



**STOP
DROWNING
NOW**

DROWNING PREVENTION

WATER SAFETY FACTS EVERY GROWN UP NEEDS TO KNOW

Drowning is the #1 leading cause of accidental death in children under 5yrs old

1. Drowning is fast. It can happen to you and your family and fast.
2. Drowning is silent & is NOT like it is shown in the movies with splashing & screaming.
3. 20 seconds is all it takes for a child to drown. It happens quickly and 70% of the time it happens when a child is not expected to be around the water.
4. Drowning does not discriminate, but boys make up for almost 75% of drownings.
5. Over 7,000 children visited an ER last year alone for water related injuries.

LAYERS OF PROTECTION ARE
KEY: FOLLOW THE

Safer3

People



Learn to Swim



Assign Water Watcher



Water



Wear CGA Lifejackets



Safety Fencing



Response



Check the Water First



Learn CPR



Learn to Swim.

Formal swim lessons have been shown
to reduce the risk of drowning by 88%.

Pediatricians recommend children
participate in lessons starting at age 1.

Find A
Swim School*
www.usswimschools.org



It's never too late to learn to swim.

Scan the QR code to find accredited
swim lessons in your area.

*This is not sponsored or endorsed by PublicSchools.

Your family is at risk for drowning. Together we can educate to eliminate drowning.

For more information visit
www.StopDrowningNow.org



Water Safety Checklist for Home

Take a few minutes to make your home safer.

In Case of an Emergency: Call 911!

My Name is: _____

My Address is: _____

My Phone Number is: _____

*Always
Supervise
Bath Time*



1. Identify your risks around your home:
pools, bathtubs, canals, retention ponds,
lakes, and more all can be a risk.



*Drain
Play Pools*

2. Educate your family about water safety
rules and what to do in an emergency.
Practice your Emergency Action Plan.

3. Enroll in swim lessons. Remember that
no child is ever "drown-proof." And
always assign a Water Watcher.

Close the Potty



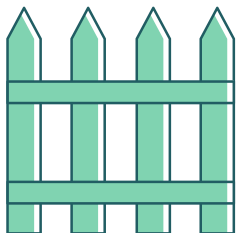
4. Add barriers to any water hazards at
your home including fencing and door
locks.



Learn CPR

5. Keep a first aid kit and phone close to
water hazards. Learn and practice
CPR.

*Locking
Pool Fence*



6. Visit www.stopdrowningnow.org for
more drowning prevention tips and tools
to be safer in and around the water!