



Art by Calvary's Youth

YOU CANNOT DO IT ALONE

OCTOBER 4, 2026

WORLD COMMUNION SUNDAY

[JOIN US ON THE CORNER OF FILLMORE & JACKSON](#)

[Click here to watch on our website](#)

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WELCOME

OUR VISION IS TO AMPLIFY A MESSAGE OF LOVE AND JUSTICE THROUGH A GROWING CHRISTIAN COMMUNITY FULLY ALIVE TO ITS CALLING – TRANSFORMING SAN FRANCISCO AND THE WORLD.

DEEPER CONNECTION, ROOTED IN COMMUNITY

Thank you for joining us in worship at Calvary. We recognize that our community and the world suffer from disconnection, division, and a loss of meaning. We seek to respond to those challenges by cultivating a spiritual home where people grow in faith, find belonging, and engage in Christ-centered transformation that reaches beyond our walls, out into the world.

We envision a church where people

- Seek to know God and be on the lookout for awe and wonder
- Speak and live the values God has given us
- Serve and enrich the community around us
- Invite others to walk with us as we follow Jesus

It matters that you are here. Our witness to the world is strengthened when we can build community across our differences and with the unique gifts each person offers. Worship, at its root, is participatory. Your voice, in prayer and song, joins with the voices of others, as an offering to God. "Liturgy"—the words we say together in worship—means "the work of the people." Thankful for the privilege of doing the work together, building deeper connections, rooted in community.



For early and non-readers, icons are included in the left margin throughout the bulletin.



Rev. Marcella Auld Glass *Rev. Joann H. Lee*

Rev. Marcella Auld Glass Rev. Joann H. Lee

Rev. Victor H. Floyd

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Michael Conley

Michael Conley

***The asterisk indicates rising in body or spirit.**

Assisted listening devices are available at the Front Desk, and **large print hymnals** are located in the Narthex (Sanctuary entry).



DAILY LECTIONARY

OCTOBER 4–OCTOBER 10

Sunday: Exodus 14:5-7, 10-14, 21-29; *Parting the Red Sea*

Monday: Exodus 15:1-10; *Moses' Song*

Tuesday: Exodus 15:22-27; *God Provides in the Wilderness*

Wednesday: Exodus 16:1-16; *More Provision: Manna and Quail*

Thursday: Exodus 17:1-7; *Water from the Rock*

Friday: Exodus 17:8-16; *Amalek Is Defeated*

Saturday: Exodus 19:1-25; *Israel Arrives at Sinai*

If you could use a new study Bible, we have some for sale. This is the updated version of the New Revised Standard Version (NRSV) that we have in the pews. Please inquire at the Front Desk.



PRAYER REQUESTS

Prayer boxes are located in the Narthex (Sanctuary entry) and at the Front Desk. The Deacons and Pastors honor confidentiality and pray for each request.

Calvary Deacons

Prayer, Essential Errands, Spiritual Support

Terry Milby, Deacon Co-Moderator

Jared Waterman, Deacon Co-Moderator

Rev. Victor Floyd, Minister of Spiritual Care



Notice of Filming: Most of Calvary's worship services are livestreamed on our YouTube channel and Facebook page. While most of the footage will feature worship leaders, video of the congregation may also appear. If you have concerns, please contact the church office.

October 4, 2026: World Communion Sunday

♪ **PRELUDE** "Communion, Op.148, No. 75" (1861)

Louis James Alfred Lefébure-Wély (1817-1869)

♪ **INTROIT** "Come, All You People"

Alexander Gondo, arr. John Bell

*Come, all you people,
come and praise your Maker,
Come now and worship the Lord.*

👂 **WELCOME**

🔊 **CALL TO WORSHIP**

In a world that remains divided and in conflict, God is inviting us, to make us one.

Today we gather around one table as one body.

What do we find at today's table?

God's love, which endures all things and connects all things.

Let us give thanks to God for making us one.

**We can find unity without uniformity; acceptance without assimilation,
and solidarity without sameness.**

Let us worship together with believers in every time and place.

Let us worship God as one people!

♪ ***HYMN 511** "Come, Behold! the Feast of Heaven"

LLANFAIR

👂 ***CALL TO CONFESSION**

🕯 ***PRAYER OF CONFESSION**

For our failure to feel the sufferings of others,
and our tendency to live comfortably with injustice,

God forgive us.

For the self-righteousness which denies guilt,
and the self-interest which strangles compassion,

God forgive us.

For those who live their lives in careless unconcern,
who cry 'Peace, peace' when there is no peace,

We ask your mercy.

For our failings in community, our lack of understanding,

We ask your mercy.

For the times when we are too eager to be better than others, when we are too rushed to care,
when we are too tired to bother, when we don't really listen,
when we are too quick to act from motives other than love,

God forgive us.

👂 ***ASSURANCE OF PARDON**

♪ ***GLORIA** "Glory to God"

CELESTIAL HARMONY, Michael Conley

Glo - ry to God: the Cre - a - tor, the
Christ, and the Ho - ly Spi - rit; _____ As it was in the be - gin - ning, is
now, and will be for - ev - er, _____ world with - out
end, a - men. Glo - ry - to God. _____



*THE PEACE

The Peace of Christ be with you!

And also with you!

The congregation is invited to share a sign of peace.



PRAYER FOR ILLUMINATION

Holy God, as we read your word, may your Spirit speak through it, that it may be for us the word of life.

Amen.



SCRIPTURE Exodus 18:10-27 (page 57)

The Word of the Lord.

Thanks be to God.



CHILDREN'S MEDITATION

Following the Children's Meditation, children aged infant to 5th grade are invited to walk with their parents down to the Lower Level Sunday Studio and Childcare space. Children may also remain in worship with their families.



ANTHEM "O Come, Let Us with One Accord"

Uriah Davenport (1690-1784)

*O come, let us with one accord
Lift up our voice and praise the Lord;
Let us this morning bless God's name,
And laud and magnify the same.*

*Let universal nature raise
A cheerful voice to give God praise:
Let all the world God's glory sing
Who is their Saviour, God, and King.*

*For by God's word the heavens were made,
The earth's foundation also laid:
All things were done at God's command,
Which through all ages firmly stand.*

*Therefore let heaven and earth agree
To sound God's praise in unity,
And let us here with one accord
Sing Hallelujah, praise the Lord.*

—Psalm 30, adapted by anon.



SERMON "You Cannot Do It Alone"



OFFERING

The ushers will be walking down the aisles with offering plates if you'd like to pass your contribution toward either aisle as they walk by. You may also place your offering in the boxes at the back of the sanctuary.



OFFERTORY ANTHEM "Song of Unity"

Karen Marrolli

*Behold how good and how pleasant it is for people to walk hand in hand.
How precious, how glorious when God's people dwell in unity all through the land.
When the ties that bind us are stronger by far than the walls that can only divide.
Blest be the tie that binds our hearts in Christian love.*

*The fellowship of kindred minds is like to that above!
We share each other's woes, our mutual burdens bear;
and often for each other flows the sympathizing tear.
Hand in hand, side by side, we will build what the darkness would divide!
World of light, world of peace, kingdom where hate and division shall cease!
When, led by the call from above, through words and through actions,
all God's people tell the story of peace and love,
when the roads of compassion and love lead us home,
far away from the wasteland of fear.
God's people choose holding kindness dear!*

*Behold, how good and how pleasant it is for people to walk hand in hand.
How precious, how glorious when God's people dwell in unity all through the land.
When, in wholeness through Christ, we establish a world where the lost have no longer to roam,
where each wandering soul finds a haven of love, embraced like a child at home.*



SACRAMENT OF THE LORD'S SUPPER

THE WORDS OF INVITATION

GREAT PRAYER OF THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

...who forever sing to the glory of your name:

$\text{♩} = 84$

Ho - ly, ho - ly, ho - ly Lord, God of power and might, hea - ven and

heaven and earth are full of your glo - ry. Ho - san - na in the high - est. earth,

Bles - sed is the one who comes in the name of the Lord. Ho -

san - na in the high - est, ho - san - na in the high - est.

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

Our Father who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory, forever. Amen.

THE WORDS OF INSTITUTION**THE COMMUNION OF THE PEOPLE**

At Calvary, all are welcome at the Communion Table. Ushers will invite you to the Communion stations. Please exit your pew from the right, proceed to the station as instructed, receive Communion, and return to your pews. Those who are unable to come forward will be served in their pews by a pastor. Please indicate your desire to be served as the usher approaches. The Communion elements are gluten-free and nut-free.

MEDITATION "Ego Sum Panis Vivus"

G. P. da Palestrina (1525-1594)

*I am the living bread. Your forebears ate manna in the desert yet are not alive;
this is the living bread from heaven: whoever eats it shall have eternal life.*

-John 6:48-50

PRAYER AFTER COMMUNION

Following Communion, Youth (grades 6th-12th) may meet in the 2nd floor lounge area, called The S.P.O.T. (Spiritual, Passionate, Open-minded, Transformative).

♪ ***HYMN 509** "All Who Hunger, Gather Gladly"

HOLY MANNA

♪ ***BENEDICTION**

♪ ***CHORAL BLESSING** "Hallelujah! We Sing Your Praises"

South African song

♪ **POSTLUDE** "Pastorale on HOLY MANNA (All Who Hunger, Gather Gladly)" (1980)

Gordon Young (1919-1998)

LEADING WORSHIP THIS MORNING

Christina Won	<i>Liturgist</i>
Rev. Joann H. Lee	<i>Preaching</i>
Rev. Victor H. Floyd	<i>Assisting</i>
Rev. Dr. Joanne Whitt	<i>Assisting</i>
Michael Conley	<i>Conductor</i>
John Walko	<i>Organist/Pianist</i>
Natalie Ter Agapova	<i>Soloist</i>
Victoria Belova	<i>Soloist</i>
Gabrielle Goozée-Nichols	<i>Soloist</i>
Joachim Luis	<i>Soloist</i>
Jefferson Packer	<i>Soloist</i>
Ben Pattison	<i>Soloist</i>
Michael Villarreal	<i>Soloist</i>
Calvary Chancel Choir	

Pastor Marcella is away from Calvary on sabbatical, returning November 2.

NEXT WEEK IN WORSHIP OCTOBER 11 AT 10AM

Rev. Victor H. Floyd: *Everybody Dance Now*

Exodus 19:3-7; Exodus 20:1-17 Which is more faithful to God's Word: posting the Ten Commandments in a public school, or gyrating our groove things to C+C Music Factory's biggest hit? Let's explore what the commandments are for, and what a handful of people writing new moral code for artificial intelligence might still learn from a mountain 3,000 years ago.



WORLD COMMUNION OFFERING

CONTRIBUTE TO THE WORLD COMMUNION SPECIAL OFFERING (NOW THROUGH OCTOBER 11)

Reconciling God's people at the Table of Grace through ministries of justice.

World Communion Sunday is a day to celebrate worldwide unity and peace. The World Communion Offering works to ensure all God's people flourish as God intends through ministries working for racial justice, gender justice, peacemaking, global witness, and ecumenical and interfaith relations. Thank you for your participation in the World Communion Offering.

Ways to give:

1. Donate online directly to the Presbyterian Church USA at pcusa.org/donate/wc999999-contribute-world-communion-offering.
2. Donate online to Calvary at calpres.org/donate and the funds will be sent to PCUSA (select: World Communion Offering in the Fund dropdown menu).
3. Place a check in the offering plate, payable to Calvary, note: "World Communion" on the memo line.

CALVARY WORSHIP, MUSIC, AND PROGRAM STAFF



The Rev. Marcella Auld Glass, Pastor & Head of Staff
The Rev. Joann H. Lee, Associate Pastor for Community Formation
The Rev. Victor H. Floyd, Minister of Spiritual Care
Michael Conley, Director of Music Ministries
John Walko, Organist
Alison Faison, Director of Children & Family Ministries
Robin Morjikian, Director of Development & Volunteer Ministries
Jeff Smith, Director of Youth Ministries

1 Come, be - hold! the feast of heaven
 2 All is read - y, come at - tend
 3 All who trust in God be - long
 4 As the Lord our God has willed, Al - le - lu - ia!

has to mor - tal flesh been given.
 as the Lord's in - vit - ed friend; Al - le - lu - ia!
 at this ban - quet with this throng.
 here the hun - gry soul is filled;

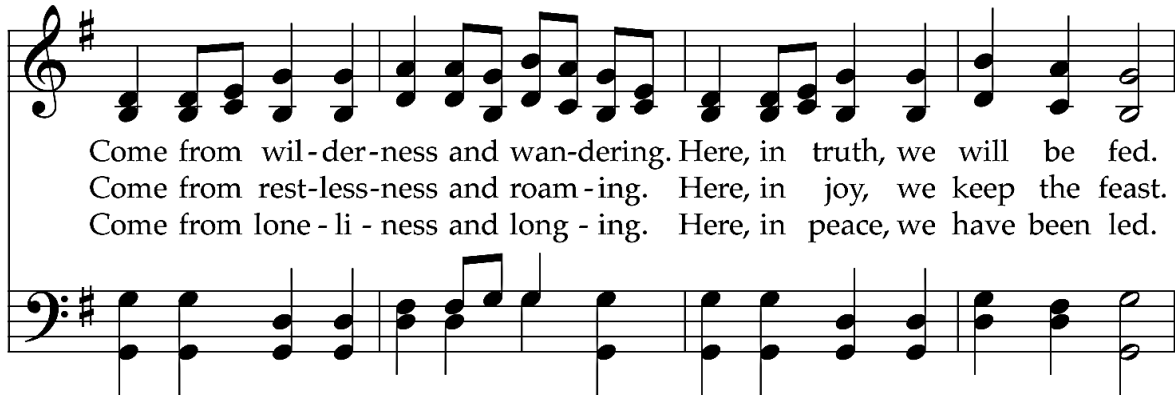
Hear the Word of God de - clared:
 come from north, west, south, and east; Al - le - lu - ia!
 Share the mys - tic ho - ly food;
 here the wea - ry are re - freshed.

"Come! the ban - quet is pre - pared."
 cel - e - brate the joy - ful feast.
 taste and see: the Lord is good. Al - le - lu - ia!
 All who share God's feast are blessed.

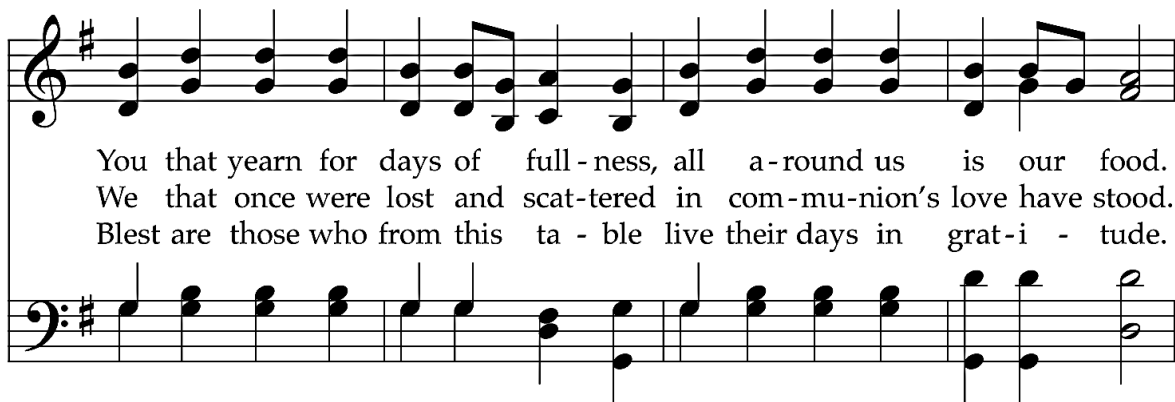
Though rightly viewed as a meal of remembrance, the Lord's Supper is also an occasion of anticipation. This text draws on abundant biblical imagery to evoke the fulfillment of Jesus' promise to share the feast anew "in the kingdom of God" (Matthew 26:29/Mark 14:25/Luke 22:16).



1 All who hun-ger, gath-er glad - ly; ho - ly man-na is our bread.
 2 All who hun-ger, nev-er strang-ers, seek-er, be a wel-come guest.
 3 All who hun-ger, sing to - geth - er; Je-sus Christ is liv - ing bread.



Come from wil-der-ness and wan-dering. Here, in truth, we will be fed.
 Come from rest-less-ness and roam-ing. Here, in joy, we keep the feast.
 Come from lone - li - ness and long - ing. Here, in peace, we have been led.



You that yearn for days of full - ness, all a-round us is our food.
 We that once were lost and scat-tered in com-mu-nion's love have stood.
 Blest are those who from this ta - ble live their days in grat-i - tude.



Taste and see the grace e - ter - nal. Taste and see that God is good.

The United Church of Canada minister who wrote this text was introduced to shape note tunes at the 1990 Hymn Society conference in Charleston, South Carolina. Afterwards she vacationed with friends nearby and worked out this text while humming this tune as she walked up and down the beach.