



God's love knows no barriers. St. Pascal's...where all people matter.

Welcome! We hope you enjoy your time with us. Whether you are just visiting, looking for a parish home or a member of our parish community, it's great to have you with us. Whatever your life circumstances, wherever you have been or whatever has happened in your life, you are welcome here.

AUGUST 02, 2026 | EIGHTEENTH SUNDAY IN ORDINARY TIME

OUR STAFF

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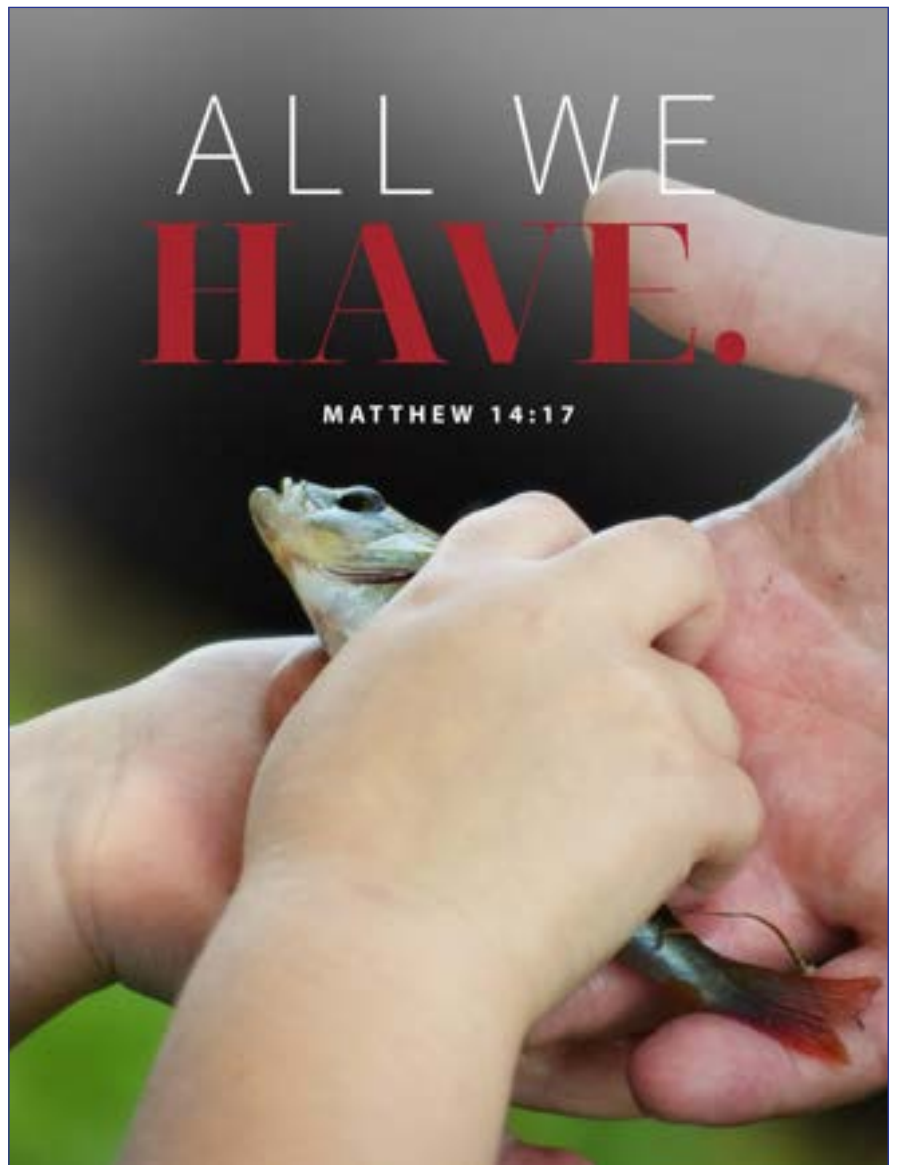
Welcome Desk

Fletcher Tate | ext 120
fletcher.tate@stpascals.org

PARISH OFFICE SUMMER HOURS

Monday – Thursday from 9:00 AM – 3:00 PM
Closed Friday through August 28
Holiday hours as announced

After-hours pastoral emergency:
651.774.1585 and dial 1.



Mass Times

Saturday 4:30 PM | Sunday 8:45 & 10:30 AM (ASL) | Tuesday through Friday 8:00 AM

1757 Conway Street | Saint Paul, Minnesota 55106 | 651.774.1585

www.stpascals.org | church@stpascals.org

FROM THE PASTOR'S DESK:

This weekend, we welcome Father Tim Birney, a priest from the Archdiocese of Detroit. He will speak about the work of Unbound, a lay Catholic sponsorship outreach that helps children and the elderly in 16 developing countries. To learn more, visit Unbound online at unbound.org. Father Birney has served as pastor and associate pastor in the Archdiocese of Detroit and has led four World Youth Days to Rome, Cologne, Toronto and Sydney. As Director of priestly vocations, he led 3 pilgrimages for men discerning the priesthood: two Camino de Santiago and one to France, each walking in the footsteps of the saints. He enjoys inspirational movies, traveling, reading (history & classic literature), hiking in the Smoky Mountains, family, and time with friends.

Come join us for our National Night Out gathering in the church parking lot on Tuesday, August 4, from 6:00-8:00 PM. The event is a great way to meet our neighbors and enjoy food, fun, music, and free prizes from local businesses and the parish community.

Looking ahead to August 14-15. For the Solemnity of the Assumption of the Blessed Virgin Mary, we will celebrate Mass on Friday, August 14 at 6:30 PM and Saturday, August 15 at 8:00 AM. Come join us!

Order of Christian Initiation of Adults (OCIA). Since the time of the apostles, becoming a Christian has involved a journey and an initiation process in several stages. This journey culminates in full union with the Mystical Body of Christ with the reception of the Sacraments of Initiation (Baptism, Confirmation, and Eucharist) at Easter. Today the process itself is called the Order of Christian Initiation of Adults and takes place within the entire community of the faithful. The OCIA process is intended for people seeking baptism or full communion with the Catholic Church. Are you someone, or do you know someone, who...

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experiences of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and the Eucharist. There are separate sessions for children or youth. You are welcome to participate in the process with your questions, your insights and your faith story in a warm, accepting setting. For information, contact Kim Roering in the parish office at kim.roering@stpascals.org (651.432.4958).

Prayer Intention of Pope Leo for August 2026: *For evangelization in the city.* Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

God Bless You,

Father John Mitchell

A New Choir Year Is Set to Begin

St. Pascal's music ministry invites you to take your place in the choir. Studies say that singing together is good for the human spirit—grow your voice, your ministry, and be a part of a delightful group of women and men.

First Rehearsal: Wednesday, September 9, from 6:30 - 8:30 PM

We rehearse every Wednesday and sing at Mass approximately twice each month. If you have any questions or have been thinking about joining the choir, please give Emily a call at 651.432.4956. *No audition necessary.*

— SOCIAL JUSTICE & CARING —

Donation Closet: August 2026

Fishes and Loaves Food Shelf

During the month of August, canned goods will be collected for Fishes and Loaves Food Shelf at Progressive Baptist. Items needed:

- Chili
- Tuna
- Chicken
- Soup

IMPORTANT: Please check expiration dates and only donate items that are not expired in consideration of those who will receive the food. Food will be collected through August 30 and can be placed in the donation closet off the coat room. *Thank you to all who contributed to the Merrick Community Services Backpack Drive during July.*

Opportunities to Learn and Serve

Merrick Community Services is seeking volunteers for their Backpack Giveaway on August 20. For more information and to sign up, go to merrickcs.org/ninja-forms/596j6c/.

Beacon Interfaith Housing

Beacon hosts "Rent Is Due," a monthly advocacy meeting on the first Wednesday of every month from 8:30 – 9:00 AM. In this 30-minute Zoom meeting, Beacon provides updates on the issue campaigns they are working on to advance supportive housing and gives action steps you can take to advance the work. You will receive the Zoom Link after registering. For more information and to sign up go to beaconinterfaith.org/events/.

Faithful Citizenship and Catholic Social Teaching

As the midterm elections approach, the bulletins from August 2 - September 6 will include inserts on Forming Consciences for Faithful Citizenship published by the USCCB. The Archdiocese also has a guide to the 2026 elections at archspm.org/a-catholic-guide-to-the-2026-elections/.

Beginning in mid-September, a four-week series will be held at St. Pascal's exploring the themes of Catholic Social Teaching and how they can be applied to thoughtful voting. Dates and more details to come.

— IN CHRIST WE LIVE FOREVER —

Please remember in your prayers...

William "Bill" Daly

who was recently buried from our church. We extend our sincere sympathy to his family and friends, and pray for his soul's eternal peace.

MASS TIMES & INTENTIONS

Tuesday, August 04

8:00 AM + Dean Larson

Wednesday, August 05

8:00 AM The people of the parish

Thursday, August 06

8:00 AM The people of the parish

Friday, August 07

8:00 AM Men's Club

Saturday, August 08

4:30 PM + Mary Barnes

Sunday, August 09

8:45 AM + Georgine Misukanis

10:30 AM The people of the parish

READINGS FOR THE WEEK OF AUGUST 02, 2026

Sunday:

Is 55:1-3 / Ps 145:8-9, 15-18 / Rom 8:35, 37-39 / Mt 14:13-21

Monday:

Jer 28:1-17 / Ps 119:29, 43, 79-80, 95, 102 / Mt 14:22-36

Tuesday:

Jer 30:1-2, 12-15, 18-22 / Ps 102:16-23, 29 / Mt 14:22-36

Wednesday:

Jer 31:1-7 / (Ps) Jer 31:10-12b, 13 / Mt 15:21-28

Thursday:

Dn 7:9-10, 13-14 / Ps 97:1-2, 5-6, 9 / 2 Pt 1:16-19 / Mt 17:1-9

Friday:

Na 2:1, 3; 3:1-3, 6-7 / (Ps) Dt 32:35c-36b, 39abcd, 41 / Mt 16:24-28

Saturday:

Hb 1:12-2:4 / Ps 9:8-13 / Mt 17:14-20

Next Sunday:

1 Kgs 19:9a, 11-13a / Ps 85:9-14 / Rom 9:1-5 / Mt 14:22-33

GOOD TO KNOW

Sacramental Information

Reconciliation: Saturday from 3:45-4:15 PM or contact Fr. John. Communal celebrations as announced.

Baptism: One pre-baptismal session is required. To register for a session or to schedule a celebration, call the parish office.

Marriage: Arrangements must be made with the pastor at least six months in advance of the desired date.

Parish Communication

Bulletin Notices

Due 5:00 PM Monday to thea.munoz@stpascals.org

Mass Announcements

Due 12:00 PM Tuesday to keri.mader@stpascals.org

Parish Prayer Line

Mary Butler-Levine: 651.735.0004

Parish Councils

Parish Pastoral Council: Anne Weyandt, Chair

Parish Finance Council: Jeanne Brino, Chair

THE WEEK AHEAD

Sunday, August 2

No scheduled events

Monday, August 3

No scheduled events

Tuesday, August 4

6:00pm National Night Out: Flandrau Lot

Wednesday, August 5

8:30am Rosary: Church

Thursday, August 6

No scheduled events

Friday, August 7

Parish office closed

8:30am First Friday Social: Brioschi Hall

Saturday, August 8

No scheduled events

Sunday, August 9

11:30am Women's Club Leadership Meeting: Founders Room

COMING UP IN THE PARISH

The St. Pascal's Women's Book Club

Monday, August 10 at 2:00 and 7:00 PM

We meet on the 2nd Monday of each month in the Staff Lounge, located near the Conway entrance. All parish women are invited to join either group for its monthly discussions. Come as often as your schedules and interests allow. This month, we'll discuss *The Heaven and Earth Grocery Store* by James McBride.

Next month, on September 14, we will share thoughts about *The Glass Girl*, a young adult novel by Kathleen Glasgow. The story follows 15-year-old Bella as she navigates grief, family struggles, and addiction, using alcohol to cope with pain and entering a challenging rehab program.

Mark your calendars—don't miss this exciting parish event!

Fall Festival is Sunday, September 27, 11:30 AM - 3:30 PM

Join us for a delicious homemade Lasagna dinner (dine-in or take-out) and buy dessert from the Sweet Shop! Play a few games of Bingo! Check out the handmade items for sale in the Craft Boutique and the treasures at the Jewelry Boutique! Have fun with the new Children's Activities and take a chance on winning your favorite Theme Basket or big money at the Cash Raffle!

Theme Baskets: Do you have large empty baskets that could be used to create a Theme Basket? If so, please leave them in the Donation Closet. If you have questions, contact Carla Hibbison at carla.hibbison@gmail.com (651.900.3180).

Craft Boutique: We'd love to share your handiwork! Donations of handmade items will be sold to Festival attendees (all proceeds go to St. Pascal's). Make one item or a dozen using yarn, fabric, paper, paint, clay, wood or other material. Candies, jellies, and jams are welcome! If you have questions, contact Sue Kubiak at suekubiak@gmail.com (651.771.9085).

ST. PASCAL REGIONAL

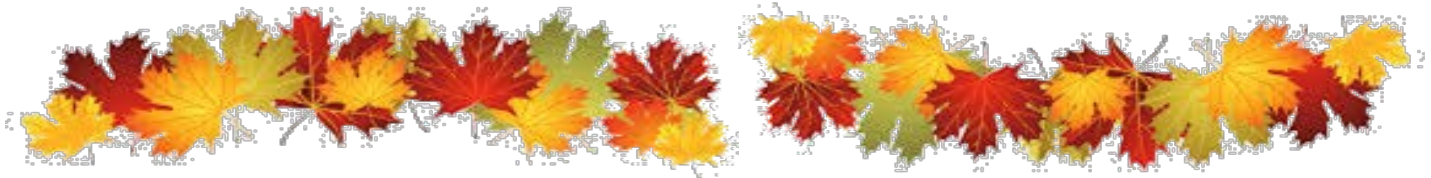
AN ASCENSION CATHOLIC ACADEMY SCHOOL

We're hiring for the 2026-27 School Year. Join our mission.

We have various openings in our K-8th grade program and the Early Childhood Learning Center (ECLC). See details and apply at careers.archspm.org. Search on "Ascension".

Enroll For 2026-27

It's time to enroll for the next school year. Families can enroll or re-enroll their children at stpascalschool.org/enroll/.



THE FALL FESTIVAL IS COMING! Sunday, September 27 TIME TO START CREATING THEME BASKETS!

Create a basket around any theme you like—the only limit is your imagination!



FEELING CREATIVE?

Here are some ideas to get you started...

Kids Crafts | Outdoor Fun | Grilling | Board Games | Handyman | Home Décor
Art | Music | Car Wash | Movies | Sports | Craft Supplies | Wine | Chocolate | Spa
Cat/Dog Lover | Books | Cooking/Baking | Superheroes | Princesses | Legos | Toys
Gardening | Knitting | Food | Halloween | Christmas | Faith and more!

Don't have a basket? No worries!

Pick a theme, and gather items on that theme in a grocery bag. Leave the bag in the Donation Closet (marked Theme Baskets) and we will make the basket for you!!

LACKING TIME OR CREATIVITY BUT WANT TO HELP?

- Ask your employer or other business owner to donate a gift basket with their products or a gift card for their services. Please include their contact information, so we can add them to our list of sponsors.
- A **Donation Tree** will be in the Gathering Space after Masses next weekend. Just take a leaf from the tree and return it with a gift card or cash donation.

Theme Baskets will be on display in the Gathering Space and tickets will be available for purchase after all Masses beginning September 12th.

Have a question? Contact Carla Hibbison at 651.900.3180 or carla.hibbison@gmail.com

Introductory Note



Let us look to the example of the Good Samaritan. Jesus' parable summons us to rediscover our vocation as citizens of our respective nations and of the entire world, builders of a new social bond. This summons is ever new, yet it is grounded in a fundamental law of our being: we are called to direct society to the pursuit of the common good and, with this purpose in mind, to persevere in consolidating its political and social order, its fabric of relations, its human goals.

(Pope Francis, *Fratelli Tutti*, no. 66)

As Catholics and Americans, we are blessed to be able to participate in our nation's political and public life. Our freedoms respect the dignity of individuals and their consciences and allow us to come together for the common good. Election seasons, therefore, should contain a sense of gratitude and hope. Our love for this country, our patriotism, properly impels us to vote.

But increasingly, it seems, election seasons are a time of anxiety and spiritual trial. Political rhetoric is increasingly angry, seeking to motivate primarily through division and hatred. Fear can be an effective tool for raising money. The most heated arguments online often get the most clicks. Demonizing the other can win votes.

We propose once more the moral framework of *Forming Consciences for Faithful Citizenship* precisely as pastors, inspired by the Good Samaritan, with the hope of binding these wounds and healing these bitter divisions. This document is not based on personalities or partisanship, the latest news cycle, or what's trending on social media. Instead, it reflects the perennial role of the Church in public life in proclaiming timeless principles: the infinite

worth and dignity of every human life, the common good, solidarity, and subsidiarity. Not sure what these mean? We invite you to read a copy of *Forming Consciences for Faithful Citizenship* and learn more.

Allowing your conscience to be stretched and formed by these reflections can give you peace! They point to Jesus' challenge to show mercy to those in need, just as the Good Samaritan. As Pope Francis writes, "Here, all our distinctions, labels and masks fall away: it is the moment of truth. Will we bend down to touch and heal the wounds of others?" (*Fratelli Tutti*, no. 70). Let this be in our hearts when we talk about politics and make political choices.

Some might be tempted to say: yes, of course, we will be the ones who help by promoting good and opposing evil. But when confronted with so much good at risk and so much evil, it is a great challenge to avoid fear and anger. The threat of abortion remains our pre-eminent priority because it directly attacks our most vulnerable and voiceless brothers and sisters and destroys more than a million lives per year in our country alone. Other grave threats to the life and dignity of the human person include euthanasia, gun violence, terrorism, the death penalty, and human trafficking. There is also the redefinition of marriage and gender, threats to religious freedom at home and abroad, lack of justice for the poor, the suffering of migrants and refugees, wars and famines around the world, racism, the need for greater access to healthcare and education, care for our common home, and more. All threaten the dignity of the human person.

So *precisely how* we promote good and oppose evil is an essential part of answering the Lord's call, of being a disciple. As St. Paul reminds us:

Never let evil talk pass your lips; say only the good things men need to hear, things that will really help them. Do nothing that will sadden the Holy Spirit with whom you were sealed against the day of redemption. Get rid of all bitterness, all passion and anger, harsh words, slander, and malice of every kind. In place of these, be kind to one another, compassionate, and mutually forgiving, just as God has forgiven you in Christ (Eph. 4:29-32).

Thus, Pope Francis exhorts us to “genuine dialogue and openness to others,” by which we may “be frank and open about our beliefs, while continuing to discuss, to seek points of contact, and above all, to work and struggle together” (*Fratelli Tutti*, no. 203). This applies to the faithful both as voters and as candidates—we must consider not only candidates’ positions on these issues, but their character and integrity as well.

How can we meet this challenge? Again, St. Paul gives us a way: Put on “the mind of Christ” (1 Cor. 2:16). Take time away from social media and spend time with Holy Scripture and the Blessed Sacrament. Turn off the TV and the podcast, and listen in silence. Volunteer at a soup kitchen, a homeless shelter, a crisis pregnancy center. Serve the poor, the needy, the outcast. Pray often, letting faith inform your political participation.

Participation in political life also requires judgments about concrete circumstances. While the bishops help form the laity in accordance with basic principles, they do not tell the laity to vote for particular candidates. On these often complex matters, it is the laity’s responsibility to form their consciences and grow in the virtue of prudence to approach the many and varied issues of the day with the mind of Christ. Conscience is “a judgment of reason” by which one determines whether an action is right or wrong (see *Catechism of the Catholic Church*, no. 1778). It does not allow us to justify doing whatever we want, nor is it a mere “feeling.” Conscience—properly formed according to God’s revelation and the teaching of the Church—is a means by which one listens to God and discerns how to act in accordance with the truth.¹ The truth is something we receive, not something we make. We can only judge using the conscience we have, but our judgments do not make things true.

It is our responsibility to learn more of Catholic teaching and tradition, to participate in Church life, to learn from trustworthy sources about the issues facing our communities, and to do our best

to make wise judgments about candidates and government actions.

We must also seek wisdom, as Holy Scripture instructs:

Wisdom from above is first of all innocent. It is also peaceable, lenient, docile, rich in sympathy and the kindly deeds that are its fruits, impartial and sincere. The harvest of justice is sown in peace for those who cultivate peace (Jas. 3:17-18).

The teachings of the Church, moreover, offer a vision of hope, where justice and mercy abound, because God is the infinite source of all goodness and love. With this wisdom and hope, we can find a way to bend down as the Good Samaritan did, through the fear and divisions, to touch and heal the wounds.

May God bless you as you consider and pray over these challenging decisions. May God bless our nation with true wisdom, peace, and mutual forgiveness, that we may decide together, through our democratic processes, to uphold the dignity of life and the common good.

This bulletin insert along with five others was approved by the body of U.S. bishops in November 2023. Find this and more complementary resources at www.faithfulcitizenship.org.

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¹ *Gaudium et Spes* (*The Church in the Modern World*), no. 16. See also, *Catechism of the Catholic Church*, no. 1785.

help a child

When you sponsor through Unbound, you help a child and family achieve their God-given potential. You walk with them on their path out of poverty.

encourage a youth

Getting an education can be especially hard for young people faced with poverty. Your support provides financial resources and encouragement. It says, "I believe in you."

befriend an elder

Elders often experience challenges related to nutrition, health and social isolation. Your support helps an elder with needs like food, health care, home visits and group activities.

sponsor today

We're all part of one human family created in God's image. As a sponsor, you'll get the satisfaction of knowing you're living your faith as part of a caring community. You'll learn about your new friend from letters and photos, and you can write and send photos, too!

I want to sponsor:

- ☐ Any child ☐ Girl ☐ Boy ☐ Youth ☐ Elder
☐ I would like to contribute through my bank account or credit card (see reverse).
☐ Enclosed is my first monthly contribution of \$45.
(Please do not send cash. Make checks payable to Unbound.)

Name

Address

City State Zip Code

Mobile phone () Email

(We'll only call or text you with important updates.)

Parish



You can also sponsor online at unbound.org, call (800) 875-6564 or scan the QR code.

MAIL TO:

Unbound, P.O. Box 660005, Dallas, TX 75266-0005



UNBOUND

"I hope to achieve the goals that I want by helping others and helping to make the world a better place. It's a big task but I want to take it one day at a time ... one person at a time."

— Mai Whelan, Unbound sponsor



To select someone to sponsor, visit the information table after Mass, scan the QR code or call (800) 875-6564.



WHO WE ARE

Unbound is an international nonprofit founded by lay Catholics and grounded in the Gospel call to put the needs of the marginalized and vulnerable first. We build relationships of mutual respect that bridge cultural, economic and religious divides. We work side by side with people of diverse faith traditions in Africa, Asia and Latin America.

HOW WE WORK

We believe the surest path out of poverty is a self-directed one. Sponsored individuals and families use your support to work toward goals like education, dignified housing, better nutrition and developing livelihoods. Mothers lead the way in our programs through active participation in small groups. From accessing microloans to starting small businesses and forming their own credit cooperatives, mothers are creating paths to self-sufficiency for their families.

HIGHLY RATED STEWARDSHIP

Our commitment to excellent financial stewardship of the funds you entrust to us earns Unbound top ratings from independent charity evaluators.



AUTOMATIC BANK WITHDRAWAL

I hereby authorize a direct debit from my checking account each month for payment to Unbound. (Please attach voided check.)

Routing #

Account #

Amount \$.00

Authorized Signature Date

You may cancel this agreement anytime by contacting Unbound at (800) 875-6564. Please allow 2 business days to cancel.

CREDIT CARD AUTHORIZATION

I authorize Unbound to charge my credit card in the amount of:

☐ \$45 Monthly ☐ \$135 Quarterly ☐ \$270 Semi-annually ☐ \$540 Annually

Card #

Expiration date /

Cardholder name

Signature Date

So that we may process and provide a receipt for your contribution, please complete the contact information section on the front of this form.

Please print clearly.

