



# HOLY FAMILY NEWSLETTER

**AD MAJOREM DEI GLORIAM**  
**(For the Greater Glory of God)**

Monsignor Malachy Keegan  
 The Presbytery,  
 115 Limpsfield Road,  
 Sanderstead,  
 CR2 9LF

**Admin Assistance (Parish Room)**  
 Wed: 10.15am - 12.15pm

**Fr Malachy (Parish Room)**  
 (Meetings by appointment)  
 Sat: 9.00am - 12.00Midday

**15th March 2026**

**Telephone**

Parish: 020 8657 1728

**Website**

[www.catholicchurchsanderstead.org.uk](http://www.catholicchurchsanderstead.org.uk)

**Email:**

[malachykeegan@rcaos.org.uk](mailto:malachykeegan@rcaos.org.uk)

**Pastoral Assistant:** Lorenza Bellavia  
**Administrative Assistant:** Maggie Bowes

**Parish Safeguarding Representative:**  
 Angela Osmond  
[sandersteadsg1@safeguardrcaos.org.uk](mailto:sandersteadsg1@safeguardrcaos.org.uk)  
 07762 930 657

The Church is open all day, every day  
 for private prayer

## FOURTH SUNDAY OF LENT

Saturday	14th March	5.00pm Vigil holy Mass	Phyllis Doughty (Mary Lawlor)
Sunday	15th March	9.00am 11.00am	Ward and Cavanna families, living and dead People of the Parish
Monday	16th March	9.30am	Michael Connor (Patricia Connor)
Friday	20th March	9.30am	Pat and Mike Franklin (Golding Family) Nb: Stations of the Cross: 6.00pm

## FIFTH SUNDAY OF LENT

Saturday	21st March	5.00pm Vigil holy Mass	In Memory of Hermano Pedro (P)
Sunday	22nd March	9.00am 11.00am	People of the Parish Mary Rajendiam (Patricia Connor)

### SACRAMENT OF RECONCILIATION

SATURDAY; 4.00pm - 4.30pm

### MORNING PRAYER AND EXPOSITION OF THE BLESSED SACRAMENT

MONDAY, FRIDAY; 9.00AM

(Prayer book: Week 4 of the psalter)

### THOUGHT FOR THE WEEK - REFLECTING ON DEATH AND DYING,

“No one who puts a hand to the plough and looks back, is fit for the Kingdom of Heaven”, says Jesus. (Luke 9:62)

## **BROTHERS AND SISTERS WHO ARE UNWELL**

Please pray for, Jill O'Donnell, Manuel Rodrigues, David Palmer and everyone who is in any kind of distress. May the good Lord give them peace and patience in their moments of need "May the gifts of illness and old age bring our sisters and brothers the gift of wisdom and help them to be closer to the Lord."

## **THANK YOU**

To everyone who bakes or provides cakes for our Olde Forge Cafe. Please let me know if you could join our rota of very kind people who occasionally bake or provide cakes for the Cafe. Thank you to Margaret Fuller who provides the cakes this week. Also, thank you to Bridget Saunders who will let us have some delicious Irish Soda Bread on Tuesday, to celebrate the Feast of St.Patrick.

## **ECUMENICAL LENT MEETINGS**

As last year, I have invited our friends from the other Christian Churches in our area, to join us for a three-part series of discussions during the holy Season of Lent which begins in the not too distant future!

We will meet in the Olde Forge Cafe at 12.00midday for one hour, on the 12th, 19th and 26th of March. We will be talking about the three great theological virtues of Faith, Hope and Charity. One of the leaders of each Christian Church in our area will give a 10/15-minute introduction and then pose a few questions to the group for discussion. On the 12th, Graham, our local Methodist Minister will lead on the theme of 'Faith.' I'll lead on the theme of 'Hope', on the 19th. We will be led by a third person on the theme of 'Charity' on the 26th. Please pop these dates and time in your diary.

This Thursday, 19th March, we welcome Deacon Vincent Morrison, from Our Lady of Reparation in Croydon, to our Cafe, at 12.00midday, for the second of our three Lenten Talks. Vincent will be speaking on the theme of 'Hope.' Please come and support our efforts to build closer ties with our friends from other Christian communities.

## **SHORT MORNING OF RECOLLECTION FOR ALL EUCHARISTIC MINISTERS - 28th MARCH**

May I invite all our present Extraordinary Ministers of the Eucharist who feel the Lord is calling them to this sacred ministry, to please join me for a time of prayer and reflection on Saturday 28th March from 10.30am until 12.00midday. We will begin in the church for 30 minutes of quiet personal prayer before the Blessed Sacrament; then we will move into our Cafe for reflection on the privileged gift of this most sacred of ministries, including conversations about logistics. This short time is an opportunity to prepare hearts and minds to renew a commitment to Eucharistic Ministry during holy Mass on Maundy Thursday.

## **LENTEN PENANCE SERVICE/OPPORTUNITY FOR INDIVIDUAL RECONCILIATION -31st MARCH**

We will have a short Penance Service, followed by an opportunity for individual reconciliation with the Lord, on Tuesday 31st March at 6.00pm

## **PLEASE CHECK THE ROTAS, PUBLISHED ON THE NEWSLETTER EACH WEEK**

If you are a Eucharistic Minister, Lector, Host, Baker or if you have offered to deliver our Food Bank supplies to the Good Shepherd school in New Addington, please check the Newsletter each week to identify when it is your opportunity to exercise your ministry.

## **DEALING WITH ANXIETY - 22/23 MAY AT THE LONDON JESUIT CENTRE**

Anxiety and Worry often make life difficult for many people. I am leading this Workshop, from the evening of Friday 22nd May ( 6.30pm to 8.30pm) then continuing on Saturday 23rd May (11.00am TO 1.00pm). This Workshop will explain how Anxiety begins, how it can take hold of us and then spoil so much of our lives. I'll also offer some very good, tried and tested ways in which people can escape from Worry or at the very least reduce it and begin to live much happier lives, feeling and monk . The Workshop will take place at the London Jesuit Centre. If you would like to attend this Workshop, please book now on the London Jesuit Centre website.

## **DEALING WITH LONELINESS - 11TH JULY AT THE LONDON JESUIT CENTRE**

Deep in the human heart is a longing to be connected to others, to love and to be loved. I am leading this Workshop from 10.00am until 2.00pm on Saturday 11th July . The Workshop will help us to understand the reasons why we sometimes feel lonely and what a devastating effect Loneliness can have on us. I'll suggest effective ways to ensure that your experience of Loneliness can actually become the means of finding deep, satisfying ways of being close to the Lord and to other people. The workshop will take place at the London Jesuit Centre. If you would like to attend this Workshop, please book now on the London Jesuit Centre website.

## **HOSTS, IN THE EVANGELISATION CAFE, THE OLDE FORGE**

Thank you so much to all the wonderful people who act as Hosts in our Olde Forge Cafe. If you are not yet a Host, please speak with me. It would be great to increase the team of Hosts. All training to operate the Coffee Machine, will be given.

## **CHILDREN'S LITURGY OF THE WORD DURING 11.00am SUNDAY HOLY MASS**

Dear Parents, please make sure that you and your children arrive early for Sunday holy Mass so that the children, at the beginning of holy Mass, may make their way into the sacristy with our Catechists, to begin their own special reflection on the Sunday Gospels.

## **INTERESTED IN FINDING OUT MORE ABOUT OUR CATHOLIC FAITH?**

If you are not a Catholic or if you are already a Catholic but haven't yet received the Sacrament of Confirmation, please let me know

## **OLDE FORGE CAFE - FREE COFFEE AND CAKE FOR OUR VISITORS**

Please do your best to bring members of your family, your friends, neighbours and colleagues who normally have little, if any contact with our Catholic parish, to the Olde Forge Cafe. Please remember that those you bring with you DO NOT give a donation for their coffee and cake. Only us, who are regular members of our parish, are asked to give a donation, each time, to cover the cost of the Coffee machine, coffee beans, heat, light etc. Dear Bakers and those who provide milk, please remember to take your expenses from the donations received.

## **BEQUEST, IN A WILL**

It is wise to write a Will so that the resources you have when the time comes for you to leave this world, goes to the people and organisations you wish. May I suggest that you might consider leaving a Bequest in your will to our parish or to our diocese or to our priest as well as to other causes. A gift in your will can enable us to continue to help people to know the Lord Jesus and his saving love. What a wonderful legacy you would be leaving behind.

## **HOLY MASS INTENTION/STIPEND**

An Intention for holy Mass is a specific prayer, often for a particular person or purpose, that a priest offers during the celebration of a holy Mass. It is the best way that we have to unite our lives, our hopes, our fears, our joys and our sorrows with the Lord Jesus. It is the best way possible, because every time holy Mass takes place, the Lord's Death and Resurrection also takes place.

A holy Mass Intention is a prayer asking that the Lord's victory over sin and death be applied to the Intention. The Intention can be for those who are still living in this world or for those who have left this world. Anyone, of course, may request a holy Mass - In Thanksgiving, for a Birthday, for someone who has died, on the occasion of a special Anniversary, for someone who is unwell or for any other intention that we believe the good Lord wishes to hear and possibly to give us. Every holy Mass is the making present of the Lord offering his saving love to everyone, so every holy Mass is for everyone! However, sometimes we have specific Intentions that we may wish to mention to the Lord.

A 'Stipend' or Offering for the holy Mass is not a fee! It is not 'the cost of a holy Mass'! The holy Mass is so sacred, so full of the Lord's presence and saving power that it is priceless! In fact, the Stipend is only a gesture of gratitude and care for the priest who celebrates the holy Mass for you. It is a way for supporting our priests who, although they do not receive salaries, still need personal funds to meet their own 'costs of living.' The Stipend suggested by the Archdiocese of Southwark Finance Committee is a minimum of £10 for each holy Mass. Of course, anyone who can't afford a Stipend should still request a holy Mass Intention and I'm sure every priest would always be more than happy to celebrate holy Mass for someone in that situation.

Here in our parish, please use the holy Mass Intention envelopes which you will find in the porch of the church. Please write the details of the Intention, a preferred date if required, enclose the Stipend, and let me have it directly or post it through the presbytery letterbox.

## **PARISH FINANCES - SUNDAY 7th/8TH MARCH**

Collections: £244.00

Card Reader: £432.25

Family Fast Day Savings (CAFOD): £492.00

Nb Expenses for the month of February:

Heat/Light: £676.16

Phone: £37.49

Internet: £171.53

Diocesan Levy: £118.43

All general expenses: £2 390.68

Total: £3,495.76

## **LECTORS FOR WEEKDAY HOLY MASSES, THIS WEEK**

Mon: David

Fri: Lorenza

## **PARISH FOOD BANK**

Our rota for the delivery of food to the Good Shepherd school in New Addington begins this week. Please find the rota below. The dates indicated are Thursdays during the school term. Please collect the two hessian bags of fruit on Thursdays from the porch of the presbytery between the hours of 8.30am and 2.30pm. Please then bring the fruit to the school in New Addington. The fruit could even be collected and delivered on Friday mornings too, if necessary. The address of the school is:

23, Dunley Drive New Addington CR0 0RG.

The school is close to the Good Shepherd Catholic Church.

26th Feb: Margaret Laycock

5th March: Maggie Bailey

12th March: Lauren Andrews Knight

19th March: Mark Stanley

26th March: Frederick Clarke

## **ROTAS - MARCH 2026**

### **EUCCHARISTIC MINISTERS**

7/8: 5pm Mary; 9am Lisa; 11am Carolyn

14/15: 5pm Jim; 9am Gabrielle; 11am Giannina

21/22: 5pm Lesley; 9am Linda; 11am Regina

28/29: 5pm Patrick; 9am Paul; 11am Lizzie

### **LECTORS**

7/8: 5pm Jim; 9am Lorenza; 11am Patricia

14/15: 5pm Mutsa; 9am Phil; 11am Marian

21/22: 5pm Mike; 9am Chris; 11am Collette

28/29: 5pm Paul; 9am Gerry; 11am Claire

### **HOSTS**

3: Maggie, Regina

7: Phil, Mary

8: Patricia, Jim

10: Colette, David

14: Marian, Lesley

15: Lesley, Emmanuela

17: Patrick, Paul

21: Simone, Gaberielle

22: Bridget, Jannine

24: Ros, Lizzie

28: Kelly-Ann, Carolyn

29: Giannina, Lorenza

31: Linda, Maggie

### **BAKERS**

7: Lauren

14: Margaret Fuller

21: Anderson

28: Mary