

Legislator Town Hall Toolkit

How to Use This Tool

Build relationships. Share stories.

Attending town halls is a great way to build relationships with legislators, communicate your concerns, and to inform other advocates about disability issues. Showing up sends a clear message: the disability community is paying attention. We have designed this toolkit, so you feel prepared and ready to speak up on issues that matter to you. This Toolkit includes:

- Information on upcoming Town Halls in King County
- Talking points and prompts on our key priority areas
- Steps to follow up
- A virtual background for remote meetings

Contact Us.

Need additional support or planning to attend a Town Hall? Reach out to Pam at pPhillips@arcofkingcounty.org for more information and support.

STATE LEGISLATOR TOWN HALLS

Policy decisions impact us every day. Join a town hall near you and help ensure people with disabilities are seen, heard, and protected.

 Date & Time:

21 February

10:00 – 11:30 AM

37TH DISTRICT

Asian Counseling &
Referral Service
3639 MLK Jr. Way South
Seattle, WA 98144

21 February

10:00 – 12:00 PM

11TH DISTRICT

597 Monster Rd SW
Renton, WA 98057

 Date & Time:

21 February

1:00 – 2:00 PM

43RD DISTRICT

Kerry Hall
710 E Roy St
Seattle, WA 98102

22 February

2:00 – 3:15 PM

33RD DISTRICT

Highline College
Mt. Townsend Room

 Date & Time:

21 February

2:30 – 3:30 PM

36TH DISTRICT

Boys & Girls Club
1767 NW 64th Street
Seattle, WA 98107

23 February

6:00 – 7:00 PM

34TH DISTRICT

Virtual town hall

 Date & Time:

21 February

10:30 – 11:30 AM

5TH DISTRICT

Tahoma High School
Maple Valley, WA

23 February

6:30 – 7:30 PM

1ST DISTRICT

Telephone town hall
(855)-756-7520
Ext.129671#

[Click here](#) for more information on the Town Hall events.

What to Say

- **Protect early learning:** Vote NO on SHB 2688 which cuts funding to ESIT programs. Infants and toddlers with disabilities and developmental delays could lose access to vital services under proposed legislation being considered by the House. Children with disabilities already face delays, barriers, and inequities. Passing this bill will only widen the gap.
- **Protect people. No cuts to services. Pass progressive revenue:** Vote YES on 6346, the millionaire's tax. We need to strengthen our revenue base to provide the support we all need. NO to cuts and changes in waiver eligibility! If changes are made to eligibility, people with disabilities could lose access to services they rely on to live safely at home and in their communities. We estimate this could affect up to 2,500 individuals. Personal care is not optional—it covers essential daily living needs like bathing, dressing, eating, toileting, and medication reminders. Listen to the families and individuals who rely on these programs every day. [Stop planned cuts to IDD services](#)
- **Addressing isolation and restraint:** Support SHB 1795, reducing restraint or isolation in public schools and educational programs. Restraining and isolating someone in distress does not resolve behavior. Safe relationships, co-regulation, and skill-building do. Restraint and isolation can be eliminated with training and support to create safe learning spaces. [Support SHB 1795: Talking Points](#)

Question Prompts

- **Early learning:** What is your plan to ensure children with developmental delays do not face longer wait times or loss of services? How do you justify reducing early intervention services when we know early support improves lifelong outcomes?
- **Protect People. No cuts to services. Pass progressive revenue:** Can you commit today to no cuts to personal care services? How are you incorporating feedback from families and self-advocates who rely on these supports every day?
- **Addressing isolation and restraint:** Given that most restraints and isolations are linked to trauma rather than safety outcomes, will you support HB 1795 as a step toward ending practices that many advocates say harm children's development?

How to Follow Up

- **Send an email.** Email your legislator thanking them for their time and attention to these issues. Include a summary of your comments and any follow up information they may have requested.
- **Share on social media.** Post a photo or share a comment about your issue, tagging your legislator and The Arc of King County!



**Protect services.
Pass progressive revenue.
End isolation and restraint.**