May 2023
NEWSLETTER

FUNDRAISING SPOTLIGHT

COLORADO COACHES FOR CHARITY

We were honored to be selected by Coach Ed Lamb from University of Northern Colorado as his designated charity for the 16th annual Colorado Coaches for Charity Gala at Empower field at Mile High on May 5th.

ColoradoCoachesForCharity.com

The wonderful, Margaret Brown was also honored posthumously as a Community MVP.

Find Your Purpose

Volunteer for the 2023 Families in Action Weekend

Families in Action is a weekend retreat to support families of individuals with intellectual and developmental disabilities. Volunteers are needed to partner with youth participating in a variety of activities in a beautiful mountain setting.

July 23rd late afternoon -
June 25th early afternoon.
Meals, Lodging, CPR/First Aid
Certifications & Additional Training Provided

For more information contact
Debbie Fatomiloye at
debbie@arcweldcounty.org or
(970) 353-5219 x 5
Look for us at 2023 City Days Events

- Berthoud Days, Saturday, June 3rd
- Eaton Days, Saturday, July 8th
- Akron Crazy Days, Saturday Aug. 26th
- Evans Trunk or Treat, date TBD
- Windsor Harvest Parade Monday, Sept. 4th
- Mead Days, Saturday Sept. 9th
- NCDSA Walk, Saturday, Oct. 7th
- Fredrick Tiny Terror Town, Saturday, Oct. 21st

We hope to see you there!

POOL PARTY
SATURDAY
AUGUST 5th
6:30 - 8:30 PM
FREE ADMISSION

CHIMNEY PARK POOL
421 CHIMNEY PARK DRIVE, WINDSOR, CO
RSVP AT WWW.ARCWELDCOUNTY.ORG OR SCAN THE QR CODE
BRING A TOWEL, CHAIR AND SUNBLOCK
Prior to working at The Arc of Weld County I was employed by a Community Centered Board (CCB), where I realized the vast number of programs families have to navigate to support their loved one. I wanted to share everything I learned with families to make their journeys a little easier. That is what brought me here.

I stay at this amazing agency because just when the universe knows I need it the most, I get a thank you unexpectedly and out of the blue. It isn’t often but it seems to happen at just the right time. This tells me that I did make things better for a family and that is why I plan to continue my advocacy work with The Arc of Weld County for many years to come.

Volunteer Spotlight

Mike Heroy

Mike is originally from Long Island, New York and went to high school with Billy Joel, so that make him also most celebrity...right? He has been living in Colorado since 1976, except for a couple of years he lived in Kansas; making him practically a Colorado Native! After an active career in education as both a teacher and principal, he retired as a special education teacher in the Weld Central School District. In retirement he has taken up playing the banjo and attending bluegrass festivals and concerts.

Mike became a part of The Arc of Weld County when he was invited to join the Board of Directors by a former student and also by his friend and board member, Dr. Hank DePetro.

“We are not a FULLY REALIZED MOVEMENT until we are a FULLY INCLUSIVE MOVEMENT.” - Mr. Keith Jones, Emmy Award winner and former guest speaker at The Arc of Weld County’s Annual Meeting.
Saturday, April 29th, The Arc of Weld County was excited to attend the first Stroll with Me event to promote community inclusion, hosted in Sterling by Eastern Colorado Services! We were happy to see all of our familiar friends and make new ones!

**ANNUAL POOL PARTY**
Sterling Recreation Center

**FREE**

**SATURDAY JULY 22**
6 - 8 PM

**MUSIC • FOOD • FUN**

**BRING A TOWEL, CHAIR AND SUNSCREEN**
808 Elm Street, Sterling, CO

The Arc of Weld County

RSVP - WITH THE QR CODE OR AT WWW.ARChEALDCOUNTY.ORG
Postponed!
The May 2023 series has been postponed. Please keep your eyes out for updated dates/location in a few months!

SOAR

ADULT SELF-ADVOCATE LESSON SERIES at The Arc of Weld County

SAVA Center and The Arc of Weld County are excited to present SOAR, an educational, weekly program designed for adults with intellectual and developmental disabilities. Using engaging activities, tools, discussions, and presentations, SOAR aims to reduce rates of sexual violence among individuals with IDD. We will meet in person three times from 4:45pm - 6:00pm for three consecutive weeks and learn about a variety of important topics.

Boundaries & Communication
5/9/23
- Different types of boundaries
- How to recognize & set your boundaries
- How to respect other people's boundaries

Consent & Healthy Relationships
5/16/23
- The importance of asking for consent
- How to ask, say no, and hear no
- Aspects of healthy relationships

Sexual Violence Prevention
5/23/23
- Difference between sexual harassment & sexual assault
- What do to if you or someone you know ever experiences sexual violence
- It is never the victim's fault

Contact Leticia Arguello, Advocacy Manager for The Arc of Weld County, for more information and to register.
(leticia@arcoweldcounty.org, 970-353-5219 ext. 1)

5312 West 9th Street Drive, Suite 150
Greeley, CO 80634
(970) 353-5219

We also serve the following Northeastern County Locations:
(Logan, Morgan, Phillips, Yuma, Washington & Sedgwick counties)
please call (970) 353-5219 ext 1 to set an appointment.