

Stewartville Care Connection

HAPPENINGS AT SCC

Hello friends, family, and residents.

August flew by. We had a couple new games on last month that we found that the residents enjoyed. So we will be doing them again. I would like to thank Our Saviors Church for coming and doing a sing-a-long with the residents. September we will have Marette back with us. She plays the piano. She also tells a lot of fun stories. September brings Labor Day and fall. It will be nice to see the changing colors. We have still been having our Lunch Bunch group every month. The residents really like being able to have pizza. That's all I have for now. Stay safe.

Tammy Wuerflein AD

RESIDENT COUNCIL UPDATES

Resident Council meeting was held August 10th at 2:00. Residents discussed concerns and they were reviewed. The next Resident Council Meeting is on September 8th at 2:00.

Did You Know? - August is often called the “**dog days of summer**,” although the phrase originally referred to the rising of Sirius, the “Dog Star,” rather than to dogs or hot weather.

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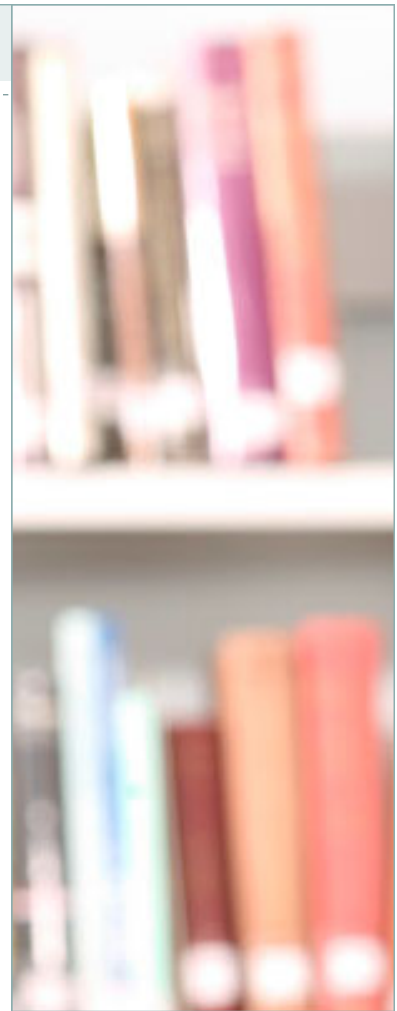
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**THE BEAUTY SHOP WILL
BE OPEN ON MONDAY
SEPTEMBER 14TH**

Stay Connected (or Update Your Info!)

Moved or no longer wish to
receive the newsletter?

Please contact **Activities at
533-1393** to update your address or be removed from the mailing list.



WELCOMES & FAREWELLS



Our community is always growing and changing, and each transition is meaningful. We take a moment to recognize those joining us and those moving on.

WELCOMING NEW RESIDENTS

We are pleased to welcome the following individuals to Stewartville Care Center. We look forward to getting to know you and supporting you as part of our community:

- Lucinda Murphy
- Kirsten Kuehl
- Carl Lowther
- Marlene Sabatke

Please take a moment to introduce yourself and help them feel at home.

TRANSITIONS & FAREWELLS

We also recognize residents who have recently transitioned from our care. Whether moving to another setting or returning home, we wish them comfort, success, and continued well-being:

- Thomas Mear
- Justine Burzette
- Fred Nagle
- Bertha Maloney

IN MEMORIAM

With respect and remembrance, we honor those who have passed. We are grateful for the time they spent as part of our community:

- Marsha Winch
- Delores Yenny

Laughter is the Best Medicine:

*Why did August bring a ladder?
Because summer was reaching new heights!*

RESIDENT BIRTHDAYS

We are excited to celebrate the birthdays of our residents this month! Each birthday is a special milestone, and we are honored to share in these moments.

HAPPY BIRTHDAY TO OUR RESIDENTS!

Please join us in wishing a very happy birthday to:

- Raymond Merck 8/7
- Mary Bernard 8/11
- Thomas Mear 8/19
- Jacqueline Hendershot 8/28

We hope your day is filled with joy, laughter, and special moments!

Every birthday is a celebration of a life well-lived and the memories still being made.

NATIONAL DAYS AUGUST

We love finding little ways to bring fun and connection into our days! Here are a few unique national days we're celebrating this month:

AUGUST 6TH – NATIONAL ROOT BEER FLOAT DAY

Did You Know?

A root beer float is traditionally made by adding a scoop of vanilla ice cream to a glass of root beer. This classic treat is sometimes called a "black cow" and has been enjoyed by generations of Americans.

AUGUST 9TH – NATIONAL BOOK LOVERS DAY

Did You Know?

National Book Lovers Day encourages everyone to relax with a favorite book. Reading can stimulate the mind, reduce stress, bring back treasured memories, and transport readers to another place or time.

AUGUST 16TH – NATIONAL TELL A JOKE DAY

Did You Know?

National Tell a Joke Day is dedicated to sharing laughter with others. Laughing can improve your mood, reduce stress, and strengthen social connections. A good joke is even better when it is shared with friends!

AUGUST 21ST – NATIONAL SENIOR CITIZENS DAY

Did You Know?

National Senior Citizens Day was established in 1988 by President Ronald Reagan to recognize the achievements, contributions, and wisdom of older adults. It is a special opportunity to celebrate the seniors who enrich our families, communities, and lives.



HEART OF OUR HOME—RESIDENT SPOTLIGHT

This month we talked to Linda Frost. Linda was born in Rochester, Minnesota. Linda has two sisters and one brother. She lived in Rochester her whole life. Linda went to school at Northrup in Rochester, she then went to Central High School and graduated from John Marshall. After school Linda got a job at a Theater selling tickets. She then joined the military where was at Fort MacLenn Alabama and Fort Samhouston in Texas. She went to West Point and became a dental x-ray technician. She did that for 3 years. She moved back tp Rochester and became a nursing assistant. Linda did this work for many years. Linda had some health issues which brought her to us. Linda loved to garden and ride bike. In her spare time Linda likes to read and work on puzzle books. Everyday Linda makes sure to read a couple of Bible verses.

Chuckle Corner:

Why do bananas need to keep up their sunscreen application?

Because they peel.

FROM THE DESK OF THE ADMINISTRATOR

Hello residents, staff,
family, and friends.

As summer wraps up, we are looking forward to fall with the changing colors and beautiful mum plants. We hope to see you all and invite you to come enjoy our patio area with your loved one. We hope you are enjoying our newly surfaced parking lot as much as we are.

As always , if you have any questions or concerns at any time please reach out to me.

Jen Nogosek, LNHA, C-
DON, BSN, RN

Administrator

Stewartville Care Center



WELCOME JORDEN, OUR NEW HOUSING COORDINATOR!

We are excited to welcome Jorden as the new Housing Coordinator for Stewartvilla Apartments and Root River Estates!

Originally from Byron, Jorden has called Stewartville home for approximately 15 years. He describes himself as a fun, friendly, and easygoing person who enjoys helping others and getting to know new people. When meeting someone for the first time, Jorden likes to learn a little about them right away and make them feel comfortable. He especially enjoys talking with older adults and listening to the wonderful stories and life experiences they have to share.

In his new role, Jorden looks forward to assisting tenants with their needs, coordinating leasing and move-ins, and helping ensure our independent living communities remain welcoming and well maintained. He brings a practical, hands-on approach to his work and is committed to doing his best to complete the projects and requests that arise throughout the buildings. Most importantly, Jorden wants residents and tenants to know that he is here to support them. His door is always open to anyone who needs assistance—or would simply like to stop by and visit.

Outside of work, Jorden enjoys spending time with his two children, Hazely, age 13, and Flynn, age 9. His favorite weekends are spent taking his children on adventures and making new memories together. Jorden also enjoys traveling and attending outdoor music festivals.

Woodworking is another of Jorden's favorite hobbies. He enjoys building things with his hands and especially likes creating projects with his wood lathe. His creativity, problem-solving skills, and enjoyment of hands-on work are a great fit for the many responsibilities of his new position.

One interesting fact many people may not know about Jorden is that he is half Irish and half Sicilian. He also has family members living in many different places.

Jorden is looking forward to meeting the residents, tenants, families, and staff throughout our campus and becoming a familiar face in both communities. Please join us in giving him a warm welcome! When you see Jorden around Stewartvilla or Root River Estates, be sure to stop, introduce yourself, and say hello.

STAFF BIRTHDAYS

We're excited to celebrate the team members who have birthdays this month! Thank you for the care, compassion, and dedication you bring to Stewartville Care Center every day.

HAPPY BIRTHDAY TO OUR TEAM!

Please join us in wishing a wonderful birthday to:

- Lauren Lammers—August 7th
- Rachel Helberg—August 7th
- Spencer Mandt—August 11th
- Laurie Feijo—August 18th
- Takoda Baxter—August 30th

We hope your birthday is filled with joy, laughter, and maybe even a little extra cake!



"It's not just what we do, it's how we make people feel that matters most."

STAFF ANNIVERSARIES

We are proud to recognize the dedication and commitment of our team members celebrating work anniversaries this month.

CELEBRATING YEARS OF SERVICE

Please join us in congratulating:

Thank you for the dedication and commitment you bring to our residents and team each day.

- Kamrynn Westphal—1 year
- Spencer Mandt—1 year
- Laurie Feijo—2 years
- Alexis Malone—3 years
- Aubrey Brown—6 years
- Cristina Sorum—6 years
- Jennifer Nogosek—6 years
- Tammy Wuerflein—19 years



STEWARTVILLE CARE CENTER ACTIVITIES

AUGUST 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CALENDAR IS SUBJECT TO CHANGE	31 9:30 EXERCISE 10:00 WORD SCRAMBLE 2:00 BATTLING BONES 6:30 MADDY	4 9:30 EXERCISE 10:00 WORSHIP (HIGH FOREST) 2:00 Pictionary 6:30 LEXI	5 9:30 EXERCISE 10:00 GAME DAY 2:30 FARKEL PARTY 6:30 MADDY	BEAUTY SHOP WILL BE OPEN ON AUGUST 17TH		1 9:30 EXERCISE 10:00 LEXI 2:00 LEXI
2 8:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE 10:00 LEXI 2:00 LEXI	3 9:30 EXERCISE 10:00 BRAIN TEASER 2:00 MUSIC WITH ELVIS 6:30 MADDY	4 9:30 EXERCISE 10:00 WORSHIP (HIGH FOREST) 2:00 Pictionary 6:30 LEXI	5 9:30 EXERCISE 10:00 GAME DAY 2:30 FARKEL PARTY 6:30 MADDY	6 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	7 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH KENT	8 9:30 EXERCISE 10:00 MADDY 2:00 TIM THE MUSIC MAN
9 8:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE 10:00 MADDY 2:00 MADDY	10 9:30 EXERCISE 10:00 CHAR 2:00 RESIDENT COUNCIL 6:30 MADDY	11 9:30 EXERCISE 10:00 WORSHIP (SUMC) 2:00 WHACK A MOLE 6:30 LEXI	12 9:30 EXERCISE 10:00 CROSS- WORD PUZZLE 2:30 LADDERBALL 6:30 MADDY	13 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	14 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH COLBY	15 9:30 EXERCISE 10:00 LEXI 2:00 LEXI
16 8:00-9:30 CATHOLIC COMMUNION 9:30 EXERCISE 10:00 LEXI 2:00 LEXI	17 9:30 EXERCISE 10:00 COMMUNION 2:00 JEOPARDY 6:30 MADDY	18 9:30 EXERCISE 10:00 WORSHIP (CHRISTIAN OUR SAVIOR BIRTHDAY PARTY 6:30 LEXI	19 9:30 EXERCISE 10:00 WHAT STATE IS THIS 2:30 BEAN BAGS 6:30 MADDY	20 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	21 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH RANDY	22 9:30 EXERCISE 10:00 MADDY 2:00 MADDY
23 8:00-9:30 CATHOLIC COMMUNION 30 9:30 EXERCISE 10:00 MADDY-LEXI 2:00 MADDY-LEXI	24 9:30 EXERCISE 10:00 BOWLING 2:00 WHEEL OF FORTUNE 6:30 MADDY	25 9:30 EXERCISE 10:00 WORSHIP (GRACE) 2:00 KARAOKE 6:30 LEXI	26 9:30 EXERCISE 10:00 TRIVIA 2:30 REMINISCE 6:30 MADDY	27 9:30 EXERCISE 9:15 ROSARY 9:30 MASS 10:15 SING-A-LONG 2:00 BINGO 6:30 LEXI	28 9:30 EXERCISE 10:00 BIBLE STUDY 2:00 SOCIAL HOUR WITH DUNNELL	29 9:30 EXERCISE 10:00 LEXI 2:00 LEXI

ACROSS

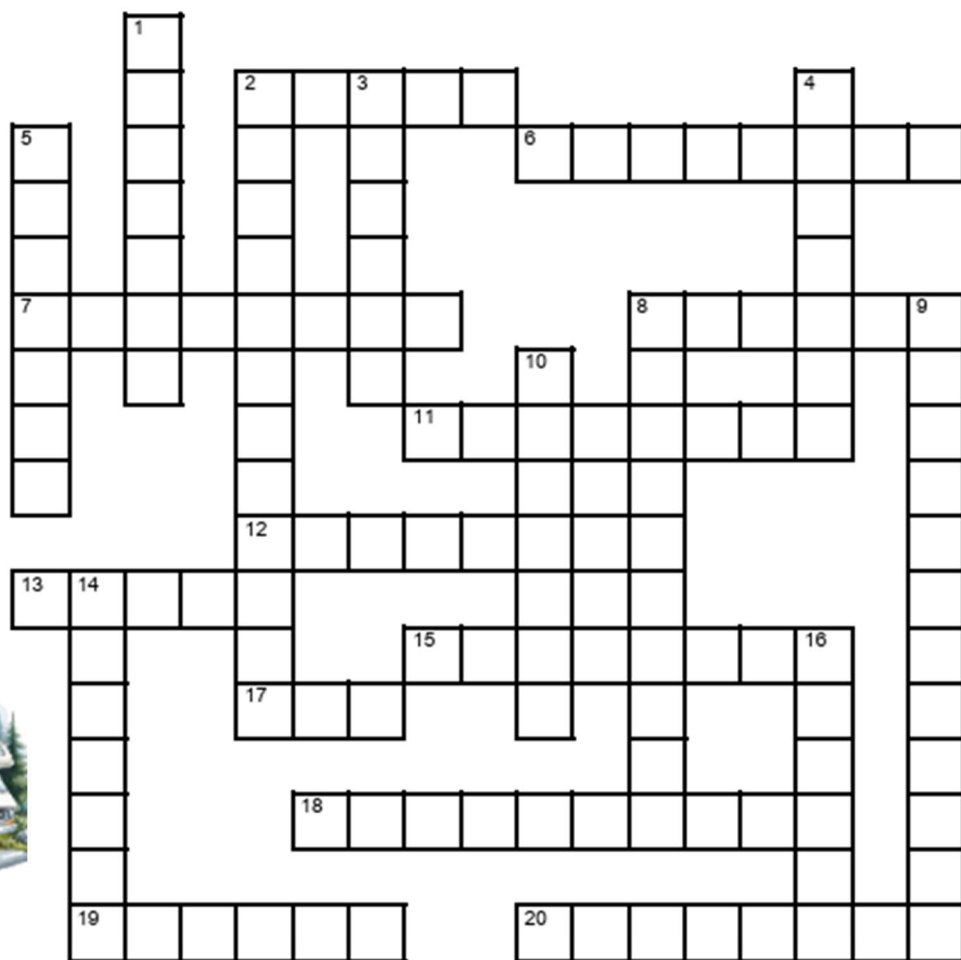
2. Sandy shore for sunbathing and playing
6. Tart and sweet citrus drink
7. Time off from school or work
8. Brightest star in the night sky
11. Cooling off in the pool or ocean
12. Period of very hot weather
13. Zodiac sign for late August birthdays
15. Long car journey for fun
17. Zodiac sign for early August birthdays
18. Large green fruit with pink insides
19. Eighth month of the year
20. Outdoor cooking on a grill



Crossword

DOWN

1. Swinging bed hung between trees
2. Preparing for a new academic year
3. Cooling system for indoor spaces (abbr.)
4. Sleeping outdoors in a tent
5. Gathering ripe crops from fields
8. Warmest season of the year
9. When the moon blocks the sun
10. Noisy insects that buzz in trees
14. Cold brewed beverage
16. Outdoor meal on a blanket



August Word Scramble



aavncoti



hto

nesecsunr

ahceb

icpinc

finigsh

gikhin

CONTACT US

Care Center Main Line:
507-533-4288

Administrator:
507-533-1397

Director of Nursing:
507-533-1389

Human Resources:
507-533-1398

Social Services:
507-533-1395

Dietary Office:
507-533-1388

Activities Department:
507-533-1393

Maintenance:
507-533-1377

Environmental Services:
507-533-1394

HELP US MAKE A DIFFERENCE

VOLUNTEERS NEEDED

Volunteers truly brighten our residents' days, and there are many ways to help—activities, visits, events, and more.

Contact Tammy (Activities): 507-533-1393

ESCORT OPPORTUNITIES

We are also looking for individuals to serve as resident escorts for appointments.

Contact Social Services – Lauren: 507-533-1395

Paid opportunity

Must be 18+

Background study required

FAMILY COUNCIL MEMBERS NEEDED

We are always looking for individuals to join our Family Council. This is a great way to stay involved, share feedback, and support our community.

Contact: Julie Hayes at (507) 533-6025 or (507) 993-7076

STEWARTVILLE CARE CENTER

120 NE 4TH STREET

STEWARTVILLE, MN 55976

Return Service Requested

Non-Profit Organ.

U.S. POSTAGE

PAID

Permit No. 22

Stewartville, MN 55976

