



MARY, QUEEN OF PEACE

CATHOLIC CHURCH • SAMMAMISH, WA

Mary, Queen of Peace



**PARISH MINISTRIES
& APOSTOLATES**

Growing in Faith. Serving in Love.



The ministries featured in this brochure reflect those confirmed as active at MQP by the publication deadline, based on the responses received.

LITURGY

LITURGICAL MINISTRY

Altar Servers

We serve God and His people by helping the priest during all Masses and other special liturgical celebrations throughout the year. We welcome girls and boys ages 10 years old or 4th grade and up, who have received First Eucharist. Training is required.

Contact: Nick & Marietta Newland - mariettanewland@outlook.com

Cleaning of Altar Linens

Volunteers launder the altar linens (purificators, corporals, and towels) that are used at each Mass. Duties include picking up, laundering, ironing, and returning linens to the sacristy in a timely fashion. Volunteers are scheduled to assist on a rotating weekly basis throughout the year.

Contact: Christina Srinivasan - liturgy.assistant@mqp.org

Extraordinary Ministers of Holy Communion

We serve the parish by assisting with the distribution of the Body and Blood of Christ at our parish celebrations of the Eucharist. To serve as Eucharistic Minister you must be a fully initiated Catholic and attend a training session. Extraordinary ministers should serve at least monthly.

Is it expected that Extraordinary ministers of Holy Communion have enough spiritual and practical preparation to be able to fulfill their role with knowledge and reverence. Opportunities for ongoing spiritual development that will include prayer, reflection on the Eucharist and further enrichment will be offered and attendance is highly encouraged.

Service as an Extraordinary minister is not intended to be a permanent ministry; at any time when your circumstances are taking you to serve the church in a different manner, please contact the Pastor or ministry lead.

Expectations at Mass

Scheduled Extraordinary ministers of Holy Communion should arrive well before the Mass begins at which they are to serve (at least 15-minutes). Extraordinary ministers of Holy Communion should show reverence for the Eucharist, reflected in their full, conscious and active participation at Mass, their appearance and the manner in which they handle the Blessed Sacrament.

Readers

Readers help the members of the liturgical assembly to hear and receive the Word of God by proclaiming the Sacred Scriptures in a clear and meaningful manner. To serve as Reader, you must be a fully initiated Catholic, have a gift for public speaking, and attend a yearly training session.

Contact: Christina Srinivasan - liturgy.assistant@mqp.org

Sacristans

Play a vital role in preparing for the celebration of Mass. Sacristans help set up the altar and liturgical items, prepare vestments and sacred vessels, care for church linens and supplies, and ensure everything is ready before and after each liturgy.

Through their quiet service behind the scenes, they help create a prayerful and reverent worship experience for the parish community.

Contact: Christina Srinivasan - liturgy.assistant@mqp.org

Ushers

Greet arriving parishioners, provide seating for churchgoers as needed, select a family for presentation of the gifts, take up the offertory collection, assist and guide the congregation for communion, pass out the weekly bulletins, and assist with any special situations that may occur during Mass. They provide assistance at other liturgies as needed. Training and name tags are provided.

Contact: Christina Srinivasan - liturgy.assistant@mqp.org

MUSIC MINISTRY

Adult Choir

Provides music for the liturgical life of the church, for every weekend Mass, and special Holy Days. Members receive the printed music and practice tracks early in the week so they can practice the hymns. Then the groups meet in the church an hour before each Mass to put it all together.

Contact: David Yackley - David.yackley@mqp.org

Junior Chorus

For children in grades 2nd thru 8th that are interested in participating in Mass through song. We welcome children that wish to participate with voices and instruments. The choir has several opportunities to sing at Mass during the year.

Contact: Michael Marchione - Michael.Marchione@mqp.org



FORMATION

Baptism Preparation

Our Team assists families seeking baptism for children under 7. Volunteers assist by teaching classes and serving as greeters on the day of the baptism. Classes are on the first Saturday of even-numbered months from 10:00 a.m. to 2:00 p.m. at in the Fr. McGivney Room. Baptisms occur one weekend a month during weekend Masses.

Contact: Christy Bleisch - BaptismLead@mqp.org

First Reconciliation and First Eucharist Preparation

Preparation for First Holy Communion is a two-year process. Before registering for Sacramental Preparation, children must first complete one year of Family Faith Formation program. Children currently attending a Catholic school are not required to complete the first year of formation.

During the second year, children begin their preparation for First Holy Communion, also known as Sacramental Preparation. This program runs from October through May and meets twice a month. We offer two convenient schedules: Saturdays from 3:15 – 4:45 p.m. or Tuesdays from 6:30 – 8:00 p.m. for families who prefer a weekday evening option.

Contact: Adriana Alvarez - Adriana.alvarez@mqp.org

Confirmation:

Middle & High School Confirmation

Our Teen Confirmation program is now administered to teens as a parish family: the parishes of Mary, Queen of Peace, Our Lady of Sorrows and St. Joseph.

Confirmation Preparation is open to youth in 7th-12th grade. Participating youth should be baptized and have received their First Holy Communion in the Catholic Church.

Regular sessions are held at Mary, Queen of Peace in the San Pedro Room on the lower level of the church.

Middle School (grades 7-8) meets on Sundays from 12:30 p.m. - 2:00 p.m.

High School (grades 9-12) meets on Sundays from 3:00 p.m. - 4:30 p.m.

Contact: Maureen Fellez - confirmation@mqp.org

Adult Confirmation:

If you are an adult Catholic who has not yet been Confirmed it is not too late! A profound outpouring of the Holy Spirit is being offered to you through this sacrament. Please contact for more information about being prepared to receive the Sacrament of Confirmation.

Contact: Mary Williams - RCIA@mqp.org

Becoming Catholic - Order of Christian Initiation for Adults (OCIA):

The goal of the OCIA is to foster a profound encounter with the Risen Christ through reflection on the Scriptures, prayer, study, fellowship, and worship with the community.

The OCIA is open for anyone who would like to explore the possibility of becoming Catholic, the process goes year-round. We offer inquiry groups for newcomers three times a year - in the fall, in January, and after Easter. You can start at any of these times, and you proceed at your own pace through the OCIA process. The baptism of adults takes place once a year, at the Easter Vigil in the spring. The reception of those who are already baptized can happen at any time, but is often done at the Easter Vigil. As each opportunity approaches, the OCIA team will help you to discern if you are ready, on the basis of the length of your participation in the process, the extent of your preparation, and your personal sense of how deeply you have encountered Christ through your experience of the Catholic Church.

Contact: Mary Williams - RCIA@mqp.org

Family Faith Formation

This is a program is for Families with children from 1st through 5th grade. Parents and their children will meet in person for class once a month; on the second Thursday of the month from 6:30- 8:00p.m. Parents will continue the formation on a weekly basis at home following a given curriculum.

At the Family Faith Formation Class, parents and children will gather to learn about the beauty of Catholicism and the teachings of The Church. Also, families will become more familiar with Scripture as we will do fun activities related to the Sunday readings to help us be more prepared for Mass.

Contact: Adriana Alvarez - Adriana.alvarez@mqp.org

Joyful Discovery Preschool (JDP):

Our Preschool provides a safe, nurturing environment with a child-centered, developmentally appropriate curriculum balanced in play, academics, and joyful discovery.

We encourage and guide children towards success through early academic preparation, social-emotional development, and spiritual growth. We value the uniqueness of each child, foster a love of learning, and seek to instill an awareness of being loved by God.

JDP is located at Mary, Queen of Peace Church meeting from 9:30 a.m. - 1:15 p.m. Monday through Friday. (days vary based on classes)

Contact: Aimee Cermak -

aimee@joyfuldiscoverypreschool.org

Reach More:

The church was founded for the purpose of spreading the kingdom of Christ throughout the earth for the glory of God.

The lay faithful need to be more conscious of being the church by facilitating deeper relationships with Christ and each other.

Werner fee, Lorna Coltorti, Ann Bouchy, and Alice Kuester strive to share spiritual and practical ways to share the good news.

Of Christ's love for humanity in this modern age through prayer, scripture, insight, and discussion. We welcome everyone to participate in this exciting journey.

Contact: Alice Kuester - alicekuester@icloud.com

PARISH LIFE APOSTOLATES

SERVICE

Homebound:

Extraordinary Ministers of Holy Communion for Homebound bring the Eucharist to the sick or elderly confined in their homes, assisted living facilities, and hospital community.

Contact: Maria Graham - mgraham@sjcissaquah.org

Funeral Reception Committee

We are a volunteer group that provides comfort to grieving families by hosting, preparing, and serving meals immediately following a funeral service. Rooted in the Corporal and Spiritual Works of Mercy, this ministry lives out the calling to "comfort the afflicted. We do this by providing a welcoming environment where family and friends can gather in fellowship.

Core Responsibilities

- Hospitality & Comfort: Volunteers act as a warm, compassionate presence, greeting family and guests to make a difficult day easier.
- Meal Preparation & Sourcing: Depending on parish resources, teams either coordinate with families to layout catering, cook hot dishes on-site, or organize a network of parish donors who bake desserts, rolls, and salads.
- Setup & Environment: Volunteers decorate the parish hall, set tables with tablecloths or centerpieces, and set up food buffet-style before the funeral service concludes.
- Service & Cleanup: The team serves beverages (like coffee and tea), manages the food line, packs up leftovers for the family to take home, and restores the parish kitchen and hall.

Contact: Sally Pavlish - sallypavlish@gmail.com and

Pat Gronnerud - patgronnerud@msn.com

Human Concerns Commission:

Human Concerns is a group of parishioners who are representative of the parish community. We provide and coordinate opportunities to fulfill Jesus' commandment to love on another through direct service and financial support to organizations who provide for those in need. We seek to bring the peace of Christ to the world through justice.

We meet 5 times a year on the last Tuesday of the month (except November - 3rd Tuesday of the month) in September, November, January, March and May in the Fr. McGivney room at 5:00 p.m.

Committees included under the Human Concerns umbrella include:

1. Seasonal Programs (Prepares baby shower, Easter Baskets, School Supply Drive, Warm Winter Drive, Giving Tree)
2. Social Justice - Includes an opportunity to provide funding for water wells in Ghana with their Buckets of Compassion drive.
3. Charitable Donations

Contact: Pat Johnson - pj2433@comcast.net

Cindy Stevens - dccpstevens@comcast.net

Knights of Columbus - Council 9833

The KofC is a Catholic fraternal service organization dedicated to charity, unity, fraternity, and patriotism. Council 9833 is the Knights of Columbus council of Mary Queen of Peace Parish.

We support our parish and community through charitable programs and fundraising events throughout the year, including 4th of July Parking, the Tootsie Roll Drive, the Crab Feed, Christmas and Easter Flower Sales, and Pancake Breakfasts. Proceeds benefit Coats for Kids, Seminarian Support, Pregnancy Support, Grotto Upkeep, WA Special Olympics, and the Down Syndrome Center of Puget Sound. We also provide ad hoc help across our church and community.

- Officers Meeting: 2nd Wednesday of the month at 7:00 p.m.
- Council Meeting: 4th Wednesday of the month at 7:00 p.m. (Social Hour at 6pm)

Fr. McGivney Room, Mary Queen of Peace Parish

Our Council currently has 94 registered member Knights

Contact: Wilfred James - grandknight@mcp.org

St. Vincent de Paul Society:

SVdP supports local individuals and families in need by performing home visits and providing rent, utility, food, clothing and various other types of assistance to promote stability and self-sufficiency.

Additional activities include:

- Bundle Sunday - Collecting clothing and other household donations at MQP which can be resold at the SVdP Thrift stores and proceeds used to help those in need.
- Issaquah Food Bank - SVdP members volunteer at the Issaquah Food Bank and help to distribute food to the community.
- Gift Distribution - Providing food and gifts at Thanksgiving and Christmas to neighbors within our parish.
- Donation Basket Collection - Gathering funds after Mass which are used to help our neighbors in need.
- Monthly Fellowship Meetings - SVdP meetings are held at MQP on the second Wednesday of each month at 7pm in the Pope John Conference Room.

Who we serve:

It may not be easy to see them, but right now there are hundreds of families and individuals throughout King County who call on the support of SVdP during times of financial hardship. Their stories could be anyone's stories. When they turn to us for help, SVdP is there for them and responds with immediately with compassion and support. We listen and offer support when it is needed the most.

Contact: Ron Zanco - ronzanco@hotmail.com

PARISH LIFE APOSTOLATES

Adoration

Wednesday: 10:00 a.m. - 1:00 p.m.

Thursday: 10:00 a.m. - 7:00 p.m.

Contact: *Claudia Barbeyto* - Adoration@mqp.org.

Book Club

Contact: *Barbara Walden* - ambd@msn.com

Sally Pavlish - sallypavlish@gmail.com

Centering Prayer:

Centering Prayer has been an ongoing and active ministry at Mary Queen of Peace since the late 1980's, and currently has 14-16 active participants.

It focuses on the contemplative prayer tradition of Catholic Christianity, rooted in the practices of the early Desert Fathers and Mothers, John of the Cross, Saint Teresa of Avila, Saint Francis and Saint Clare, as well as more contemporary figures such as Thomas Merton (Father Louis of the Cistercian/Trappist order based at Gethsemani Abbey in Kentucky) and Father Thomas Keating, also of the Trappists based at Saint Benedict Abbey in Colorado. We practice both Centering Prayer (a prayer of silence) and Lectio Divina. We meet every Friday morning at 10:30am in the Father McGivney room.

Contact: *Jeff Renner* - jeffrenner3@icloud.com

Coffee and Donuts

Coffee & Donuts runs from September to the end of June. Volunteers set up, prepare coffee, serve donuts and juice and clean up. Volunteers can sign up the dates they are available using a sign-up link that will be provided.

Contact: *Alejandro & Rocio Aguirre* -

rociormz71@gmail.com

Cursillo

The Cursillo Movement is a Catholic movement dedicated to deepening faith, friendship, and Christian leadership. MQP offers a School of Leaders meeting Tuesdays from 6:30 p. m. to 7:30 p.m. in a hybrid format, both in person and online. We also host annual men's and women's retreats. Former Cursillistas and anyone interested are warmly invited to contact us for details:

Cursillos.in.Christianity.Seattle@outlook.com"

Marian Devotions

- **Morning Rosary:** The Morning Rosary Apostolate focuses on praying the Holy Rosary & the Flame of Love Holy Hour Rosary. Our mission is to pray the most Holy Rosary in Unity. We meet in the MQP Chapel at 8:30 a.m. (prior to Mass) Monday (Joyful Mysteries) & Thursday (Luminous Mysteries) . On Friday we begin at 8:15 a.m. with the Flame of Love Holy Hour Rosary (Sorrowful Mysteries).

Contact: *Victoria Findley* - vfindley49@gmail.com

- **The Pilgrim Virgin:**
Contact: *Angela Omusoru* - angela.omusoru@yahoo.com

- **First Friday Rosary:** Our First Friday Rosary Apostolate brings our parish family together in prayer, devotion, and fellowship, seeking the peace that comes through Jesus and the loving intercession of Mary, Queen of Peace. On the First Friday of each month, we gather in the chapel at 6:00 p.m. to pray the Rosary, entrusting our families, parish, community, and world to Our Blessed Mother. All are welcome—whether you pray the Rosary regularly or are joining us for the first time. Bring a friend. Together, we pray for peace in our hearts, our families, our parish, and our world, while growing closer to Jesus and to one another. Following the Rosary, we have a fellowship over potluck, creating an opportunity to build friendships and strengthen our sense of community.

Contact: *Haleh Farsad* - halehfarsad@yahoo.com

- **Zoom Rosary:**
Contact: *Alice Kuester* - alicekuester@icloud.com

- **Rosary on the 13th:**
Contact: *Alia Abboud* - abboudalia@aol.com

- **Marian Cenacle:** the Marian Movement of Priests Cenacle. We meet in the cry room on Mondays after morning Mass (as cenacle has always traditionally included Mass).
Prayers include:
Invocation to the Holy Spirit
The Rosary
A reading from the book " To the Priests" (Church approved messages from Our Lady to Servant of God, Fr. Stefano Gobbi)
Prayers for the Pope and for our priests
Consecration to the Immaculate Heart of Mary

The purpose of the cenacle is to respond to Our Lady's requests for her intentions, to support the pope and the hierarchy of priests, and for conversions and peace.

Contact: *Lorna Coltorti* -
Immrichardson@hotmail.com

- **The Five First Saturday Rosary & Messages of Fatima**
We meet in the Chapel on the first Saturday of each month at 8:30 a.m. to pray the Rosary, as requested by Our Lord and Our Blessed Mother, followed by an opportunity to attend Mass, receive Holy Communion, and go to Confession.

Although there are many regular attendees each first Saturday (usually between 15 and 25 people) we encourage everyone to join us and to fulfill Our Lady of Fatima's request to:

- + Pray 5 decades of the rosary
- + Receive Holy Communion
- + Go to confession
- + Spend 15 minutes keeping Our Lady company while meditating on 1 or more decade of the Rosary

All 4 of these to be done for 5 consecutive months with the intention of making reparation for the sins/offenses committed against her Immaculate Heart.

Contact: *Lorna Coltorti* -
Immrichardson@hotmail.com

PARISH LIFE APOSTOLATES

- **The Five First Saturday Rosary & Messages of Fatima**
We meet in the Chapel on the first Saturday of each month at 8:30 a.m. to pray the Rosary, as requested by Our Lord and Our Blessed Mother, followed by the opportunity to attend Mass, receive Holy Communion, and go to Confession. Although there are many regular attendees each first Saturday we encourage everyone to join us and to fulfill Our Lady of Fatima's request for 5 consecutive months with the intention of making reparation for the sins committed against her Immaculate Heart.
Contact: Lorna Coltorti
Immrichardson@hotmail.com

Mental Health:

We serve those who experience mental health challenges or other life occurrences which disrupt mental and spiritual wellness. We strive to demonstrate these through companionship, education, support and prayer. We meet the second Thursday of every month at 7:00 p.m. in St Albert the Great room.
Contact: Kathy Connell - kathyconnell49@gmail.com

MQP Library:

We help people grow in their faith by providing quality books. The library has 1700 books for adults. We manage the parish library including working with books and parishioners looking for books. Our next big tasks are setting up a checkout area in McGivney and getting spine labels on about half the books. Other tasks include making signs, handling circulation, sorting acquisitions, weeding the collection and giving away what's weeded. Meeting place: McGivney Room on Thursday morning.
Contact: Ann Johnson - ann_johnson360@yahoo.com

Senior Social:

The Senior Social Apostolate mission is to engage Senior Citizens 55 and over in a social connection over a potluck luncheon on the third Thursday of the month, September through May from 12:30 p.m. to 2:00 p.m. in the Marian Social Hall. We may have a speaker on topics that pertain to seniors, celebrations of birthdays and anniversaries or have an interactive game.
Contact: Bernadette Coughlin - berncoughlin5@gmail.com
Judy Sender - judysender4@gmail.com

Social Justice Book Club:

We meet monthly to discuss our readings on social justice. Our purpose is to help the church at MQP build a more just community through education, visitation and prayer. We incorporate activities such as plays, visitations to other churches, speakers, interviews and art exhibits. We meet on the 3rd Thursday of each month 5:00 p.m. – 6:30 p.m. in the McGivney room
Contact: Eugene Cash - eugenecash@comcast.net
Mary Emmick - marykhome@hotmail.com

NEW PARISH FAMILY MENTAL HEALTH MINISTRY



JOIN OUR CATHOLIC
MENTAL HEALTH MINISTRY!

Mental health is a vital part of our holistic well-being, and the Church is called to be a place of healing, understanding, and support. We are excited to announce the new Mental Health Ministry in our Parish Family!

We meet monthly to plan parish family events that promote mental health awareness and provide compassionate support for parishioners navigating life's challenges.

Whether you want to serve, learn, or seek encouragement, your presence is valuable. Come share your gifts and help build a supportive community.

Everyone is welcome to join us and be part of our Catholic Mental Health Ministry community!



SENIOR SOCIAL MONTHLY MEETING

EVERY THIRD THURSDAY
OF THE MONTH
12:30PM TO 2PM
MARY, QUEEN OF PEACE
MARIAN SOCIAL HALL

October 15
November 19
December 17
January 21, 2027
February 18
March 18
April 15
May 20

Info: berncoughlin5@gmail.com

MASS AND CONFESSION SCHEDULE

Weekend Masses

Saturday 5:00 p.m.

Sunday 9:00 a.m.

11:00 a.m.



Daily Mass

Mon, Thurs, Fri 9:00 a.m.

Wed, 6:00 p.m.

Confession

Wednesday 4:30 p.m. - 5:45 p.m.

Saturday 9:45 a.m. - 11 a.m.

Reconciliation Room

MARY
QUEEN
— OF —
PEACE
CATHOLIC CHURCH



1121 228th Ave SE
Sammamish, WA 98075

email: office@mqp.org

Phone: 425-391-1178

Fax: 425-391-3797

www.mqp.org