



### **Our Mission**

### **Our Values**

Living Rock Ministries is a charity reaching out in the cultural language of youth since 1985. Living Rock offers youth a place of belonging, safety and a bridge to the community, while supporting youth to develop a personal vision for their lives.

In pursuit of our mission and vision, Christ has called us to value; justice, compassion, diversity, community and learning.

### **Our Purpose**

#### **OUR VISION IS TO ENGAGE, ENCOURAGE AND EQUIP YOUTH**

Living Rock Ministries has been a safe place of community and support for youth for 39 years. Last year alone, we responded to over 1,800 individuals, serving one of Hamilton's most vulnerable populations: young people aged 13-25 facing challenges such as family loss, poverty, substance misuse, and mental health issues.

Navigating social systems can be overwhelming for young people, especially when it comes to meeting their basic needs for food, education, and shelter. Living Rock Ministries addresses these needs through a comprehensive range of programs and services that offer a continuum of care. Our initiatives support youth and their children, providing opportunities for personal growth, life skills development, and employment training.



### **GOLF TOURNAMENT**



# WE RAISED \$27K NET

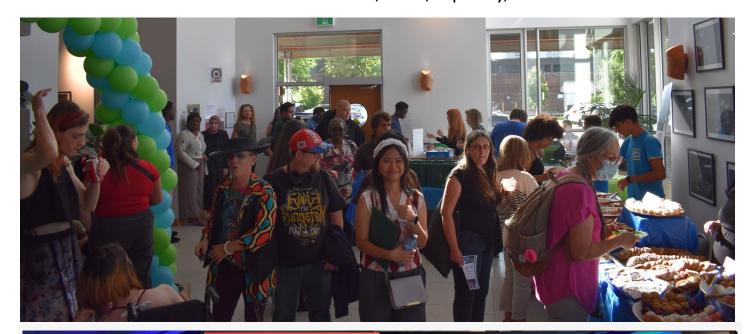


# artset ARTS OF AUGUST

The 22nd Annual Arts of August Grand Finale Showcase at The Gas Works.

We exhibited 89 works of art from 57 young, talented youth artists!

They submitted pieces of visual, literary, photography and performance arts under the themes of Peace, Love, Equality, and Culture.





### **2024 FINANCIALS**

#### Income Breakdown – 2024

Total Income: \$2,066,983

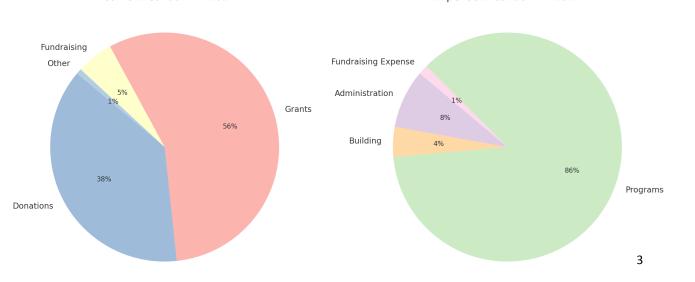
Source	Amount	Percentage
Donations	\$781,446	38%
Grants	\$1,162,154	56%
Fundraising	\$107,582	5%
Other	\$15,801	1%

#### Expenses Breakdown - 2024

Total Expenses: \$2,207,339

Category	Amount	Percentage (rounded)
Administration	\$182,350	8%
Building	\$93,329	4%
Programs	\$1,900,868	86%
Fundraising Expense	\$30,792	1%
Salaries & Benefits	Not Listed	*

Income Breakdown - 2024 Expense Breakdown - 2024



THANK YOU TO THE CITY OF HAMILTON FOR YOUR CONTRIBUTION TO THIS EVENT

### **EXECUTIVE DIRECTOR REPORT**

Jennifer de Vries

In 2024, we witnessed the growing complexity of challenges facing youth in our community. The ongoing affordability crisis, housing instability and rising mental health concerns have made our work more vital than ever.

A key support this year was continued Drop-in funding from the City of Hamilton, which enabled us to remain open seven days a week —Monday to Friday from 9:00am—8:00pm and weekends from 1:00pm—8:00pm. This low-barrier program provides essential services for youth, particularly those who are unhoused or at risk, including access to showers, clothing, food, laundry, and safe respite. Funding also supported our meal programs, and by leveraging resources across all open-access funding streams, we created a safer, more consistent, and more stable environment for youth every day of the week.

While fluctuations in funding and partnerships continue to affect staffing and program capacity, we remain agile and committed. Thanks to the generosity of donors and partners, we were able to sustain key services and respond to changing youth needs with care and flexibility.

We are especially grateful to our dedicated staff and volunteers, whose compassion and commitment make this work possible. As we look ahead to 2025, we remain determined to provide a safe and welcoming space where youth not only meet their daily needs but also find opportunities for growth and greater stability at such a critical time in their lives.

Jennifer deVries, Executive Director

















### Soupfest Stirred up \$53K in support of Youth



Living Rock is so thankful for each sponsor, for every restaurant who donated and prepared 175L of soup, event volunteers and to all who attended.

### OPERATION CHRISTMAS BLESSING



Living Rock's goal was to ensure that all youth and children, who accesses Living Rock had an opportunity to engage in Christmas and holiday celebrations, receive a gift and Christmas food package.

285
YOUTH GIFTS PROVIDED
79
CHILDREN'S GIFTS















### **DIRECTORS REPORT**



**Board Chair** 

Some of you may recall that in 2023 we faced a significant shortfall. Our revised projection for 2025, however, now shows continued improvement, with the possibility of breaking even — which would be a wonderful milestone.

Behind the scenes, much work has been done to ensure these challenges do not affect the day-to-day operations of Living Rock. The Board has been diligent in reducing expenses while also working to increase funding and donations. This ongoing effort by the Directors has helped stem our losses, and I want to sincerely thank them for their tireless and often unseen work.

As a Board, our goal is to have a positive impact without disrupting the daily flow of the ministry — to support Living Rock's vision and mission with steady guidance. We focus on bylaws, policies, financial stewardship, and risk management, all in service of strengthening and sustaining our Christian ministry going forward.

Just as it takes a village to raise a child, it takes a village to sustain an organization like Living Rock Ministries. You — our staff, volunteers, donors, and partners — are that village. Together, you make it possible for Living Rock to carry out its vision and mission.

Mark Corriveau, Living Rock Ministries Board Chair





### **LIVING ROCK MINISTRIES 2024 BOARD MEMBERS**

Mark Corriveau (Board Chair)

Chad Paddock (Secretary)
Ken Jean (Treasurer)

Peter Boushy

Corrie Mulder

**Chris Mantel** 

Jennifer de Vries (Ex Officio)

#### LIVING ROCK MINISTRIES 2024 CHURCH SUPPORTERS

**Ancaster Christian Reformed Church** 

**Bethel Christian Reformed Church** 

Bethel Gospel Tabernacle

Calvary Christian Reformed Church

Calvin (Dundas)Christian Reformed Church

**Ebenezer Reformed Church** 

Fellowship Canadian Reformed Church Deaconry

Flamborough Christian Fellowship

**Forestview Community Church** 

Harmony Baptist Church

Immanuel Christian Reformed Church

Kingsway Lambton UCW

MacNeill Baptist Church

Maranatha Christian Reformed Church

Marshall Memorial United Church

Meadowcreek Community Church

Meadowlands Fellowship CRC

Mission Baptist Church

Mount Hope Community Christian Reformed Church

St. George's Benevolent Society of Hamilton

St. Paul's Presbyterian Church

Trinity Lutheran Church

## THE GATHERING

Unique Participants



SERVING FOOD FOR THE BODY AND SOUL



The vision of Gathering is to share the message of Christ in a way that speaks the cultural language of youth. Each week, Living Rock Ministries hosts a voluntary lunch-time, faith-based Gathering that creates a welcoming space where youth feel a sense of belonging.

Through food, music, and authentic stories of life with God, Gathering offers encouragement.

Through food, music, and authentic stories of life with God, Gathering offers encouragement, hope and a reminder that every young person is valued and not alone.

#### **HIGHLIGHTS & GUEST SPEAKERS**

- •Special guests included the **YWAM Hawaii Team**, Martin Brothers, Mike Gordon, Frank & Jeff from Chaplain United, Rick Joslin, Father Greg, Mina (former Tri-Rocker), and other staff and community leaders.
- •YWAM Hawaii brought music, teaching, and prayer that deeply impacted youth.
- •Martin Brothers and Chaplain's United continue to be youth favorites for their authenticity and relatable stories.
- •Rick Joslin's testimony of transformation resonated deeply and inspired youth.

#### **PROGRAM IMPACT**

- •Music and storytelling were the most impactful tools, sparking conversation and faith exploration.
- •Videos from I Am Second and The Bible Project provided accessible, engaging teaching.
- •GOHOP prayer partnership (weekly prayer, Prayer Truck, and worship) strengthened Gathering and was a great support to the Living Rock team and youth.











## **WELLNESS WORKS**

#### PROMOTING WELLNESS AND CONNECTION FOR PREGNANT & PARENTING YOUTH

#### The Wellness Works Program supports pregnant and parenting youth,

offering critical case management, outreach, and Incentive-based support in both structured and informal settings. It is part of Living Rock Ministries holistic strategy to build resiliency, reduce poverty, and improve outcomes for young families with children ages 0–6.

#### **2024 PROGRAM REACH AND OUTCOMES**



#### Volunteers

9 participated, providing 98 hours of volunteer support



#### **Programs Offered**

4 distinct programs (Stroller Fit, Kitchen Time, Outreach, Case Management Support)



#### **Contact Form / Needs Conversations**

74 parents supported through the program



#### Case Management

19 individual youth supported through 88 appointments



#### **Pregnancies Reported**

25 new pregnancies in 2024



#### **Young Parents Supported** through Outreach

140 individuals (116 female, 20 male, 4 other)



**Direct Supports** (Diapers, formula, baby wipes, clothing) 928







#### **KEY FEATURES INCLUDE:**

- •Crisis pregnancy support in Food Bank & Drop-in
- •Earn-while-you-learn programs (Stroller Fit, Kitchen Time)
- Access to essential parenting resources
- •One-to-one case management & support groups
- Community collaboration via Young Parent Network



### **2024 EMPLOYEES**

Alan Craig (Rev.) \*\*\* Founder & Spiritual Director

Karen Craig (RSW)\*\*\* Co-Founder & Program Director

Jennifer de Vries\*\*\* **Executive Director** Julie Conway\*\*\* **Operations Director** Eudora Benjamin\*\*\* Finance Director

\* Worked only part of 2024

\*\* Completed 5 years or more service

\*\*\* Completed 10 years or more service

Adebimpe Oyewole Food Bank Staff/Youth Support Worker

Andreas Stefani\* TRI-Rock Employment Coach

Relief Staff Ashleigh Bridge\*

Rock Resources Coach/Youth Support Worker **Britto Cyriac** 

Cindy Amberman\* TRI-Rock Program Coordinator

Cynthia MacDonald\*\*\* Youth Support Worker Danielle Hrischenko\* Youth Support Worker Domenic Caruso\* Youth Support Worker

Elizabeth Kirchin\*\* TRI-Rock Support Worker/Open Access Manager

**Grant Hutchings\*\*** Weekend Program Coordinator Hannah Ormond-Jones\* TRI-Rock Employment Coach

Jerra Lindsay Youth Support Worker

Jimeca Atkinson **Rock Resources Coordinator** 

Cook Jacqui Westoby

Kevin Vos\*\*\* TRI-Rock Interim Coordinator & Support Worker & Health & Safety

Kyle Beaty\*\* Chaplaincy Team/Breakfast Program Coordinator/Youth Support Worker

Martin Leong\* Youth Support Worker

Martha Solar TRI-Rock Support Worker/Youth Support Worker

Matthew Junkin\* Youth Support Worker

Melissa Buchner\* TRI-Rock Case Management Coach/Life Skills Coach

Murray Swain Youth Support Worker **Nathan Craig** Youth Support Worker Ryen Mackenzie-Brown Youth Support Worker

Olivia Partridge Evening Program Coordinator/Youth Support Worker

Housing Support/Youth Support Worker Scarlet Williams-Kelly

Stuart Lumsden **Outreach Driver** 

Stephen Harstine **Food Bank Coordinator** 

Val Campbell\*\*\* Wellness Works Program Coordinator

### YOUTH RESOURCE CENTRE

#### **LOW BARRIER DROP-IN SPACE FOR YOUTH 13-25**

ACCESS TO COMPUTERS - SNACKS - STAFF SUPPORT - LAUNDY - SHOWERS - PHONE



894 INDIVIDUAL YOUTH



1,840 **SUPPORTS OFFERED** 

398 **Phone** Access



**2024 Youth Drop-in Visits** 







377



1,940 **Bathroom Access** 





Hamilton

## TRI-ROCK PROGRAM













19



36 Unique Youth

84% of Youth Completed Phase 1 66% of Youth Completed Phase 2

Youth gain 480 hours total work experience in Phase 1







## TRI-ROCK PROGRAM







TRI-Rock seeks to support youth who are underemployed, who have gaps in their resumes, and/or who have difficulty maintaining employment.

The objective of the TRI-Rock Employment Program is to assist youth who are facing employment barriers to prepare for, obtain and maintain employment.

TRI-Rock is an 18 week, full-time, paid employment training program for people aged 18-30.

#### Participants gain:

- Certifications (First Aid/CPR, AODA, WHMIS, Worker Health and Safety Awareness in 4 Steps, Food Handlers, and Smart Serve)
- Employment Readiness Training
- Life Skills Trainings and workshops
- Hands-on experience with janitorial, food services, and administrative work







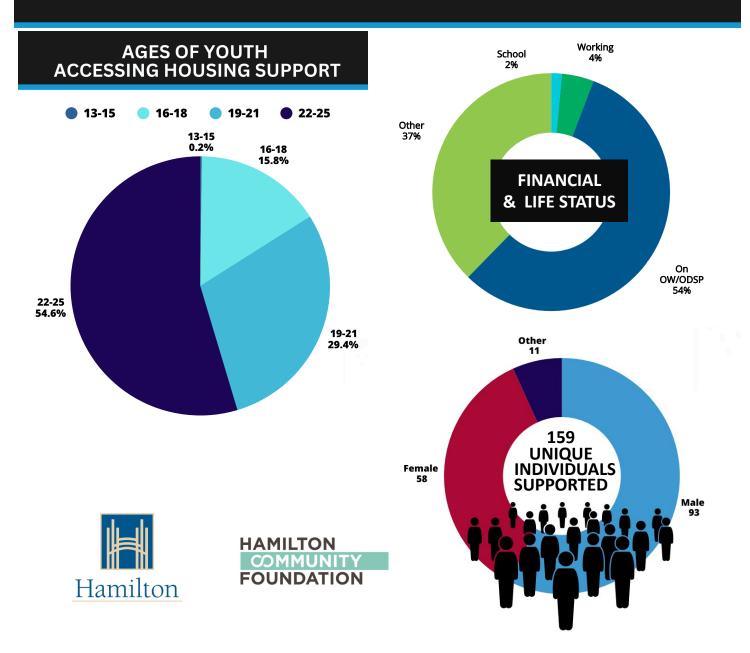








## HOUSING SUPPORT



#### **2024 HIGHLIGHTS:**

- 9 Evictions Prevented through a Pilot Project in partnership with the Hamilton Community Foundation.
- In 2024 there was a increase of 7x more referrals, and 6x more case management sessions, showing the growing demand and successful outreach.
- Housing Needs Remain Urgent Over 60 youth in shelters, and nearly 60 experiencing homelessness.
- Referrals to community services and case management are key to navigating complex youth challenges.
- Youth Aged 19–25 Require Intensive Support Often in crisis or transition, this group represents the core demographic for housing and wellness interventions.

## STACEY'S PLACE

### YOUTH FOOD BANK & THRIFT STORE

In 2024, the Food Bank at Living Rock remained a vital lifeline for youth facing food insecurity.

We recorded **6,481 visits** from **1,444 unique youth**, including **343 pregnant and parenting youth**.

On our busiest day, 77 youth were served in just five hours, highlighting both growing demand and ongoing challenges with space, staffing, and food supply.

In 2024, we tore down walls to create more usable space in the food bank, which decreased wait times while also increasing our time of engagement with youth. This was accomplished by community and volunteer support.

Youth came from diverse backgrounds, with a significant increase in newcomer youth from Syria, Ukraine, Mexico, Afghanistan, and African nations—many between 13–17 years old and needing translation and cultural support.















## ROCK RESOURCES



"I have gained

more confidence

since getting

involved with

Rock Resources.

I feel like I am also

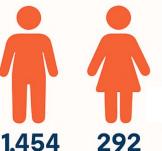
helping at the Rock

and that feels good"





YOUTH PARTICIPATION VISITS BY GENDER







Female Youth, 23





#### **INCENTIVES GIVEN OUT**

- 2,016 GIFT CARDS
- 2,760 BUS TICKETS
- Rock Resource more than doubled its reach in 2024, particularly among females and underrepresented gender groups.
- The program expanded its **support tools**, improved its **tracking systems**, and offered practical supports for **incentives**.
- The **rise in unique participants and work hours requisitioned** suggests the team delivered **more flexible and tailored interventions**.
- 146% increase in youth engaged with the program, indicating greater reach and relevance.

## **ROCK RESOURCES**

Rock Resources supports vulnerable youth through "Work-to-Earn" and "Earn-while-you-Learn" models. Living Rock collaborates with participants to set SMART (Specific, Measurable, Attainable, Realistic, Timely) goals, addressing challenges and dreams such as stable housing, mental health, substance misuse, and positive activities.

In the Rock Resources Program, we celebrate the milestones and goals that youth participants have achieved with incentives such as gift cards and bus tickets. Incentives are offered to help support youth participants basic need while also recognizing the effort made towards their personal development goals.

Rock Resources provides work place training and experience to build confidence and skills for life and the workforce. Experience is related to food services, retail merchandising, inventory control, and cleaning work crews.

Using a "work-to-earn" model, Rock Resources provides incentives for youth to engage in one-to-one weekly meetings with a coach, skill-building workshops, and work crews aimed at preparing them for entry-level employment.

### **WORK-TO-EARN & LEARN**



THANK YOU TO OUR PROGRAM SPONSORS

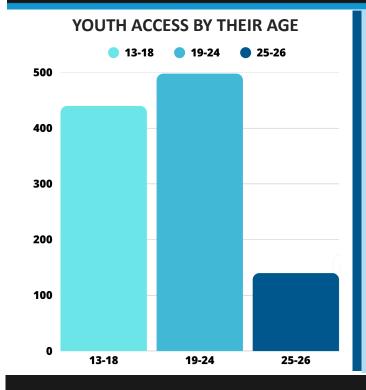








## STACEY'S PLACE









154,390 POUNDS OF FOOD PROVIDED



# GROCERY DELIVERY FOR YOUTH WITH BARRIERS







O 295
UNIQUE YOUTH

The Grocery Delivery Program provides essential food support to youth experiencing barriers such as housing instability, financial hardship, lack of transportation and limited access to nutritious food.

This initiative is designed to meet immediate physical needs while also fostering a sense of dignity, inclusion, and trust.

The program delivers groceries directly to the homes or safe locations of youth, reducing barriers and increasing food security for some of the most vulnerable members of our community.





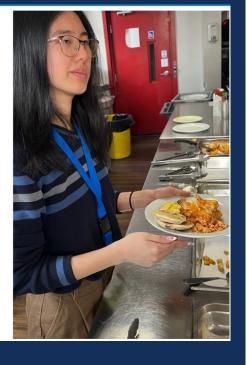


### IT'S A NEW DAY **BREAKFAST PROGRAM**

2024 showed a mixed impact. While more individuals engaged, and internal referrals increased—indicating effective outreach and trust—the overall participation slightly declined, particularly among females and in education-related stats. Program adjustments may be needed to address the drop in female engagement, clothing access, and school attendance, while building on the success of trivia-based engagement and food services.

















## OASIS COFFEE HOUSE **WEEKEND PROGRAM**

#### **# Youth Visits To The Weekend Program**



Male 2,042



**Female** 933



Other **150** 





### **Unique Youth Accessing Weekend Program**



Male 503



254



36



# Items Distributed

244

**Pairs of Socks** 





1,116 Hygiene **Products** 







192 **Showers Access** 











"I know that the Rock will be open on Weekends. I like coming for the food and getting my laundry done." Male, 22

## OASIS COFFEE HOUSE **WEEKEND PROGRAM**

#### Oasis Coffee House Weekend Program For Youth 13-25 Enjoy Great Food, Community, Connection and Fun!

The Oasis Coffee House Weekend Program is filled with opportunities for positive social interaction. Beyond the fun and games, our Weekend Program serves as a place of connection. Our team is ready to support youth with referrals, crisis assistance, access to clothing, showers, laundry machines, and resources. We also offer opportunities to participate in our "work to earn" model, where youth can earn incentives like bus tickets or snacks.

In 2024, Weekend Program expanded to operating Saturday and Sunday from 1pm-8pm

The Oasis Coffee House Weekend Program is a welcoming place for all youth to enjoy a great meal, engaging activities, meaningful connections, and essential support.



### Thank you Kiwanis Club of Hamilton East









### IT'S A NEW DAY **BREAKFAST PROGRAM**





# Youth Visits to the Breakfast Program



Male **Female** 2,625 934



Other 373



#### **# Unique Youth To Accessing Breakfast Program**



Male 280

**Female** 115

Other

Unique

# Items Distributed

235

**Pairs of Socks** 



462 Pieces of **Clothing** 

Hygiene **Products** 



**Work Crews** Offered



Showers Access

1,100 **Bus Tickets & Incentives Earned** 





It's A New Day Breakfast Program provides a safe space where youth can build connections, find belonging, and receive assistance tailored to their needs. Our program goes beyond providing physical sustenance; it's a place of community and connection where youth can access crisis supports, housing support and linkages to other community resources.

## **OASIS COFFEE HOUSE EVENING PROGRAM**

Oasis Coffee House Evening Program For Youth 13-25 Enjoy Great Food, Community, Connection, and Fun!



## **OASIS COFFEE HOUSE EVENING PROGRAM**

### **2024 IMPACT**

#### **Unique Youth Accessing Evening Program**



Male 4,026



**Female** 1,489



Other 373





#### **# Youth Visits To The Evening Program**



Male 310

185



**Female** 175



**17** 









Pairs of Socks

**756 Pieces of Clothing** 







**Showers** Access



















