



# THE PLAYER'S PROMISE

Gameday Youth Basketball · Frisco, Texas

## FIVE COMMITMENTS

### 1 Give your best every time you show up.

Not just when the game is close or the crowd is loud. Every practice rep, every drill, every moment on this court. My teammates and coaches are counting on the version of me that showed up ready to work.

### 2 Respect everyone in this building.

Coaches, referees, scorekeepers, the other team's players. Winning and losing happen on the court. How I treat people is always my choice, and I choose respect.

### 3 Be a teammate, not just a player.

I cheer when a teammate makes a great play. I pick them up when they don't. The scoreboard reflects what we do together. I make everyone around me better.

### 4 Win and lose the right way.

When we win, I shake hands and mean it. When we lose, I shake hands and mean it. The scoreboard is temporary. My reputation for how I compete follows me everywhere.

### 5 Leave this place better than I found it.

On a tough moment, this is the reset: is what I'm about to do or say something I'm proud of? If the answer is no, I stop. The gym, the game, and the people in it deserve my best self.

*The player you are in practice is the player you become in the game.*

## PLAYER ACKNOWLEDGMENT

I have read the Gameday Player's Promise. I understand that as a player, I set the tone for how I compete, how I treat people, and what kind of teammate I am. I am committed to making Gameday the kind of league every kid deserves.

\_\_\_\_\_  
*Player Name (Print)*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Team / Division / Age Group*

You earned your spot on this court. What follows isn't a list of rules. It's a **shared promise** between you and every coach, teammate, and opponent in this league about the **player you're choosing to be.**