# **MENU**

## (8th September – 12th September)

#### Monday, 8th September, 2025

- Breakfast: black bread roll, sour cream, jam, cocoa
- Morning snack: fruit plate vegetable plate
- **Lunch**: celery soup, colorful vegetable-chicken risotto (mix of three types of rice brown, black, red), beetroot
- Afternoon snack: melon, rusk

### Tuesday, 9th September, 2025

- Breakfast: graham bread\*, tuna spread, olives, slice of pepper, children's tea
- Morning snack: fruit plate vegetable plate
- Lunch: cauliflower soup, meatballs in tomato sauce, mashed potatoes, young cabbage salad with carrots\*
- Afternoon snack: figs, royal fit roll

### Wednesday, 10th September, 2025

- Breakfast: softened oat flakes, Greek yogurt, blackberries\*
- Morning snack: fruit-vegetable plate
- Lunch: bean minestrone, homemade apple strudel, homemade lemonade with elderflower
- Afternoon snack: plums, oat roll

#### Thursday, 11th September, 2025

- Breakfast: corn bread, cheese slices, pickles, mountain tea
- Morning snack: fruit plate vegetable plate
- Lunch: broccoli soup, turkey strips in cream sauce, buckwheat with leek, mixed salad
- Afternoon snack: fruit curd, quinoa crisps

## Friday, 12th September, 2025

- Breakfast: cornmeal porridge with milk, chocolate sprinkle, dried cranberries
- Morning snack: fruit plate vegetable plate
- Lunch: pumpkin soup, baked trout fillet, potatoes with Swiss chard, ice cream
- Afternoon snack: nuts, apples