



BIOGRAPHY

Christine Cashen isn't just a speaker—she's a powerhouse of positivity and humor with over two decades of experience captivating audiences. Known for turning everyday moments into laugh-out-loud life lessons, Christine's refreshing insights and unmatched ability to find humor in chaos have earned her a spot among the best in the business.

As a Certified Speaking Professional (CSP) and Certified Virtual Presenter, Christine is one of the elite few inducted into the National Speakers Association CPAE **Speaker Hall of Fame**—a testament to her mastery of both the stage and the screen.

She's also an award-winning author of ***The Good Stuff*** and ***It's YOUR Business***, must-reads for anyone seeking a dose of humor and actionable ideas. With a bachelor's degree in Communication, a master's in Adult Education, and an honorary doctorate from Central Michigan University, Christine blends intelligence with a down-to-earth charm that makes her instantly relatable.

Before hitting the speaking circuit, she worked as a university admissions officer, corporate trainer, and broadcaster. And she's not just about the laughs—Christine is a cancer survivor who knows how to face life's toughest challenges with grit and grace.

Offstage, she's a proud mom of two, wife to a "hottie engineer," and a true inspiration to anyone striving to live their best life.