

KINDERGARTEN MENU

Monday, January 26, 2026

Breakfast: whole-grain roll, white coffee (milk)

Morning snack: fruit and vegetable ring snack

Lunch: minestrone soup, chicken fillet in cream sauce, polenta, green salad

Afternoon snack: chocolate pudding with cream

Tuesday, January 27, 2026

Breakfast: corn bread, cheese spread with cherry tomatoes, herbal tea

Morning snack: fruit and vegetable ring snack

Lunch: meatballs in tomato sauce, mashed potatoes, beetroot salad

Afternoon snack: fruit yogurt, crackers with beetroot and turmeric

Wednesday, January 28, 2026

Breakfast: Graham bread roll, meat-vegetable spread, lettuce leaf, fruit tea

Morning snack: fruit and vegetable ring snack

Lunch: spinach and oatmeal soup, baked hake in corn coating, potato salad

Afternoon snack: poppy seed cake, kefir 3.2% fat

Thursday, January 29, 2026

Breakfast: wheat semolina porridge with milk, hazelnut topping

Morning snack: fruit and vegetable ring snack

Lunch: bean cream soup, pasta, stuffed peppers, Chinese cabbage salad

Afternoon snack: cottage cheese mousse with jam

Friday, January 30, 2026

Breakfast: black bread pastry, homemade cottage cheese spread with chives (cottage cheese), sugar-free tea

Morning snack: fruit and vegetable ring snack

Lunch: barley and vegetable stew with cured meat, coconut cake, homemade compote

Afternoon snack: orange, whole-grain biscuits

