

Sartell Soccer Association – Pinecone Central Park Emergency Action Plan (EAP)

1105 Central Park Blvd, Sartell, MN 56377

Medical Emergency

Reasons to Activate the Medical EAP:

- Any loss of consciousness or collapse
- Possible spine injury
- Difficulty or absent breathing or pulse
- Open fracture (bone visible through the skin)
- Displaced fracture (visible deformity of the bone with skin intact)
- Uncertainty if you have a medical emergency

Do not move the athlete unless they are in danger of further injury.

Emergency Procedures:

Step #1: Call 9-1-1. Designate someone to call 9-1-1, meet the ambulance, and direct to the appropriate site. Provide the following:

- *Caller's name*
- *Information about the injury*
- *Address: 1105 Central Park Blvd, Sartell, MN 56377*
- *Field Number: (see map on the reverse page)*

Stay on the phone and be the last to hang up.

Step #2: Designate people to complete the following tasks:

- **Person 1.** Retrieve the portable Automated External Defibrillator (AED) and bring it to the patient. The AED location is: *To the right of the ordering window at Mr. Twisty*
- **Person 2.** Retrieve the student-athlete's emergency contact card and contact the parents.
- **Person 3.** Clear the area for quick EMS access.

Step #3: The most qualified person (health care training/certification) will stay with the athlete and provide immediate care.

- Assess the victim's airway, breathing, and circulation (ABCs)
- Initiate CPR, if needed, while the AED is brought to the scene or EMS arrives
 - *Hands only CRP at a minimum, 100 compressions per minute*
- Place the AED near the athlete's head and follow the instructions for pad placement and voice prompt for shocking
 - *Stay clear while AED analyzes heart rhythm and during shock administration*
 - *Resume CRP if no shock is advised*
- Upon arrival, EMS will take charge of the athlete. Provide the following:
 - *Name*
 - *Age*
 - *Known medical problems*
 - *Time of incident*
 - *Number of shocks administered*

Step #4: Complete an incident report and contact the Director of Coaching, Roy Snyder.

Weather Emergency (MYSA Severe Weather Policy)

- If a severe storm approaches the playing area the game may be suspended while shelter is sought. In the event the game is suspended, ALL participants MUST clear the field immediately and move into their cars or other permanent shelter.
- If there is visible lightning or audible thunder, the game must be suspended and all participants are expected to seek shelter. Games cannot be resumed until 30 minutes passes without the presence of lightning or thunder.
- In the event of National Weather Service warning (i.e. tornado warning) games must be suspended immediately and everyone must seek shelter.

Possible Shelter Options:

- Mr. Twisty (limited capacity)
- Three Tees (Right on Pine Cone Rd for 500 ft)
- Holiday Station (Right on Pine Cone Rd for 0.1 mi)
- Sartell Police Dept. (Right on Pine Cone Rd for 1.6 mi)

Police Emergency (advice from Sartell PD)

Suspicious Person – “someone that looks out of the ordinary” (*not based off of race, creed, ethnicity, etc.*)

Examples: Someone wearing a heavy coat in 90-degree weather; Someone taking photos of children and doesn't appear to have kids participating and doesn't appear to be from the press. Remember to trust your gut.

- If you suspect something and it's not an emergency, call the Sartell PD's non-emergent at (320) 251-8186
- If it is an emergency, please call 911

Violent Intruder - "someone's sole purpose is to harm people"

Example: Seeing that same suspicious person and they have a weapon

Protocol:

- Run, Hide, Fight (These are not linear, do what the situation calls for.)
- If you are too close, you may need to fight the suspect
- Otherwise creating distance (run) is appropriate
- If you can't get away and don't have to fight, hiding is appropriate

Sartell Soccer Association – Pinecone Central Park Emergency Action Plan (EAP)

1105 Central Park Blvd, Sartell, MN 56377

Pinecone Central Park
1105 Central Park Blvd, Sartell, MN 56377



Denotes location of the AED



Denotes ambulance meeting point (GPS Coordinates: 45.636584, -94.230101)