KINDERGARTEN MENU

Monday, 20.10.2025

Breakfast: Millet semolina in milk with added oat flakes, cinnamon sprinkle

Morning snack: Fruit and vegetable plate

Lunch: Noodle soup, macaroni with meat, endive with corn

Afternoon snack: Quinoa crisps, apple

Tuesday, 21.10.2025

Breakfast: Seed roll, spinach spread, rosehip tea

Morning snack: Fruit and vegetable plate

Lunch: Chickpea soup with added corn grits*, baked chicken drumsticks without skin and

bones, rice pilaf, lettuce with salad dressing **Afternoon snack:** Yogurt*, dried fruit

Wednesday, 22.10.2025

Breakfast: Whole grain bread, fish spread with chickpeas, slice of tomato, linden tea

Morning snack: Fruit and vegetable plate

Lunch: Creamy bean soup, apricot compote, cabbage with beans

Afternoon snack: Two types of melon (orange and yellow), sponge cake

Thursday, 23.10.2025

Breakfast: Raisin bun*, milk (local)

Morning snack: Fruit and vegetable plate

Lunch: Stew with minced meat, mashed potatoes, milk dessert with fruit* (without artificial

colors and preservatives) **Afternoon snack:** Banana

Friday, 24.10.2025

Breakfast: Kamut roll, egg spread, lettuce leaf, children's tea

Morning snack: Fruit and vegetable plate

Lunch: Carrot soup, turkey in cream sauce with cinnamon sprinkle, mashed potatoes, warm

lemonade with added ginger

Afternoon snack: Mandarin, walnut kernels