

## KINDERGARTEN MENU

### Monday, January 26, 2026

**Breakfast:** whole-grain roll, white coffee (milk)

**Morning snack:** fruit and vegetable ring snack

**Lunch:** minestrone soup, chicken fillet in cream sauce, polenta, green salad

**Afternoon snack:** chocolate pudding with cream

### Tuesday, January 27, 2026

**Breakfast:** corn bread, cheese spread with cherry tomatoes, herbal tea

**Morning snack:** fruit and vegetable ring snack

**Lunch:** meatballs in tomato sauce, mashed potatoes, beetroot salad

**Afternoon snack:** fruit yogurt, crackers with beetroot and turmeric

### Wednesday, January 28, 2026

**Breakfast:** Graham bread roll, meat-vegetable spread, lettuce leaf, fruit tea

**Morning snack:** fruit and vegetable ring snack

**Lunch:** spinach and oatmeal soup, baked hake in corn coating, potato salad

**Afternoon snack:** poppy seed cake, kefir 3.2% fat

### Thursday, January 29, 2026

**Breakfast:** wheat semolina porridge with milk, hazelnut topping

**Morning snack:** fruit and vegetable ring snack

**Lunch:** bean cream soup, pasta, stuffed peppers, Chinese cabbage salad

**Afternoon snack:** cottage cheese mousse with jam

### Friday, January 30, 2026

**Breakfast:** black bread pastry, homemade cottage cheese spread with chives (cottage cheese), sugar-free tea

**Morning snack:** fruit and vegetable ring snack

**Lunch:** barley and vegetable stew with cured meat, coconut cake, homemade compote

**Afternoon snack:** orange, whole-grain biscuits

