

11 DAYS, 10 NIGHTS

Roots & Radiance (Ghana)



Black Travelers International

Our trip experiences are designed with you in mind. We plan tours for those wanting to visit popular destinations and for those who are seeking exposure to different cultures. These tours are great for everyone from beginners to more experienced travelers. Be sure to bring your camera as there will be many moments that you will want to document for memories.



General Information

AIRPORT CODE(S):	Kotoka International Airport (ACC)
PASSPORT REQUIREMENTS:	Traveling abroad requires a passport valid for six months beyond your travel dates. With 1 empty page per entry (source US State Department)
VISA REQUIRED?	Yes (US Citizens)
VACCINE(S) REQUIRED FOR ENTRY?	Yes, Yellow Fever
CURRENCY:	Cedi (GHS)

Arrival - Kotoka International Airport (**ACC**)

Departure - Kotoka International Airport (**ACC**)

Who This Journey Is Designed For

Roots & Radiance in Ghana is a cultural and heritage journey designed for travelers who feel called to experience Ghana with intention, connection, and care.

Over the course of the journey, travelers will explore **Accra, Kumasi, Elmina, and the Cape Coast region**, experiencing powerful historical sites, vibrant traditions, and meaningful cultural exchange.

This experience blends reflection, discovery, and joy as travelers move through spaces that honor the past while celebrating the living culture of Ghana today.

Throughout the journey, travelers will experience moments such as:

- ❖ Visiting **Cape Coast Castle and Elmina Castle**, historic slave dungeons that stand as sacred reminders of the transatlantic slave trade
- ❖ Reflecting at **Assin Manso**, the site known as the “Last Bath,” where enslaved Africans were prepared before being taken to the coast
- ❖ Exploring **Accra**, including visits to the W.E.B. Du Bois Center, Independence Square, and the Kwame Nkrumah Memorial
- ❖ Participating in a **community service experience** supporting local initiatives
- ❖ Traveling to the Ashanti Region to experience the culture of **Kumasi**, including the Manhyia Palace and craft villages known for Kente weaving and Adinkra art
- ❖ Participating in a **traditional naming ceremony** accompanied by drumming and dancing
- ❖ Enjoying curated moments of rest, connection, and sisterhood throughout the journey

This trip blends **remembrance, cultural discovery, personal reflection, and shared joy**.

It is ideal for travelers who:

- ❖ Desire to reconnect with African heritage and history
- ❖ Want to experience Ghana beyond tourism through cultural immersion
- ❖ Appreciate meaningful travel experiences rooted in community
- ❖ Enjoy traveling with a welcoming group of like-minded women
- ❖ Value a balance of learning, reflection, exploration, and relaxation

While this journey introduces several important regions and cultural traditions, it is **not intended to cover every region of Ghana or the full depth of its history**. Instead, it offers a thoughtfully curated experience designed to introduce travelers to the spirit, history, and living culture of the country.

Activity Level

Moderate

This journey includes city exploration, cultural tours, and historical site visits across Accra, Kumasi, and the Central Region.

Travelers should be comfortable with:

- ❖ Walking tours through cities and cultural sites
- ❖ Standing during guided tours and museum visits
- ❖ Visiting historic locations that may include steps, uneven surfaces, or older pathways
- ❖ Travel days between cities such as **Accra, Kumasi, Elmina, and Cape Coast**

Some days will include multiple excursions and cultural experiences, while other days offer opportunities to rest, enjoy the hotel amenities, or participate in optional activities.

Is This Trip Suitable for Solo Travelers?

Yes. Many travelers join this journey on their own and quickly feel welcomed into the group experience.

Traveling solo within a hosted group environment allows you to enjoy the freedom of exploring for yourself while also benefiting from:

- ❖ Coordinated transportation and guided cultural tours
- ❖ Knowledgeable local guides
- ❖ A supportive group environment that encourages connection

Many guests arrive as solo travelers and leave with **new friendships, meaningful memories, and a deeper connection to the journey they've shared together**.

The Spirit of the Journey

Roots & Radiance in Ghana is more than a trip — it is a journey of remembrance, connection, and renewal.

Travelers will walk through places that carry the stories of our ancestors, including the slave dungeons of Cape Coast and the sacred grounds of Assin Manso. These experiences invite reflection, honoring the resilience and legacy of those who came before us.

At the same time, travelers will experience the **living culture of Ghana** through art, music, tradition, cuisine, and the warmth of the local community.

Moments of learning and reflection are balanced with opportunities for joy, celebration, rest, and connection — allowing travelers to return home not only with memories, but with a renewed sense of heritage, belonging, and personal radiance.



DAILY ITINERARY

Note: The itinerary is tentative and intended to provide an overview of the planned experiences for the tour. A finalized itinerary will be provided to confirmed travelers 30 days prior to departure. Dates, timelines, and specific activities may shift slightly as final arrangements are confirmed.

11 Day Roots & Radiance Tour

DAY 1 - Arrive in Accra

Upon arrival at Kotoka International Airport (KIA), you will have a chance to exchange money inside the terminal. The group will then be met for a transfer to the hotel. Check in is at 3 PM. Early check-in can be arranged for a fee. Rest from your journey.

Later we will meet for our **Black & Gold Welcome Dinner**.

Welcome Dinner Color Scheme: Black and Gold. Please wear Black and Gold.

Meal(s) Included: Dinner



DAY 2 - Accra City Tour

Today, we will **tour** the **city of Accra**. We will visit many sites such as **Independence Square, Dubois Center, and Kwame Nkrumah**.

Meal(s) Included: Breakfast, Lunch



DAY 3 - Community Service

Today is a day for community service. We will visit a ministry or school where we can volunteer our time and interact with those in need. After lunch, we will return to the hotel to rest for the evening activities.

Meal(s) Included: Breakfast



DAY 4 - Kumasi

In the morning, we set off for the Ashanti Region. Upon arriving in **Kumasi**, we will visit the **Kumasi Cultural Center** and then have lunch before transferring to our hotel for check-in.

Meal(s) Included: Breakfast, Lunch



DAY 5 - Kumasi Culture

Start the day with a visit to the **Manhyia Palace**, the seat of the Ashanti Kingdom. After lunch, we will visit the craft villages of **Ntonso**, a village famous for adinkra design. Learn the process of Adinkra printing from a Master. Also visit the village of **Adanwomase** (Kente specialists) to purchase authentic kente cloth.

Meal(s) Included: Breakfast, Lunch



DAY 6 - Slave River

Morning departure for the **Central Region**. Stopover at **Assin Manso**, the site of the “last bath” where slaves were taken for their last bath before being shipped to the new world. Afterwards, we will drive to **Cape Coast** where we will enjoy our lunch. After lunch, we will visit **Cape Coast Castle**. **Cape Coast Castle** stands as a solemn monument to resilience, remembrance, and the enduring spirit of our ancestors. Hear the stories that shaped the African diaspora, and stand before the infamous **Door of No Return** — a threshold that forever altered the course of generations. Afterwards, we will check-in to our hotel and spend the rest of the evening relaxing at the resort.

Meal(s) Included: Breakfast, Lunch



DAY 7 - Free

Today is yours to enjoy as you wish. Enjoy some optional excursions, relax by the pool, or enjoy some spa services.

Meal(s) Included: Breakfast



DAY 8 - Return to Accra

Today after a stop to visit the **Elmina castle**, we will depart for our return to Accra. Upon arrival, we will check-in to our hotel and enjoy the remainder of the evening free.

Meal(s) Included: Breakfast



DAY 9 - Free in Accra

Today is yours to enjoy some optional excursions in Accra or some free time at the hotel.

Meal(s) Included: Breakfast



DAY 10 - Naming Ceremony

Participate in a naming ceremony amidst drumming and dancing, where participants will be given traditional names.

Optional: Shea butter or cooking class can be enjoyed today.

End the day with a **farewell dinner** in African attire.

Farewell Dinner Theme: African Attire. Please dress in your african attire.

Meal(s) Included: Breakfast, Dinner



DAY 11 - Depart

Spend the morning free at the hotel before checking into the airport for your return flight home.

Meal(s) Included: Breakfast

What's Included

- ❖ 10 Night Hotel Accommodations in Accra, Kumasi, and the Central Region
- ❖ Daily Breakfast
- ❖ 4 Lunches
- ❖ Welcome Dinner
- ❖ Cape Coast Castle
- ❖ Elmina Castle
- ❖ Farewell Dinner
- ❖ Naming Ceremony
- ❖ Accra City Tour
- ❖ Airport Transfers
- ❖ All Transfers for Tours and Activities
- ❖ Community Service
- ❖ Daily Water
- ❖ NYE Celebration
- ❖ Entry fees to all sites listed
- ❖ Cooking or Shea butter making class

What's NOT Included

- ❖ Any meals not mentioned above
- ❖ Alcoholic beverages
- ❖ Personal expenses for souvenirs and personal items
- ❖ Any immunization Costs
- ❖ Any Visa Costs
- ❖ Travelers Insurance
- ❖ Gratuity
- ❖ Costs of additional tours/excursions not included in package
- ❖ International and domestic flights to and from home country
- ❖ Optional Excursions