

Menu

Breakfast

Children have a choice of selected cereals/porridge or toast with water or milk

Lunch

Lamb/ chicken curry with roti or boiled rice

Chicken pasta, lasagne, spaghetti, or noodles with mince meat

Vegetables / lentils curry with boiled rice or roti

Paratha with various fillings such as lamb, chicken, or potatoes.

Chicken / lamb pilau rice with raita and Salad

Various homemade halal soups, such as: chicken, mushroom, tomato, and mixed vegetables. All served with garlic bread or teacakes.

Jacket potato filled with cheese, salad, and/or beans.

Fish fingers, pizza, and fish cakes with chips.

Pudding

Fromage fraise, cheese and crackers, yoghurt, fresh fruit, custard, jelly etc.

Afternoon tea

Sandwiches filled with egg mayonnaise, cheese, or tuna.

Toast with topped with beans, cheese, scrambled egg, or omelette.

Fresh drinking water & fruit is available to children throughout the day.

Fresh milk is also available once a day for each child.

- I ensure that children have a varied, nutritious, and balanced diet.
- I consider children's special requirements' such as food allergies.
- I tend to make meat curries and vegetable dishes on alternate days.
- Foods from various cultures and backgrounds are introduced to children on a regular basis when celebrating different festivals.