EXECUTIVE SUMMARY

Community Health Needs Assessment

2026

Pomerene Hospital
Holmes County, Ohio

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Board Adopted: October 22, 2026

Listening to Holmes County

Pomerene Hospital conducted this Community Health Needs Assessment (CHNA) to better understand the health needs of residents in Holmes County, Ohio, and to guide community benefit planning and resource allocation. The assessment combines publicly available health data with direct input from community stakeholders and partners.

Understand

Identify the most pressing local health concerns

Guide

Direct community benefit dollars where they matter most

Partner

Strengthen ties with community organizations



Holmes County, Ohio

OUR APPROACH

The CHNA Process

01

Survey the Community

Gather voices from residents, leaders, and providers

02

Analyze the Data

Combine public health data with hospital utilization

03

Determine Priorities

Identify the most significant health needs

04

Create & Implement

Build an action plan with community partners

Guided by

Health statistics & trends · Hospital usage & patient locations · Community member engagement

COMMUNITY SNAPSHOT

Demographics & Socioeconomic Factors

45,197 Total population *2026 estimate*	**14.8%** Population age 65+ *2025*	**39.1%** Non-English at home (age 5+) *2024*	**80%** Owner-occupied housing *2025*
9.26% Persons in poverty *2026*	**$48,891** Per capita income *2026*	**58.8%** HS graduate or higher *2020-2024*	**32%** Uninsured under 65 *2026*

Source: Public health data and U.S. Census, 2024–2026

Provider Availability & Utilization

73.7%

Adults (18+) with a doctor visit in the past year

2022

1 : 4,400

Primary care physician ratio (MD/DO) to residents

2025

18 per 100k

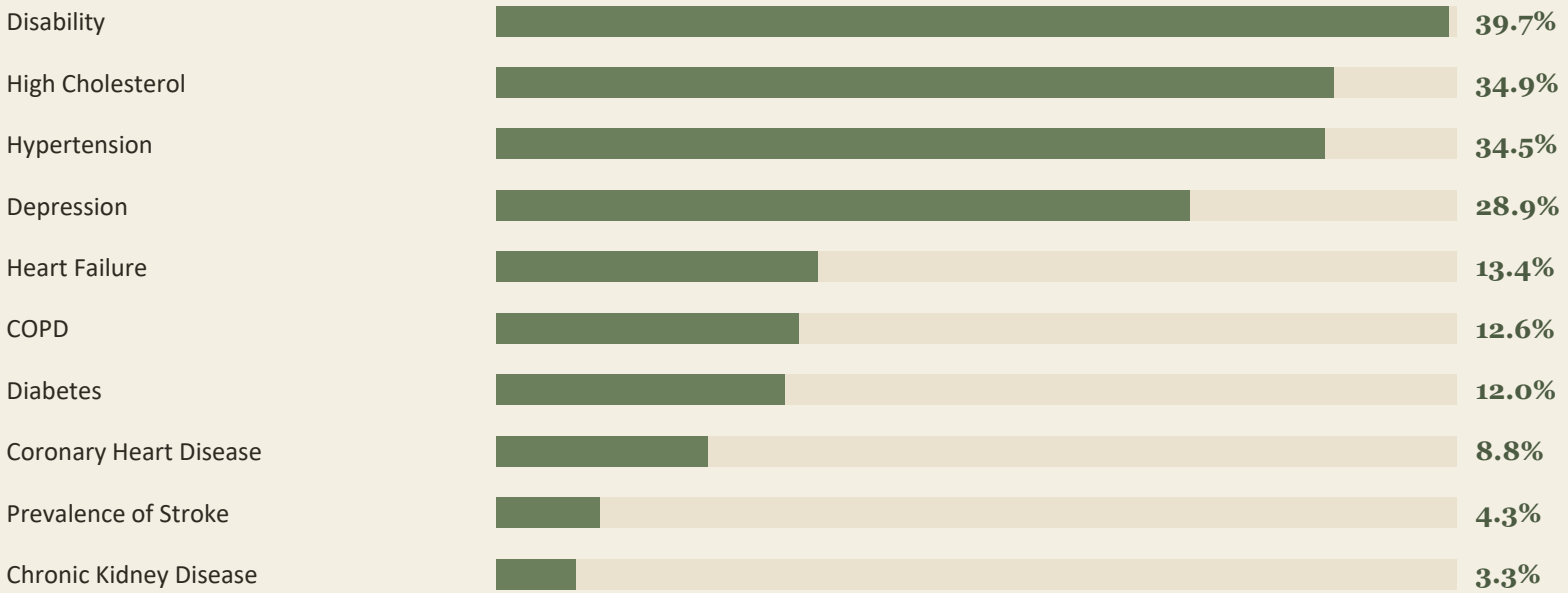
Mental health provider rate

2025

Long distances and provider shortages limit rural care access



Prevalence Among Holmes County Adults



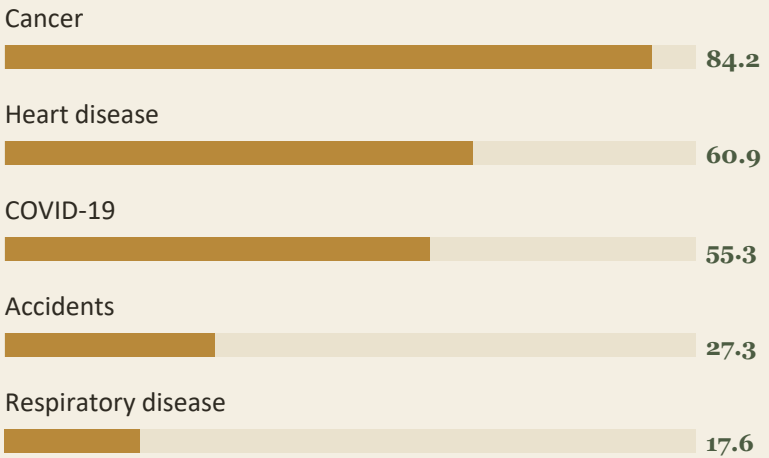
Most prevalence figures span 2018–2022 data.

Health Behaviors and Leading Causes of Death

Health Behaviors & Risk Factors

Annual mammography (women)	42%
Adult obesity	38.2%
Physical inactivity	33%
Adult smoking	22%
Excessive drinking	19%
Binge drinking (18+)	18.7%
Sedentary adults	17.9%
Mentally unhealthy days / mo	6.6

Leading Causes of Death (rate, 2024)



79 yrs life expectancy

9% alcohol-impaired driving deaths

COMMUNITY VOICE

What We Heard and What We'll Prioritize

Survey & Stakeholder Input

78 Community survey respondents

69 Key stakeholder interviews

120 Amish community focus group respondents

Priority Needs Identified

1 **Chronic Disease**
66% cited a chronic disease concern

2 **Mental Health**
59% cited mental health or stress

3 **Access to Care**
41% cited access to doctors or clinics

L O O K I N G A H E A D

Community Health Implementation Plan

These findings shape our implementation strategies and future community partnerships across Holmes County.

Needs not selected as priorities are acknowledged and may be addressed through community partnerships or future initiatives.

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Chronic Disease

- Expand primary care case management
- Evaluate holistic and lifestyle care delivery models
- Explore wellness and direct-access clinics supporting a healthy county workforce

Mental Health

- Pursue partnerships and referral pathways with mental health providers
- Explore tele-mental health options

Access to Care

- Optimize scheduling practices
- Pursue tele-specialty care within primary care
- Build a rural recruiter toolkit
- Improve domestic referral pathways and ease of use
- Expand direct access care when appropriate