

Rails, Retreat & Radiance

New York • Saratoga Springs • Toronto • Niagara Falls

September 29, 2027 - October 7, 2027

9 Days | 8 Nights

A Boutique Rail & Wellness Journey



Embark on an unforgettable boutique journey that blends scenic rail travel, charming small towns, world-class wineries, vibrant city life, and one of North America's most iconic natural wonders. Designed for travelers who appreciate meaningful experiences, relaxed luxury, and authentic cultural connections, this thoughtfully curated itinerary invites you to slow down, savor the journey, and create lasting memories.

Why You'll Love This Journey

- Scenic Amtrak rail journey through the Hudson Valley
 - Luxury accommodations in three distinctive destinations
 - Curated culinary experiences
 - Boutique vineyard tasting and lunch
 - Wellness and leisure time in Saratoga Springs
 - Toronto cultural highlights
 - Niagara Falls day excursion
 - Private transportation throughout
 - Small group experience
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Who This Trip Is For

This journey is perfect for travelers who enjoy:

- Boutique luxury travel
- Scenic train journeys
- Food and wine experiences
- Charming small towns
- Wellness and relaxation
- Cultural exploration
- Shopping and local boutiques
- Photography
- Traveling with a small, like-minded group

Whether you're traveling solo or with a companion, this itinerary offers the perfect balance of guided experiences, free time, and opportunities to connect with fellow travelers.

Activity Level

Moderate

This tour is designed for travelers who are comfortable walking at a relaxed pace for several hours throughout the day.

Guests should be able to:

- Walk on uneven sidewalks and cobblestone streets
- Navigate train stations and hotel lobbies with luggage assistance available
- Board and exit trains and motor vehicles
- Stand for short periods during guided tours
- Enjoy leisurely walking tours and sightseeing

There are no strenuous hikes or physically demanding activities included.

Included Experiences

Scenic Amtrak Rail Journey

Travel aboard the historic Amtrak Adirondack route, considered one of the most scenic train journeys in the Northeast. Enjoy beautiful views while relaxing with your fellow travelers and a specially curated BTI picnic lunch.

Welcome Dinner

Begin your journey with a signature Welcome Dinner where you'll meet your fellow travelers, enjoy exceptional cuisine, and toast to the adventure ahead.

Saratoga Springs

Experience the charm and elegance of one of America's most celebrated spa destinations. Enjoy leisure time to explore boutique shopping, cafés, historic streets, and the town's relaxing atmosphere.

Vineyard Experience

Visit a beautiful regional winery for a reserved seated tasting followed by a thoughtfully paired lunch. This relaxed culinary experience showcases the flavors and hospitality of the region.

Toronto Discovery

Explore Canada's largest city through curated neighborhood visits, cultural landmarks, waterfront scenery, shopping districts, and opportunities to experience the city's diverse culinary scene.

Niagara Falls Excursion

Spend the day experiencing one of the world's most breathtaking natural wonders. Enjoy spectacular viewpoints, scenic landscapes, and lunch before returning to Toronto for your farewell celebration.

Farewell Dinner

Celebrate your journey with a memorable closing dinner as you reflect on the experiences and friendships made throughout the trip.

What's Included

- 8 Nights Premium Accommodations
- Amtrak Scenic Rail Journey
- Private Airport Transfers
- Private Transportation Throughout
- Welcome Dinner
- Saratoga Arrival Dinner
- BTI Signature Picnic Lunch
- Sparkling Toast on the Train
- Vineyard Tasting
- Vineyard Lunch
- Niagara Falls Day Excursion
- Farewell Dinner
- Selected Guided Sightseeing
- Dedicated BTI Tour Host

These inclusions are reflected in your itinerary planning.

Optional Experiences

Travelers will also have the opportunity to personalize their experience with optional activities that may include:

- Spa services
- Mineral baths
- Yoga or wellness sessions
- Boutique shopping
- Seasonal outdoor experiences

Optional activities are subject to availability and additional cost.

What's Not Included

- International or domestic airfare to New York
 - Meals not specifically listed
 - Optional excursions
 - Spa services
 - Alcoholic beverages (unless specified)
 - Personal expenses
 - Travel insurance
 - Excursions at Niagara Falls
 - Gratuities for guides and drivers
 - Items of a personal nature
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Passport & Entry Requirements

U.S. Passport Holders

A valid U.S. passport book is required for this journey as the tour travels from the United States into Canada.

Your passport should:

- Be valid for the duration of your trip (we recommend at least six months of validity beyond your travel dates).
- Have sufficient blank pages for entry stamps, if applicable.

Visa Requirements

At the time of publication:

- **U.S. citizens do not need a tourist visa to enter Canada** for short leisure visits.
- Entry requirements are subject to change. Travelers are responsible for ensuring they meet all passport and entry requirements before departure.

If you are traveling on a passport issued by another country, please check the entry requirements for both the United States and Canada before booking.



Tentative Itinerary

Day 1 – Welcome to New York City

Arrive in New York City and meet your fellow travelers during an elegant Welcome Dinner. Settle into your hotel and prepare for the journey ahead. **Arrival transfer leaves the airport at 2 PM local time.**

Day 2 – Scenic Rail Journey to Saratoga Springs

Board one of America's most scenic rail routes through the Hudson Valley while enjoying a gourmet BTI picnic lunch and celebratory sparkling toast. Arrive in Saratoga Springs and enjoy an included dinner before settling into your hotel.

Day 3 – Saratoga Springs at Leisure

Enjoy a slower-paced day exploring Saratoga Springs, known for its historic charm, boutique shopping, cafés, and wellness culture. Guests may also choose from optional spa and leisure experiences.

Day 4 – Vineyard Experience

Spend the day enjoying a curated wine country experience featuring a reserved tasting, scenic vineyard setting, and a thoughtfully paired lunch before returning to Saratoga Springs.

Day 5 – Your Day, Your Way

Enjoy a free day to relax or participate in one of several optional experiences designed to help you experience Saratoga Springs at your own pace.

Day 6 – Journey to Toronto

Travel into Canada by private transportation while enjoying beautiful scenery along the way. Upon arrival, check into your hotel and enjoy the evening at leisure.

Day 7 – Discover Toronto

Experience Toronto through guided sightseeing and visits to some of the city's most vibrant neighborhoods, cultural districts, shopping areas, and waterfront attractions.

Day 8 – Niagara Falls

Journey to Niagara Falls for a full day of sightseeing, scenic viewpoints, and lunch before returning to Toronto for a memorable Farewell Dinner celebrating your adventure together.

Day 9 – Depart Toronto

Enjoy breakfast before your private airport transfer to Toronto Pearson International Airport (YYZ) for your journey home. **Departure transfer is 7 AM local time.**

Why Travel with Black Travelers International?

At Black Travelers International, we believe travel should be more than checking destinations off a list—it should create meaningful connections, celebrate culture, and leave you feeling inspired. Our boutique journeys combine carefully curated experiences, exceptional service, and the warmth of traveling with a community that values discovery, joy, and authentic connection.

Frequently Asked Questions

Who is this trip designed for?

Rails, Retreat & Radiance is perfect for travelers who appreciate a relaxed pace, scenic landscapes, boutique accommodations, culinary experiences, and meaningful cultural exploration. Whether you're traveling solo or with a companion, you'll enjoy a thoughtfully curated journey with plenty of opportunities to connect and unwind.

What airport do I fly into and out of?

- **Arrival Airport:** John F. Kennedy International Airport (JFK), New York
 - **Departure Airport:** Toronto Pearson International Airport (YYZ), Toronto
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Are airport transfers included?

Yes. A **complimentary group arrival transfer** from **JFK** is provided on the scheduled arrival day, and a **group departure transfer** to **Toronto Pearson International Airport (YYZ)** is included on departure day.

Please Note: Travelers arriving or departing outside the scheduled group transfer times may arrange a private transfer for an additional fee.

What is the train experience like?

You'll travel aboard Amtrak's scenic Adirondack route, one of the Northeast's most beautiful rail journeys. While this is a standard Amtrak experience (not luxury rail), BTI elevates the day with a curated picnic box lunch and an onboard sparkling toast.

Do I need a passport?

Yes. Since this itinerary includes travel into Canada, all travelers must have a valid passport book.

We recommend your passport remain valid for at least **six months beyond your return date**.

Do U.S. citizens need a visa?

Most U.S. passport holders **do not need a visa** for short tourist visits to Canada. Travelers holding passports from other countries should verify entry requirements based on their nationality before booking.

How physically active is this trip?

This journey is designed at a **moderate activity level**. Guests should be comfortable walking at a relaxed pace during sightseeing, shopping, winery visits, and Niagara Falls exploration, but there are no strenuous hikes or physically demanding activities included.

What's included?

Your package includes:

- Eight nights of accommodations
 - Scenic Amtrak rail journey
 - Private airport transfers on scheduled arrival and departure days
 - Private transportation throughout the tour
 - Welcome Dinner
 - BTI Signature Picnic Box Lunch & Sparkling Toast
 - Reserved vineyard tasting and paired lunch
 - Niagara Falls day excursion
 - Farewell Dinner
 - Dedicated BTI Trip Host
 - Select guided sightseeing experiences
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What's not included?

The following are not included unless otherwise noted:

- International or domestic airfare to New York
 - Meals not specifically listed
 - Optional excursions
 - Spa services
 - Alcoholic beverages (unless specified)
 - Personal expenses
 - Travel insurance
 - Excursions at Niagara Falls
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Can I arrive early or extend my stay?

Absolutely! You're welcome to arrive early or extend your stay before or after the tour. Additional hotel nights and private transfers can be arranged upon request and are subject to availability and additional cost.

Is this trip good for solo travelers?

Yes! Many Black Travelers International guests travel solo. Our boutique group environment makes it easy to meet new people, and roommate matching is available for women who select double occupancy and request a roommate.

Will there be free time?

Yes. This itinerary intentionally balances guided experiences with leisure time, allowing you to relax, explore charming neighborhoods, shop, enjoy cafés, or simply embrace the slower pace of the journey.

What should I pack?

We recommend comfortable walking shoes, layers for changing temperatures, a light jacket for the train and Niagara Falls, and attire suitable for the vineyard lunch, city sightseeing, and evening dinners. A detailed packing guide will be provided approximately 60 days before departure.

What will the weather be like?

Expect pleasant fall weather with crisp mornings, comfortable afternoons, and cooler evenings. Layering is recommended, particularly for Niagara Falls where mist and breezes can make temperatures feel cooler.

Do you recommend travel insurance?

Yes. We strongly recommend purchasing comprehensive travel insurance to protect your investment in the event of illness, travel delays, emergencies, or other unforeseen circumstances.

Why travel with Black Travelers International?

At Black Travelers International, we curate journeys that blend cultural immersion, boutique luxury, meaningful connections, and intentional moments of rest. Our experienced team handles the logistics so you can focus on enjoying the experience, building new friendships, and creating memories that last long after the journey ends.