

Stewartville Care Connection

HAPPENINGS AT SCC

Hello friends, family, and residents.

August flew by. We had a couple new games on last month that we found that the residents enjoyed. So we will be doing them again. I would like to thank Our Saviors Church for coming and doing a sing-a-long with the residents. September we will have Marette back with us. She plays the piano. She also tells a lot of fun stories. September brings Labor Day and fall. It will be nice to see the changing colors. We have still been having our Lunch Bunch group every month. The residents really like being able to have pizza. That's all I have for now. Stay safe.

Tammy Wuerflein AD

RESIDENT COUNCIL UPDATES

Resident Council meeting was held August 10th at 2:00. Residents discussed concerns and they were reviewed. The next Resident Council Meeting is on September 8th at 2:00.

Did You Know? - August is often called the “**dog days of summer**,” although the phrase originally referred to the rising of Sirius, the “Dog Star,” rather than to dogs or hot weather.

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**THE BEAUTY SHOP WILL
BE OPEN ON MONDAY
SEPTEMBER 14TH**

Stay Connected (or Update Your Info!)

Moved or no longer wish to
receive the newsletter?

Please contact **Activities at
533-1393** to update your address or be removed from the mailing list.



WELCOMES & FAREWELLS

Our community is always changing. We warmly welcome those joining us and wish the very best to those moving on.

WELCOMING NEW RESIDENTS

We are pleased to welcome the following individuals to Stewartville Care Center. We look forward to getting to know you and supporting you as part of our community:

- Lucinda Murphy
- Kirsten Kuehl
- Carl Lowther
- Marlene Sabatke
- Janet Stevenson

Please take a moment to introduce yourself and help them feel at home.

TRANSITIONS & FAREWELLS

We wish residents moving on from our care comfort, happiness, and continued well-being:

- Thomas Mear
- Justine Burzette
- Fred Nagle
- Bertha Maloney

IN MEMORIAM

With respect and remembrance, we honor those who have passed and cherish the time they shared with our community:

- Marsha Winch
- Delores Yenny



Laughter is the Best Medicine:

September is the month when nobody knows whether to dress for July or November.

Autumn is proof that change can be beautiful—and extremely inconvenient to rake.

RESIDENT BIRTHDAYS

We are excited to celebrate the birthdays of our residents this month! Each birthday is a special milestone, and we are honored to share in these moments.

HAPPY BIRTHDAY TO OUR RESIDENTS!

Please join us in wishing a very happy birthday to:

- Terrence Clement 9/10
- Linda Moody 9/10
- Shirley Fette 9/12
- Darlene Porter 9/21
- Doris Oehlke 9/26

We hope your day is filled with joy, laughter, and special moments!

Every birthday is a celebration of a life well-lived and the memories still being made.

NATIONAL DAYS SEPTEMBER

We love finding little ways to bring fun and connection into our days! Here are a few unique national days we're celebrating this month:

SEPTEMBER 5TH – NATIONAL CHEESE PIZZA DAY

Did You Know?

Pizza has been enjoyed in the United States since the late 1800s, and cheese pizza remains one of the most popular varieties. While pizza has roots in Italy, Americans have created countless regional styles—from thin crust to deep dish!

SEPTEMBER 9TH – NATIONAL TEDDY BEAR DAY

Did You Know?

The teddy bear was named after President Theodore “Teddy” Roosevelt. The cuddly toy became popular in the early 1900s and has remained a childhood favorite for generations. Many treasured teddy bears are kept for a lifetime because of the special memories attached to them.

SEPTEMBER 13TH – NATIONAL GRANDPARENTS DAY

Did You Know?

National Grandparents Day celebrates the important role grandparents and older adults play in families and communities. The holiday was signed into law in 1978, and its official flower is the forget-me-not. It's a wonderful day to celebrate stories, traditions, wisdom, and memories passed from one generation to the next.

SEPTEMBER 22ND – NATIONAL ICE CREAM CONE DAY

Did You Know?

Ice cream cones became especially popular in the United States after the 1904 World's Fair in St. Louis. Before cones became common, ice cream was often served in dishes or small glasses. Today, cones make enjoying a favorite scoop a little more fun—and portable!



HEART OF OUR HOME—RESIDENT SPOTLIGHT

This month we talked to Linda Frost. Linda was born in Rochester, Minnesota. Linda has two sisters and one brother. She lived in Rochester her whole life. Linda went to school at Northrup in Rochester, she then went to Central High School and graduated from John Marshall. After school Linda got a job at a Theater selling tickets. She then joined the military where was at Fort MacLenn Alabama and Fort Samhouston in Texas. She went to West Point and became a dental x-ray technician. She did that for 3 years. She moved back tp Rochester and became a nursing assistant. Linda did this work for many years. Linda had some health issues which brought her to us. Linda loved to garden and ride bike. In her spare time Linda likes to read and work on puzzle books. Everyday Linda makes sure to read a couple of Bible verses.

Chuckle Corner:

Why did the farmer bury all his money?
Because he wanted rich soil!

FROM THE DESK OF THE ADMINISTRATOR

Hello residents, staff, family,
and friends.

It has been a busy summer, and we were able to enjoy being outside. We have beautiful hanging baskets on our patio. And we enjoyed ice cream, music and shuck-ing corn too. We are now looking forward to the fall season and can't wait to see the colors change and to place our mums on the patio. Our reminder for this time of the year is to look through your clothing choices you have at the facility and make sure you have things that will be needed to go out and enjoy the fall and the cooler weather. We do also ask that, if possible, you swap out some things that will not be needed during the fall and winter seasons because the closet and dresser space is limited in our rooms. We hope to continue to see you all here for our activities if you are able to come. As always, we thank you for entrusting us with you or your loved one's care. If you have any questions, concerns or comments please call, email, or come and see me.

Jen Nogosek, LNHA, C-DON,
BSN, RN

Administrator

Stewartville Care Center



MEET LAUREN – HERE TO LISTEN, HELP & SUPPORT

We're excited to shine the spotlight on Lauren from Social Services! For Lauren, working with older adults feels a little like coming full circle.

Born and raised in Chatfield, Minnesota, Lauren is an only child who spent a lot of time growing up with her grandparents, aunts, and uncles while her parents were busy working. Long-term care was also part of her life from an early age—both her mom and grandma worked in a nursing home. Lauren originally started college planning to become a nurse, but along the way discovered that nursing wasn't quite the right fit. Her path eventually led her to Social Services, but not before one of her first jobs in long-term care brought her right here to Stewartville Care Center as a CNA!

What Lauren enjoys most about working with older adults are the stories, wisdom, humor, and life experiences they share. She loves learning who each resident is, what is important to them, and about the lives they have lived. She says residents are also great reminders not to take the little things in life for granted.

So, what exactly does Social Services do? Lauren describes her role as helping residents and families navigate the many changes that can come with long-term care. She helps new residents adjust to their new home, advocates for residents' needs and preferences, connects people with resources, assists with care planning and discharge needs, and provides support when questions or concerns arise.

One thing Lauren especially wants residents and families to know is that you don't need to wait until there is a big problem to stop by Social Services. Whether you have a question or concern, need help finding a resource, or simply need someone to listen, Lauren is there to help.

Be sure to say hello to Lauren when you see her around the building—and remember, her door is open for the big things, the little things, and everything in between!

STAFF BIRTHDAYS

We're excited to celebrate the team members who have birthdays this month! Thank you for the care, compassion, and dedication you bring to Stewartville Care Center every day.

HAPPY BIRTHDAY TO OUR TEAM!

Please join us in wishing a wonderful birthday to:

- Brenda Adank—September 8th
- Katheryn Williams—September 10th
- Tracy Groth—September 12th
- Nicole Schwartz—September 15th
- Kyle Williams—September 17th

We hope your birthday is filled with joy, laughter, and maybe even a little extra cake!



"It's not just what we do, it's how we make people feel that matters most."

STAFF ANNIVERSARIES

We are proud to recognize the dedication and commitment of our team members celebrating work anniversaries this month.

CELEBRATING YEARS OF SERVICE

Please join us in congratulating:

Thank you for the dedication and commitment you bring to our residents and team each day.

- Tiara Baxter—3 years
- John Cartmell—14 years



STEWARTVILLE CARE CENTER ACTIVITIES

SEPTEMBER 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:30 EXERCISE 10:00 WORSHIP (ST. JOHN'S) 2:00 TWENTY QUESTIONS 6:30 LEXI	2 9:30 EXERCISE 10:00 MY LIFE ON A ROLL 2:30 JUDGE FOR YOURSELF 6:30 MADDY	3 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	4 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH KENT	5 9:30 EXERCISE 10:00 MADDY 2:00 MADDY
6 8:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE 10:00 MADDY 2:00 MADDY	7 LABOR DAY 9:30 EXERCISE 10:15 TRACY 2:00 TRACY 6:30 MADDY	8 9:30 XERCISE 10:00 WORSHIP (ZION) 2:00 RESIDENT COUNCIL 6:30 LEXI	9 9:30 EXERCISE 10:00 JA BINGO BUNK 2:30 DUCK RACES 6:30 MADDY	10 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	11 9:30 EXERCISE 10:00 MUSIC WITH MARETTE 2:00 SOCIAL HOUR WITH GARY	12 9:30 EXERCISE 10:00 2:00 MUSIC WITH TIM THE MUSIC MAN
13 8:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE	14 9:30 EXERCISE 10:00 CHAR 2:00 CRAZY PHRASES 6:30 MADDY	15 9:30 EXERCISE 10:00 WORSHIP (REDEMPTION) 2:00 MONTHLY BIRTHDAY PARTY 6:30 LEXI	16 9:30 EXERCISE 10:00 NORM 2:30 REMINISCE 6:30 MADDY	17 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	18 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH COLBY	19 9:30 EXERCISE 10:00 MADDY 2:00 MADDY
20 9:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE 10:00 MADDY 2:00 MADDY	21 9:30 EXERCISE 10:00 COMMUNION (ST JOHN'S) 2:00 CRAFTS 6:30 MADDY	22 9:30 EXERCISE 10:00 WORSHIP (HIGH FOREST) 2:00 CRACK IT OR ROLL IT 6:30 LEXI	23 9:30 EXERCISE 10:00 TRIVIA 2:30 BEAN BAGS 6:30 MADDY	24 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	25 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH DUNNELL	26 9:30 EXERCISE
27 8:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE	28 9:30 EXERCISE 10:00 GAME DAY 2:00 CHARADES 6:30 MADDY	29 9:30 EXERCISE 10:00 WORSHIP (SUMC) 2:00 KARAOKE 6:30 LEXI	30 9:30 EXERCISE 10:00 SHUT THE BOX 2:30 LADDERBALL 6:30 MADDY		BEAUTY SHOP WILL BE OPEN ON THE 14TH	CALENDAR IS SUBJECT TO CHANGE



September Word Fill In



Write the words in the correct place on the grid based on the number of letters. Spaces included in answers.

HELLO FALL



4 letters

mums
rake
fall



games
ninth
cider

autumn

7 letters

hayride
flannel
pencils
foliage
equinox
harvest

practice
homework
backpack
football

SEPTEMBER

10 letters

tailgating
homecoming
sunflowers



5 letters

frost
crisp
coach
study
crops
books



6 letters

sports
school
orange
apples
yellow
leaves
gourds

8 letters

pumpkins

9 letters
festivals
notebooks
goldenrod
labor day
corn maze

12 letters
grandparents



CONTACT US

Care Center Main Line:
507-533-4288

Administrator:
507-533-1397

Director of Nursing:
507-533-1389

Human Resources:
507-533-1398

Social Services:
507-533-1395

Dietary Office:
507-533-1388

Activities Department:
507-533-1393

Maintenance:
507-533-1377

Environmental Services:
507-533-1394

HELP US MAKE A DIFFERENCE

VOLUNTEERS NEEDED

Volunteers truly brighten our residents' days, and there are many ways to help—activities, visits, events, and more.

Contact Tammy (Activities): 507-533-1393

ESCORT OPPORTUNITIES

We are also looking for individuals to serve as resident escorts for appointments.

Contact Social Services – Lauren: 507-533-1395

Paid opportunity

Must be 18+

Background study required

FAMILY COUNCIL MEMBERS NEEDED

We are always looking for individuals to join our Family Council. This is a great way to stay involved, share feedback, and support our community.

Contact: Julie Hayes at (507) 533-6025 or (507) 993-7076

STEWARTVILLE CARE CENTER

120 NE 4TH STREET

STEWARTVILLE, MN 55976

Return Service Requested

Non-Profit Organ.

U.S. POSTAGE

PAID

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Stewartville, MN 55976

