



**STOP
DROWNING
NOW**

DROWNING PREVENTION

WATER SAFETY FACTS EVERY GROWN UP NEEDS TO KNOW

Drowning is the #1 leading cause of accidental death in children under 5yrs old

1. Drowning is fast. It can happen to you and your family and fast.
2. Drowning is silent & is NOT like it is shown in the movies with splashing & screaming.
3. 20 seconds is all it takes for a child to drown. It happens quickly and 70% of the time it happens when a child is not expected to be around the water.
4. Drowning does not discriminate, but boys make up for almost 75% of drownings.
5. Over 7,000 children visited an ER last year alone for water related injuries.

DROWNING HAPPENS IN A FLASH,

Think Splash!



Safety Fencing



Put Away Toys/ Ladder



Life- Jackets



Adult Watching Always



Swim Lessons



How To Help



Learn to Swim.

Formal swim lessons have been shown to reduce the risk of drowning by 88%.

Pediatricians recommend children participate in lessons starting at age 1.

**Find A
Swim School***

www.usswimschools.org

SCAN
ME



It's never too late to learn to swim.

Scan the QR code to find accredited swim lessons in your area.

*This is not sponsored or endorsed by PublicSchools.

Your family is at risk for drowning. Together we can educate to eliminate drowning.



For more information visit
www.StopDrowningNow.org



Water Safety Checklist for Home

Take a few minutes to make your home safer.

In Case of an Emergency: Call 911!

My Name is: _____

My Address is: _____

My Phone Number is: _____

Always
Supervise
Bath Time



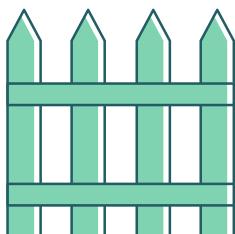
Drain
Play Pools



Close the Potty



Learn CPR



Locking
Pool Fence

1. Identify your risks around your home:

pools, bathtubs, canals, retention ponds, lakes, and more all can be a risk.

2. Educate your family about water safety rules and what to do in an emergency. Practice your Emergency Action Plan.

3. Enroll in swim lessons. Remember that no child is ever "drown-proof." And always assign a Water Watcher.

4. Add barriers to any water hazards at your home including fencing and door locks.

5. Keep a first aid kit and phone close to water hazards. Learn and practice CPR.

6. Visit www.stopdrowningnow.org for more drowning prevention tips and tools to be safer in and around the water!