTER SUNDAY THIRD HOLY MASS OF EASTER SUNDAY

## **SACRAMENT OF RECONCILIATION**

SATURDAY; 4.00pm - 4.30pm

## **MORNING PRAYER AND EXPOSITION OF THE BLESSED SACRAMENT**

MONDAY, TUESDAY; 9.00AM

(Prayer book: Week 2 of the psalter)

## **THOUGHT FOR THE WEEK**

The Olde Forge Cafe, our parish way of fulfilling the Lord's command to be a Missionary Community, will only work if each one of us brings someone new to the Cafe on Sundays, Tuesdays or Saturdays. Each one of us, regardless of age or circumstance, is asked by the Lord to be a missionary in Sanderstead. As we enter into Holy Week and understand more the significance of the Lord's passion, death and resurrection, may we allow him to fill each one of us with his spirit so that we become a missionary parish.

## **BROTHERS AND SISTERS WHO ARE UNWELL**

Please pray for, Jill O'Donnell, Manuel Rodrigues, David Palmer and everyone who is in any kind of distress. May the good Lord give them peace and patience in their moments of need "May the gifts of illness and old age bring our sisters and brothers the gift of wisdom and help them to be closer to the Lord."

## **HOLY COMMUNION AND THE SACRAMENT OF RECONCILIATION FOR OUR PARISHIONERS WHO ARE HOUSE-BOUND**

I hope to bring Our Blessed Lord in Holy Communion and offer the Sacrament of Reconciliation to our house-bound parishioners on Saturday morning this week from about 9.30am onwards

## **PRAYERS, PLEASE**

Please thank the Lord in your prayers for two wonderful people. Caitlin who will be baptised into our Catholic, Christian Faith, this Easter and Alan who will enter into full communion with us in our Catholic Church, as he leaves a different Christian Church, also this Easter.

Please pray for our Extraordinary Ministers of Holy Communion as they renew their commitment to this sacred Ministry. May they become increasingly aware of the priceless gift that is theirs and the Lord's call to them to become more and more like the Lord Jesus they serve, in thought, word and deed.

## **THANKS BE TO GOD**

How inspiring and beautiful it was to see 8 children and their parents celebrating the Sacrament of Reconciliation, last week. For the children it was their first meeting with our merciful Lord who is ready to forgive our sins when we come to him with humble and contrite hearts. Through their parents who give their children such wonderful example, the Lord is now so close to: Mirielle, Olivia Sumaria, Ada, Alexander, Kamsi, Nikita, Leon and Olivia Storey

## **LENTEN PENANCE SERVICE/OPPORTUNITY FOR INDIVIDUAL RECONCILIATION -31st MARCH**

We will have a short Penance Service, followed by an opportunity for individual reconciliation with the Lord, on Tuesday 31st March at 6.00pm

## **EASTER OFFERTORY COLLECTIONS**

The Collections on Easter Sunday (basket in church, on-line and the Card Reader) are your personal gift to your priest. Thank you for your kindness and generosity.

## **LENTEN FASTING AND THE NATURAL WORLD**

The practice of fasting or doing something extra, in this time of Lent, can be ways of helping to address the damage of Climate Change:

Try a vegan or plant-based meal once a week! Explore tasty meat-free recipes. Industrial slaughtering of cows and pigs and chickens is also taking a toll on our planet. 'JBS Meat Production' supplies most of the meat for the UK Supermarkets. This Company alone produces around half of the carbon emissions of fossil-fuel giants like 'Shell' or 'BP' and is driving Forest deforestation in the Amazon, by buying meat from animals which have grazed on deforested land.

Fast from the digital world! Set boundaries for your use of digital devices. Limit Netflix, Amazon, Emails and Social Media for yourself and your whole family.

Grow your own Veg!: Herbs, Salad, Radish can be grown in pots

Save energy in your home: Draught-proof windows and doors; swop your bath for a quick shower; lights off when not needed.

Move your money: Could you divest from fossil-fuels and use a Bank that invests in Renewables?

Fast from Waste: Think about packaging for foods - can you buy your food loose? Strive to use all the food you buy before it deteriorates.

Carbon-Fasting: Instead of jumping in the car, why not walk or take public transport!

## **HOLY WEEK AND EASTER**

This is the most important week in the whole year for Christians. This is the week given to us by the Lord. He asks us, during this week, to prioritise being with him, through our full, conscious and active participation in the liturgical Services. There will always be something competing for our time and attention. This is the week, above all others, to put the Lord first. This is the week, above all others, to bring someone new with you. This is the week, above all others, for parents to explain to their children, the reason why what we will do in church, is far, far more important than Easter Egg Hunts! It will be a challenge but worth it! The Lord comes to set us free from Sin and Death. Put the Lord and his plan for you first this week, then later we will have every reason to celebrate. All the details of the Holy Week and Easter holy Masses and Services can be found on this Newsletter.

## **PLANTS AND FLOWERS FOR EASTER**

Please could you bring flowers and plants to our church that we could then place them on the sanctuary for Easter, as signs of the joy we feel at the Lord's Resurrection from the Dead. Please bring them any time next Saturday before about 5.00pm and leave them in the porch of the church. Thank you.

## **'LAVABO'/WASHING THE FEET**

During the Last Supper, Our Lord washed the feet of his disciples, to help them to understand what Love means in reality. In our Liturgy of Maundy Thursday, we do the same. I would be honoured to pour water over the feet of representative members of our Faith Community to help us to understand that the love of the Lord in us is to be shown to everyone without exception. Please pop your name on the list which you will find in the porch of the church.

## **WALK OF WITNESS**

May I invite you to join me for a short 'Walk of Witness' along our High Street on the morning of Good Friday. We will walk from our church, at 11.00am, to the 'Gruffy', stopping occasionally to meditate and pray. One of our parishioners, dressed in similar clothes to Jesus, will carry a large cross. We will be finished by 11.45am. Please bring the children too. I'm hoping that some of our friends from other Christian Churches will join us.

## **CHURCH CLEANING**

Please could you join us next Saturday morning at 9.30, to tidy and clean the church for Easter. Parents, please bring the children too. Whatever age we are, whether man or woman, young or not so young, there is always some little thing we can all do. Humbly cleaning, tidying the church is a real prayer in itself.

## **HOLY COMMUNION UNDER BOTH KINDS/THE MINISTERIAL PRIESTHOOD/EUCHARISTIC MINISTRY/SIGN OF PEACE**

During the holy Mass of Maundy Thursday, we celebrate the priceless gifts of the holy Mass and the Priesthood which the Lord has given to his Church. Also, members of our Community of Faith who have been blessed and privileged to be Eucharistic Ministers, will renew their commitment to this sacred ministry.

This is the best moment to begin again our normal practice of receiving Our Blessed Lord in the way he gave himself to us at the Last Supper, the very first holy Mass. Now that the Winter has officially ended and there is less risk of colds and flu', we will be able to receive Our Blessed Lord not just in the consecrated bread which has become the Body of Christ but also in the consecrated wine which has become the Blood of Christ.

Every holy Mass is a moment when the Lord's great saving love for us, is made manifest. This is his love which he gives to us and wishes us to share with everyone, without exception. We will begin again, during this beautiful holy Mass, to offer a real physical gesture of peace and love for each other.

Please do not receive the Precious Blood of the Lord from the chalice if you have a cough or cold or simply do not feel well.

Last Saturday, during a Eucharistic Ministers time of Prayer and Reflection, it was suggested by some Eucharistic Ministers that Hand Sanitiser be available for use following the Sign of Peace during holy Mass. Following the meeting, other Eucharistic Ministers suggested to me that the availability of Hand Sanitiser wasn't really a great need and its use during the Liturgy would detract from the sacredness of the moment. Let's leave the use of a Sanitiser then to personal choice, just as the way in which we offer each other a Sign of Peace is also a matter of personal choice.

## **DEALING WITH ANXIETY - 22/23 MAY AT THE LONDON JESUIT CENTRE**

Anxiety and Worry often make life difficult for many people. I am leading this Workshop, from the evening of Friday 22nd May ( 6.30pm to 8.30pm) then continuing on Saturday 23rd May (11.00am TO 1.00pm). This Workshop will explain how Anxiety begins, how it can take hold of us and then spoil so much of our lives. I'll also offer some very good, tried and tested ways in which people can escape from Worry or at the very least reduce it and begin to live much happier lives, feeling and monk . The Workshop will take place at the London Jesuit Centre. If you would like to attend this Workshop, please book now on the London Jesuit Centre website.

## **DEALING WITH LONELINESS - 11TH JULY AT THE LONDON JESUIT CENTRE**

Deep in the human heart is a longing to be connected to others, to love and to be loved. I am leading this Workshop from 10.00am until 2.00pm on Saturday 11th July . The Workshop will help us to understand the reasons why we sometimes feel lonely and what a devastating effect Loneliness can have on us. I'll suggest effective ways to ensure that your experience of Loneliness can actually become the means of finding deep, satisfying ways of being close to the Lord and to other people. The workshop will take place at the London Jesuit Centre. If you would like to attend this Workshop, please book now on the London Jesuit Centre website.

## **OLDE FORGE CAFE - FREE COFFEE AND CAKE FOR OUR VISITORS**

Please do your best to bring members of your family, your friends, neighbours and colleagues who normally have little, if any contact with our Catholic parish, to the Olde Forge Cafe. Please remember that those you bring with you DO NOT give a donation for their coffee and cake. Only us, who are regular members of our parish, are asked to give a donation, each time, to cover the cost of the Coffee machine, coffee beans, heat, light etc. Dear Bakers and those who provide milk, please remember to take your expenses from the donations received.

## **CHILDREN'S LITURGY OF THE WORD DURING 11.00am SUNDAY HOLY MASS**

Dear Parents, please note that the Children's own reflection of the Liturgy of God's Word, takes place during School Term times. Please, of course, continue to bring the children to holy Mass, come early and sit near the front of the church so that children can see and better understand the holy Mass. The children's own Liturgy of the Word begins again on Sunday 26th April. Dear Parents, please bring the children to the Holy Week Services especially on Maundy Thursday, Good Friday and the Easter Vigil/First holy Mass of Easter on Saturday evening. During this week, the Lord speaks powerfully of his saving love, through the Liturgy, to all our hearts.

## **INTERESTED IN FINDING OUT MORE ABOUT OUR CATHOLIC FAITH?**

If you are not a Catholic or if you are already a Catholic but haven't yet received the Sacrament of Confirmation, please let me know

## **BEQUEST, IN A WILL**

It is wise to write a Will so that the resources you have when the time comes for you to leave this world, goes to the people and organisations you wish. May I suggest that you might consider leaving a Bequest in your will to our parish or to our diocese or to our priest as well as to other causes. A gift in your will can enable us to continue to help people to know the Lord Jesus and his saving love. What a wonderful legacy you would be leaving behind.

## **FINANCES 22nd MARCH**

Basket Collection: £163.50

Card Reader: £505

Retiring Collection for Poor Parishes: £349

## **HOSTS, IN THE EVANGELISATION CAFE, THE OLDE FORGE**

Thank you so much to all the wonderful people who act as Hosts in our Olde Forge Cafe. If you are not yet a Host, please speak with me. It would be great to increase the team of Hosts. All training to operate the Coffee Machine, will be given

## **PLEASE CHECK THE ROTAS, PUBLISHED ON THE NEWSLETTER EACH WEEK**

If you are a Eucharistic Minister, Lector, Host, Baker or if you have offered to deliver our Food Bank supplies to the Good Shepherd school in New Addington, please check the Newsletter each week to identify when it is your opportunity to exercise your ministry.

## **HOLY MASS INTENTION/STIPEND**

An Intention for holy Mass is a specific prayer, often for a particular person or purpose, that a priest offers during the celebration of a holy Mass. It is the best way that we have to unite our lives, our hopes, our fears, our joys and our sorrows with the Lord Jesus. It is the best way possible, because every time holy Mass takes place, the Lord's Death and Resurrection also takes place.

A holy Mass Intention is a prayer asking that the Lord's victory over sin and death be applied to the Intention. The Intention can be for those who are still living in this world or for those who have left this world. Anyone, of course, may request a holy Mass - In Thanksgiving, for a Birthday, for someone who has died, on the occasion of a special Anniversary, for someone who is unwell or for any other intention that we believe the good Lord wishes to hear and possibly to give us. Every holy Mass is the making present of the Lord offering his saving love to everyone, so every holy Mass is for everyone! However, sometimes we have specific Intentions that we may wish to mention to the Lord.

A 'Stipend' or Offering for the holy Mass is not a fee! It is not 'the cost of a holy Mass'! The holy Mass is so sacred, so full of the Lord's presence and saving power that it is priceless! In fact, the Stipend is only a gesture of gratitude and care for the priest who celebrates the holy Mass for you. It is a way for supporting our priests who, although they do not receive salaries, still need personal funds to meet their own 'costs of living.' The Stipend suggested by the Archdiocese of Southwark Finance Committee is a minimum of £10 for each holy Mass. Of course, anyone who can't afford a Stipend should still request a holy Mass Intention and I'm sure every priest would always be more than happy to celebrate holy Mass for someone in that situation.

Here in our parish, please use the holy Mass Intention envelopes which you will find in the porch of the church. Please write the details of the Intention, a preferred date if required, enclose the Stipend, and let me have it directly or post it through the presbytery letterbox.

## **LECTORS FOR WEEKDAY HOLY MASSES, THIS WEEK**

Mon: Giannina

Tue: Marian

## **ROTAS FOR APRIL**

### **EUCCHARISTIC MINISTERS**

2 (Maundy Thursday): 8.30pm Lorenza, Patricia, Maggie  
3 (Good Friday): 3.00pm Ross  
4 (Easter Sunday Vigil): 8.00pm David, Marian, Angela  
5 (Easter Sunday): 9.00am Phil, Margaret, Simone  
11.00am Mary, Carolyn, Lisa(H)  
11/12: 5pm Jim; 9am Gabrielle; 11am Lesley, Paul Donovan, Linda(H)  
18/19: 5pm Regina; 9am Patrick; 11am Paul Mould, Lizzie, Patricia(H)  
25/26: 5pm Maggie; 9am Lorenza; 11am Ross, David, Marian(H)

### **LECTORS**

2 (Maundy Thursday): 8.30pm Paul  
3 (Good Friday): 3.00pm Jim; Passion Reading: Gerry(N), Mutsa (C)  
4 (Easter Sunday Vigil): 8.00pm Lizzie (1), David (3), Patricia (5), Lorenza (7/Epistle)  
5 (Easter Sunday): 9am Phil  
11am Mutsa  
11/12: 5pm Maggie; 9am Mike; 11am Lisa  
18/19: 5pm Collette; 9am Gerry; 11am Jim  
25/26: 5pm Patricia; 9am Richard; 11am Paul

### **HOSTS**

5 (Easter Sunday): Regina, Patrick  
7: Lorenza, Maggie  
11: Collette, Patricia  
12: Lizzie, Paul  
14: Colette, David  
18: Phil, Mary  
19: Marian, Jim  
21: Linda, Lesley  
25: Ros, Gabrielle  
26: Emmanuala; Giannina

### **BAKERS**

4: Sophie  
11: Helen  
18: Anderson  
25: Bridget

### **PARISH FOOD BANK**

Our rota for the delivery of food to the Good Shepherd school in New Addington begins this week. Please find the rota below. The dates indicated are Thursdays during the school term. Please collect the two hessian bags of fruit on Thursdays from the porch of the presbytery between the hours of 8.30am and 2.30pm. Please then bring the fruit to the school in New Addington. The fruit could even be collected and delivered on Friday mornings too, if necessary. The address of the school is:  
23, Dunley Drive New Addington CR0 0RG.  
The school is close to the Good Shepherd Catholic Church.

16th April: Gerry Murphy  
23rd: Tony Charlton  
30th: Chris Finnin