Sauna Regulations

By visiting the sauna facility, you acknowledge and agree to the following sauna regulations:

1. Obligations of the Sauna Facility

1.1. Provision of Facility Use, Assumption of Risk by Guests

(1) The sauna facility grants guests the right to use the sauna facilities within the scope of these regulations at their own risk.
(2) It is neither possible for the sauna facility nor its staff to generally prevent hazards or accidents. In particular, guests themselves bear any personal health-related risks associated with visiting the sauna. The same applies to injuries and other interferences with the personal sphere of a sauna guest caused by other guests or third parties not belonging to the staff of the sauna facility.
(3) The sauna facility assumes exclusively the obligations listed below with respect to the guests.

1.2. Opening Hours and Admission

(1) The sauna facility is required to allow access to the facility during the opening hours announced by notices or by the sauna staff.
(2) If the maximum permissible number of visitors is exceeded, the sauna facility may, with the assistance of the responsible staff, prohibit the admission of further visitors. In such cases, prospective visitors must expect waiting times.
(3) The sauna facility reserves the right to deny admission to persons whose admittance to the sauna appears questionable, without stating reasons.

1.3. Condition and Operation of the Facilities

(1) The sauna facility guarantees that the facilities are erected, operated, and maintained in accordance with regulations. In particular, the sauna facility must comply with all applicable hygiene and safety regulations. No further obligations of the sauna facility exist.
(2) As soon as the sauna facility becomes aware of a malfunction, defect, or damage to the facility or individual areas that no longer guarantees safe operation, the sauna facility shall immediately prohibit the use of the facility or restrict its use in an appropriate manner.

1.4. Monitoring Compliance with Sauna Regulations

The sauna facility monitors compliance with the sauna regulations by guests and other persons on the premises, to a reasonable extent and with the help of its responsible staff. If improper conduct is detected, the persons concerned will be warned and, if necessary, expelled from the facility.

1.5. Assistance in Case of Accidents

The employees of the sauna facility shall immediately provide first aid or initiate the necessary rescue measures to a reasonable extent. First-aid materials are available to sauna guests from the sauna staff if needed. In the event of accidents, every sauna guest is legally obliged to provide first aid until qualified rescue services arrive. Accidents must be reported to the sauna staff as soon as possible in all cases.

1.6. Assistance in Warding off Reported Dangers

If an impending danger to the health or life of guests is reported to the sauna facility, in particular to the responsible staff, by guests, the sauna facility—with the help of its staff—shall endeavor to avert this danger immediately to a reasonable extent.

1.7. Visit to the Sauna Facility by People with Disabilities

People with disabilities must assess for themselves whether and to what extent they are able to use the respective sauna facility. If people with disabilities require assistance, they may request support from the sauna staff, which shall be provided in a timely, prioritized, prudent, and service-oriented manner, based on an assessment of the situation, the nature of the request, and available capacity.

1.8. Supervision of Minors (under 16 years of age)

(1) Appropriate supervision of non-attainable and attainable minors must be ensured by the persons otherwise responsible for supervising them (for example, legal guardians, relatives, or corresponding supervisory or care personnel). The duty of supervision remains in effect even if the person responsible for supervision does not enter the sauna operator's premises or leaves them prematurely.
(2) The respective applicable youth protection regulations—in particular prohibitions on alcohol and smoking—as well as other obligations of the persons with supervisory duty or legal guardians, etc., must be complied with by the juveniles and their supervisors or legal guardians.
(3) Minors under the age of 16 are not permitted to enter the sauna or nude area!

1.9. Supervision of Group Visits

(1) In cases of group visits, the supervising person in charge—or, in the case of clubs and other organizations, the official in charge—must ensure compliance with the sauna regulations and bear full responsibility for doing so. The relevant supervising persons must be present for the entire duration of the group visit.

(2) These supervising persons must maintain proper coordination with the staff of the sauna facility to ensure that normal ongoing sauna operations are not disturbed by the group visit.

1.10. Liability of the Sauna Facility

(1) The sauna facility is only liable for damages caused to the sauna guest by it or its staff through unlawful, in particular breach-of-contract, and culpable behavior. The sauna facility assumes no liability for damage to third parties caused by items brought along by guests.
(2) The sauna facility is not liable for damages caused by disregard of the sauna regulations, any other rules of use, non-observance of staff instructions, other fault on the part of the injured person, or unavoidable events/force majeure, in particular interventions by third parties. Contributory negligence leads to a corresponding division of damage. The same applies analogously to any special rules of use posted at the respective equipment and facilities, as well as to any bans on use or restrictions within the meaning of Section 1.3, Paragraph 2.

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2. Obligations of the Guests

2.1. Admission Tickets, Keys, Data Carriers, Value Cards; Fees

(1) Use of the sauna facilities is permitted only with a valid room key as specified [or valid ticket/transponder].
(2) Compensation must be paid for lost keys or data carriers.

2.2. Instructions of the Sauna Staff

(1) Guests are obliged to follow the instructions of the responsible sauna staff without restriction.
(2) Anyone who violates the sauna regulations, bans on use for certain facilities, or restrictions pursuant to Section 1.3, Paragraph 2, or resists the instructions of the responsible staff, may be expelled from the facility by the sauna facility or its staff.
(3) In particularly serious cases, a future ban from visiting may also be issued. In the event of non-compliance, the guest commits a punishable trespass (breach of domestic peace).

2.3. Hygiene Regulations

(1) Sauna guests are obliged to maintain the utmost cleanliness throughout the sauna facility; a cleaning fee may be charged in the event of willful contamination. The barefoot area may not be entered with street shoes. The slippers available in the apartments must be used for this purpose.
(2) The sauna area is a nude area. Outside this area, at least a bathrobe must be worn.
(3) The sauna facility may not be visited by persons with illnesses that could pose a

health hazard to other sauna guests (e.g., acute risk of infection).
(4) For hygienic reasons, guests must shower before and after entering the sauna cabins. Showers must be turned off immediately after use.
(5) In the dry saunas, a fully covering bath towel must be placed underneath.
(6) Loungers may only be used while wearing a bathrobe or with a bath towel that completely covers the lying surface.
(7) Shaving, hair dyeing, manicures, and pedicures are not permitted anywhere in the sauna facility, including in the showers and changing rooms.
(8) After a sauna session, use of the swimming pool is permitted only after showering and washing off sweat.
(9) Waste (bottles, glasses, cans, paper, etc.) must be disposed of in the provided waste bins.

2.4. Avoidance of Hazards and Nuisances

(1) Every sauna guest is obliged to show consideration for other sauna guests, particularly with regard to noise levels. Anything that disturbs, pesters, or endangers other sauna guests must therefore be avoided.
(2) All systems and facilities of the sauna must be used solely in accordance with their designated purpose.
(3) Avoid any contact with the heater and other technical equipment inside the sauna cabins.
(4) The usual rules of decency applicable in public facilities must be observed. Any immoral, sexual, or otherwise offensive intimate acts are not permitted and may be punished with a house ban and criminal charges.
(5) Photographing and filming people without their explicit consent is strictly prohibited.

2.5. Use of Additional Facilities

(1) Each sauna guest may claim only one seat or lying surface. If it is not being used, long-term reservation by placing towels, bags, and the like is not permitted—if necessary, these items may be removed by the sauna staff.
(2) Compensation must be paid for damage to seating or lying surfaces.

2.6. Bringing and Loss of Items

(1) No liability is assumed for valuables brought into the sauna grounds.
(2) Found items must be handed in at the sauna cash desk against a receipt. These will be kept or handed over to the authorities in accordance with statutory regulations.
(3) No liability is assumed for theft and loss of unattended valuables (cell phones, wallets, and the like).

2.7. Reporting Duties / Duty to Render Assistance

(1) Accidents, thefts, and complaints must be reported immediately.
(2) Every sauna guest is obliged to render necessary help or other assistance.
(3) The emergency button may only be pressed in emergencies!

2.8. Consumption of Food, Alcohol, and Beverages *(Note: To be adapted by the business owner to the specific operational circumstances.)*

(1) Bringing food and beverages into the entire wellness area is prohibited.
(2) The use of glassware is prohibited in the barefoot area.

2.9. Miscellaneous

(1) Any kind of commercial activity or advertising within the sauna facility requires the consent of the owner of the facility.
(2) The general smoking ban pursuant to § 13 Paragraph 1 of the Tobacco and Non-Smokers Protection Act (TNRSG) applies.