# New Horizons NEWSLETTER



Service of Anderson Funeral Home & Crematory and Anderson's on Broadway Grief Care Program 801 Broadway, Alexandria, MN 56308 • www.AndersonFuneral.net

# A NOTE FROM JERI



Did you think you would be done grieving after a few months or maybe a year at the most? Put away your calendar because grief cannot be measured by days, weeks, or years. You will feel frustrated if you put a timetable on this process. Just remember that there is no right or wrong way to grieve.

Do not put expectations on yourself. You are unique and so is your grief. So, take the pressure off yourself—you will feel better and you will walk this journey more easily. By attending the grief seminars in October, you will also realize that you are not alone. We are here to walk this journey with you.

Think of how you grew to love the person you are grieving. It was its own beautiful experience. Grieving is as unique as the love you shared with that special person.

#### A couple of important notes:

Just a friendly reminder: In case of cancellations due to inclement weather for any of our events, call the person who is taking the reservations. For any other questions that you may have regarding any event, please call Jeri at 320-491-5409.

As requested by restaurants, please do not arrive more than 15 minutes early.

# **GRIEF SEMINARS**

The fall grief seminars last for six weeks and will be held at Anderson's on Broadway, 801 Broadway. The daytime seminars will be held Tuesday mornings, September 16 through October 21, at 10:00 a.m. The evening seminars will be held at 6:00 p.m. starting Tuesday evening, September 16, through October 21.

These seminars are for anyone who is grieving the loss of a loved one, and if you want to attend for a second time, please come. Call Anderson's on Broadway to register at 320-219-6278 during business hours. After hours and weekends, call Jeri at 320-491-5409 to register. Please share this information with others and offer to come with them the first time.

## **OTTERTAIL MUSIC FEST**

Are you interested in a music fest? Come join us at Ottertail on Friday or Saturday, September 5 or 6. Call Jeri at 320-491-5409 if you are interested in going or if you want more information.



# **Upcoming New Horizons Events!**

### CARDS/GAMES

AUGUST CARD DATES: Tuesdays, August 5 and 19. Wednesdays, August 13 and 27. Thursdays, August 7, 21, and 28. We play at Anderson's on Broadway starting at 1:00 p.m. Call Jeri at 320-491-5409 if you have any questions.

**SEPTEMBER CARD DATES:** Tuesdays, September 2, 16, and 30. Wednesday, September 10. Thursdays, September 4, 11, 18, and 25.

#### **CRAFT GROUP**

If you are interested in being part of the craft group, call Jeri at 320-491-5409 for dates and time. If you just want to come to socialize, that is fine too. We meet once a week. No crafts on August 18 and September 1.

## AUGUST -----

# NEW HORIZONS SUMMER PICNIC

Come join us at the Garfield City Park in Garfield on **Monday, August 4, at 4:00 p.m.** for a picnic. Call Jackie at 320-834-4483 with your reservation by Friday noon, August 1. Your cost will be \$5.00. In case of rain, come to Anderson's on Broadway for the picnic and socializing at 4:30 p.m.

#### **COFFEE & ROLLS**

Please join us at City Park on **Friday**, **August 8**, **at 10:00 a.m.** Rolls will be provided, but you need to bring your own beverage. Call in your reservation to Jennifer at 320-766-9603 by Tuesday noon, August 19.

#### **SUNDAY DINNER**

The August Sunday dinner will be at Pioneer Grill at Grand Arbor on **Sunday, August 10, at 12:30 p.m.** Call in your reservation by Thursday evening, August 7, to Marcene at 320-334-1074.

#### **AUGUST BRUNCH**

Brunch will be on Wednesday, August 20, at 9:30 a.m. at BNC. Call in your

reservation by Monday noon, August 18, to Shirley at 320-762-8202.

#### **MUDDY BOOT**

We will meet at the Muddy Boot in Forada on **Monday, August 25, at 4:00 p.m.** You can order off the menu, pizza, or the nightly special. The address is 1531 4th St SE, Forada. Call in your reservation by Friday noon, August 22, to Joanne at 320-808-4366.

#### **B-GEMS**

Come join us at the State Street Café in Garfield on **Thursday, August 28, at 11:15 a.m.** for lunch. Call Jackie at 320-834-4483 with your reservation by Tuesday noon, August 26.

# SEPTEMBER -----



#### **GRIEF SEMINARS**

The daytime seminars will be held Tuesday mornings, September 16, through October 21, at 10:00 a.m. The evening seminars will be held at 6:00 p.m. starting Tuesday evening, September 16, through October 21. All details are on the front page.

#### SEPTEMBER BRUNCH

Brunch will be on **Thursday, September 4, at 9:30 a.m.** at Herby's in Carlos. Call in your reservation by Tuesday noon, September 2, to Shirley at 320-762-8202.

#### **BINGO NIGHT**

Come join us at Anderson's on Broadway for Bingo on **Monday, September 8, at 5:00 p.m.** Snacks will be provided. Call in your reservation by Friday evening, September 5, to Sally at 320-491-4966.

#### **B-GEMS**

Come join us at the Leaf Valley Mercantile in Leaf Valley on **Wednesday, September 10, at 11:15 a.m.** for lunch. Call Jackie at 320-834-4483 by Monday noon, September 8, with your reservation.

#### **VINING GRILL**

Come join us at the Vining Grill in Vining on Wednesday, September 17, at 4:00 p.m. Call in your reservation to Marcene at 320-334-1074 by Monday noon, September 15. The Wednesday night special is all you can eat spaghetti for \$9.99 or you can order off the menu.

#### **DEPOT PIZZA**

On Monday, September 22, we will meet at 4:15 p.m. at the Depot in the back room past the bar area. Your cost will be \$5.00, but you will need to pay for your beverage. The pizzas will be ordered as a group to make it easier for the waitress. The pizza choices have already been selected that will be prepared for us. Call in your reservation to Jeri at 320-491-5409 by Friday evening, September 19.

#### PIE & COFFEE

Come join us at BNC Café for pie and coffee on **Wednesday**, **September 24**, at **2:15 p.m.** Call in your reservation to Jeri at 320-491-5409 by Friday noon, September 19. We will have 5 regular pies to pick from.

# SUNDAY DINNER/CHET'S LAKESIDE INN

We will meet at Chet's at **3:15 p.m. on Sunday, September 28.** The address is 15681 County Rd 102 NE on Lake Irene. They have a full menu or you can order chicken, which is usually a top favorite. Call in your reservation by noon on Thursday, September 25, to Marcene at 320-334-1074.

