

## KINDERGARTEN MENU

### Monday, March 9, 2026

**Breakfast:** oatmeal with milk (organic) with dried plums

**Morning snack:** fruit and vegetable plate

**Lunch:** creamy butternut squash soup, roasted chicken thigh in sauce, rice with peas, green salad

**Afternoon snack:** corn breadstick, apple

### Tuesday, March 10, 2026

**Breakfast:** mixed wheat bread\*, egg spread, bell pepper slices, rosehip tea

**Morning snack:** fruit and vegetable plate

**Lunch:** broccoli soup, beef goulash, polenta, beetroot salad

**Afternoon snack:** mandarin orange\*, crackers without added salt

### Wednesday, March 11, 2026

**Breakfast:** semolina porridge with milk, chocolate topping

**Morning snack:** fruit and vegetable plate

**Lunch:** vegetable soup, salmon in tomato sauce, parsley potatoes, green salad with carrots

**Afternoon snack:** poppy seed cake, milk (organic)

### Thursday, March 12, 2026

**Breakfast:** buckwheat bread\* with fish spread, lettuce leaf, children's tea

**Morning snack:** fruit and vegetable plate

**Lunch:** chicken paprika stew, small pasta, green salad with corn, homemade lemonade without added sugar

**Afternoon snack:** fruit curd (cottage cheese dessert), oatmeal cookies

### Friday, March 13, 2026

**Breakfast:** seeded bread, cheese slice, cherry tomato, fruit tea

**Morning snack:** fruit and vegetable plate

**Lunch:** spelt noodles with vegetables, homemade apple strudel with cottage cheese, 100% grape juice

**Afternoon snack:** barley bread\*, orange