

St CATHERINE *of Alexandria Parish*



Reverend EJ Resinto - Pastor

Reverend Francisco Sanchez - Parochial Vicar

MASSES

St. Catherine Saturday Anticipated: 5:00pm
Sunday: 7:30am ♦ 9:30am ♦ 5:00pm

Monday - Saturday: 7:00am

St. Sylvester Saturday Anticipated: 5:00pm
Sunday: 7:00am | Wednesday: 5:30pm

St. William Sunday: 9:00am

CONFESSIONS

St. Catherine: Saturday 8am-9am Wed 5:30pm

St. Sylvester: Saturday 4:00pm-4:30pm

St. William: Upon Request

PARISH OFFICE

5021-A Kawaihau Rd. Kapaa, Hawaii 96746

Hours: Monday-Friday 8:30am-2:00pm

Sunday 8:00am to Noon

Phone: 808-822-7900 | Fax: 808-822-3014

Priest Residence: 808-822-4804

Sacramental Emergency Phone: 808-822-4804

Parish email: stcatherine@rcchawaii.org

Parish website: www.kauaistcatherine.church

Mass Intentions

St. Catherine of Alexandria

Monday, Feb 09 +George Fujimoto
Tuesday, Feb 10 +Dorothy Medeiros
Wednesday, Feb 11 +Lucio Valmoja
Thursday, Feb 12 +Matea Baclaan
Friday, Feb 13 Romeo Salado (Bday)
Saturday, Feb 14 +Raymond Aiu

Sunday, Feb 15

7:30am +Cathy Agoot, +Debra Cummings, +Emelia Sanchez, Chris Gilleres (Ints), R. Czermak & Maureen Merkl (Ints)

9:30am +Antonio Sanchez Sr. +George Fujimoto, +Dorothy Medeiros, James & Margie Semmes (Ints), Teri Mansfield (Bday)

5:00pm Dye Ohana (Intentions)

St. Sylvester Church

Wednesday, Feb 11 Leander Salboro (Bday)

Sunday, Feb 15 +Editha Jimenez, +Florencio Ballesteros, +Forrest & Lolita Embry, +Tom Kawakami

St. William Church

Sunday, Feb 15

Personal Mass intentions will be accepted for all daily and Sunday Masses at all three Churches.

Saturday 5pm Mass has been designated as Missa pro

4th Sunday in Ordinary Time

Matthew 5: 13-16

February 8, 2026

“Be Salty...In a Good Way!”



In today's Gospel, Jesus tells His disciples: “You are the salt of the earth.” With this simple but powerful image, He reminds us of our mission as Christians. Salt is something basic and ordinary, yet absolutely essential. Without it, food becomes bland and lifeless. With it, the natural goodness of a meal is brought out and made better.

As some of you may know, before entering the seminary I studied Culinary Arts at Kaua'i Community College. One of the first lessons we learned was the difference between spices and seasonings. Spices change the flavor of food; seasonings enhance what is already there. Too little salt leaves a dish tasteless. Too much salt ruins it. Balance is everything.

Jesus uses this everyday image to describe our vocation as His followers. In biblical time, salt was precious because it preserved food and kept it from spoiling. To be called “the salt of the earth” meant to be essential for life, for goodness, and for hope in the world.

To be the “salt of the earth” means allowing Christ to season our everyday lives. The prophet Isaiah shows us what this looks like in concrete terms: “Share your bread with the hungry, shelter the oppressed and the homeless, clothe the naked when you see them.” When we live this way, our faith adds flavor to the world and preserves what is good. St. Paul echoes this in the second reading when he reminds us that our witness should not rely on overpowering words, but on a humble demonstration of God's love. True Christian saltiness is quiet, faithful, and real.

Being salty in the Christian sense means bringing out the goodness in others. It means preserving what is true, just, and holy. It means seasoning our families, workplaces, and communities with kindness, patience, mercy, and joy. Christ Himself is the true seasoning of our lives by His Gospel, His grace, and His presence in the Eucharist give meaning and flavor to everything we do.

There is a local saying we sometimes hear: “no get salty.” Usually, it means don't be negative or angry. But today Jesus tells us the opposite: get salty! But in the best possible way. Don't lose your taste for Christ. Don't become bland in your faith. Don't let the world drain away your Christian flavor.

Brothers and sisters, the Lord calls us to be salt that makes a difference. We are called to enhance the goodness already present in the world and to preserve what is holy. Go out this week and season the lives of others by your love, your mercy, and your faithful witness to Jesus Christ.

Reflection Question:

How can I “season” my daily life this week through concrete acts of mercy, kindness, and faithfulness to Christ?

February 8, 2026 Fifth Sunday in Ordinary Time

2nd Collection-Augustine Educational Fund
Religious Education Classes at SC and SS
SC Children's Choir Practice—6:00P

02/11 Wednesday

St Catherine: Adoration of the Blessed Sacrament
Reconciliation during Adoration

02/12 Thursday - St. William Food Distribution

02/15 Sixth Sunday in Ordinary Time

2nd Collection—Catholic Ministries
NO Religious Education Classes at SC and SS

02/16 Monday - Presidents Day, Office Closed



ROMAN CATHOLIC CHURCH IN THE STATE OF HAWAII
DIocese OF HONOLULU
WITNESS TO JESUS

Diocese of Honolulu 2026 Lenten Regulations

Mahalo for YOUR

Stewardship of Treasure:



QR code for Online Giving

Week of

February 1 2026

Sunday Offertory
\$ 9595.00

On-Line Offertory	\$ 3381.22
Offertory-direct giving	\$ 800.00
Blk & Indian Nations	\$ 82.00
Food Pantry	\$ 185.00
Repair & Maintenance	\$ 3590.00
Donations	\$ 3650.00
Parish Reserve	\$ 110.00
Catholic Ministries	\$ 15.00

FASTING

- ❖ In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (**February 18, 2026**) and Good Friday (**April 03, 2026**).
- ❖ To *fast* means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on days of fasting.

ABSTINENCE FROM MEAT

- ❖ Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- ❖ To abstain means refraining from eating the flesh, marrow and blood products of beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

EASTER DUTY

- ❖ All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (**May 31, 2026**).

LENTEN PRACTICES

- ❖ The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.

Join Us For A
*Mardi Gras / Fat Tuesday /
Malasada Day*
Celebration!

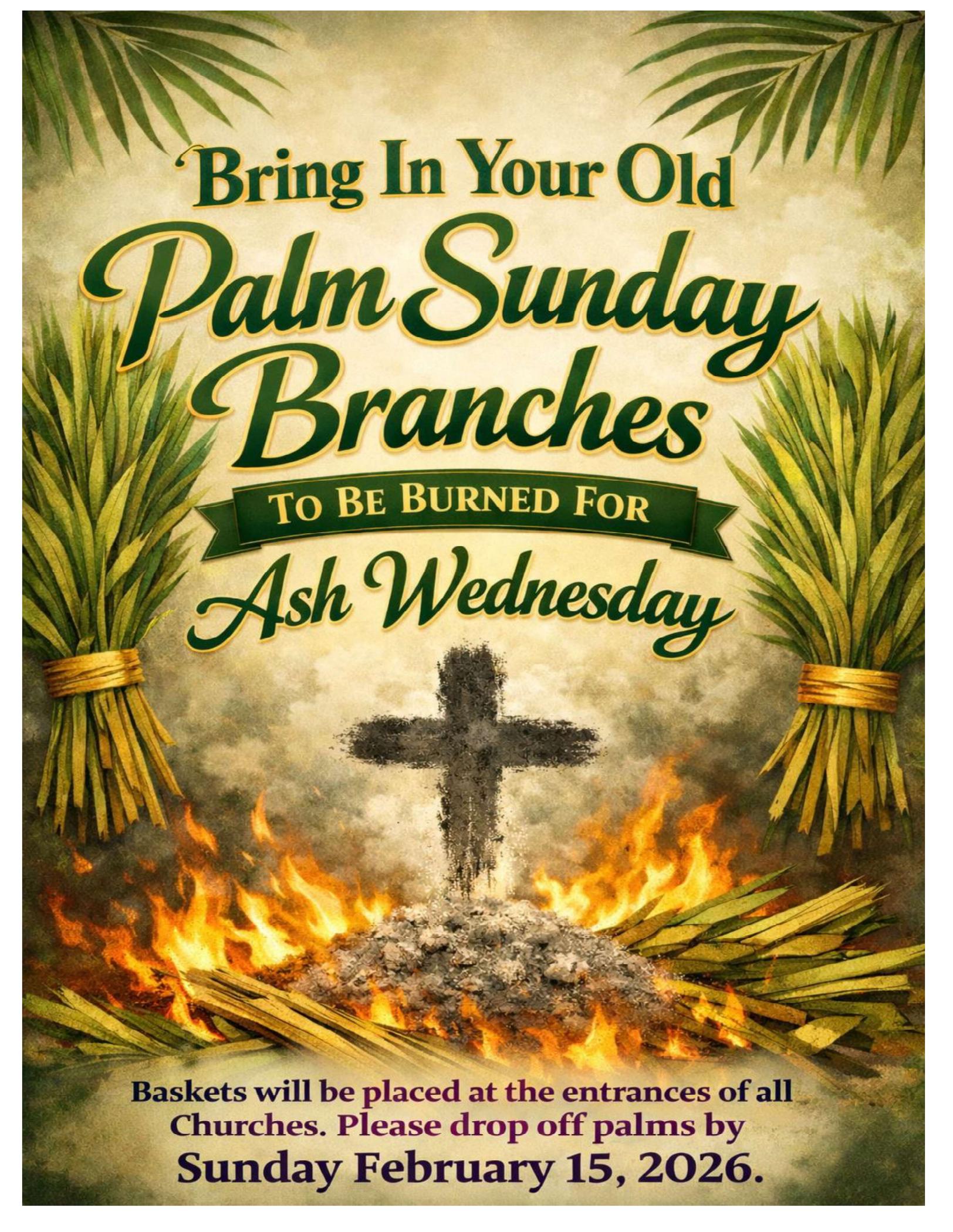
TUESDAY, FEB. 17, 2026 | 5:30PM

ST. CATHERINE'S COYLE HALL

Prayer & Burning of the Palms for Ashes

& Fellowship

*All are invited to bring a dessert
to indulge in before we fast!*



Bring In Your Old
*Palm Sunday
Branches*

TO BE BURNED FOR

Ash Wednesday

**Baskets will be placed at the entrances of all
Churches. Please drop off palms by
Sunday February 15, 2026.**



ASH WEDNESDAY

February 18, 2026

A Day of Fast & Abstinence

Mass & Distribution of Ashes

St. Catherine of Alexandria | Kapa'a

7:00 AM | 6:00 PM

St. Sylvester | Kilauea

5:30 PM

St. William | Hanalei

9:00 AM

"Remember that you are dust, and to dust you shall return."

(Genesis 3:19)

PARISH STAFF

Pastor: Rev. EJ Resinto Fax 822-3014 ext 225
 Rev. Francisco Sanchez ext 224
 Deacon Andy Ragasa 645-1710
 Administrative Assistant: Carmen Nakasone 822-7900
 Stewardship Coordinator:
 EM& Lector: Bronwyn Farias 635-2339
 Faith Formation Director: Sr. Rachel Marius 822-7900
 Music Ministry
 Music Director: Sean Texeira 651-0454
 Larry Rosa 651-5499
 OCIA: Raina Bautista 634-0756
 OCIC: Sr. Luci Salboro
 Young Adults: Clay Levinthol 346-1350
 Youth Ministry
 St. Catherine: Sundays at 8:15am
 Shanlee Gusman, Jonah Stein, & Iyanah Wiltshire-Stein
 St. Sylvester: Kierstyn & Jimmy Guerrero. 8:15am Sundays
 St. Mary's Convent 808-320-3445
 Sacristans
 St. Catherine: Sr. Luci Salboro
 St. Sylvester: Nelly Bautista 634-0756
 St. William: Violet Yagihara

SACRAMENTS**Anointing of the Sick**

Call Parish Office. After hours, call Residence

Baptism**First Holy Communion**

Religious Education classes run from September to May.
 Core classes run January to May

Eucharist to Homebound

Deacon Andy 645-1710

Want to have your child Baptized, please call the church office 822-7900 at extension 2, to set-up a date for this wonderful celebration.

Confirmation

Religious Education program of instruction, September to May. Core classes run January to May

Holy Matrimony

Contact Priest 6 months before the wedding.

Diocesan Engaged Encounter required

Funeral

Arrangements to be confirmed with parish office first to confirm date and priest.

Adoration 5:15pm & Adult Faith Formation 6:30pm
 St. Catherine Church on Wednesdays

Prayer Shawl Ministry

Every Thursday in Coyle Hall from 8:00am-11:00am.
 More information call Patricia Saturnino 822-7900

Miraculous Medal Devotion

St. Catherine Church every Monday after Daily Mass

Divine Mercy Devotion

St. Catherine Church every day after Daily Mass

Rosary

St. Catherine Church 6:30am, before Daily Mass

St. Sylvester on Wednesday at 5:00pm, before Mass

Food Pantry Sam Knepper 808-826-1944

St. Williams every Thursday 4:00pm-6:00pm
 St. Catherine every Saturday 11:30am-1:00pm 822-7900

Lending Library at St. Catherine & St. Sylvester

Located on the back wall of St. Catherine Church and on the side alcove at St. Sylvester Church, is a bookshelf full of Catholic reading materials for you to borrow. Kindly share with family and friends but please return so others may enjoy. Contact Maria at 808-228-4471 if you have books to donate or drop off at church office.

Healing Prayer Ministry

Every Friday after morning Mass, All Are Welcome
 Terri D. Mansfield 602-885-9058

Respect Life - Prisma Brewer 530-356-7643

Prison Ministry ~ Kenneth Ponce 808-822-7650

Hospitality Ministry ~ Inocenta Ragasa 651-2481

Bereavement Ministry

St. Catherine: Deacon Andy Ragasa 645-1710

St William & St. Sylvester: Raina Bautista 634-0756

Catholic Charismatic Prayer Group Kauai Family of God

~ 1st Tuesday, Intercessory Prayer at Viado Home
 ~ 2nd & 4th Tuesday, St. Catherine Church @ 6:00pm

Brenda Viado
 808-346-1436.

Text for Prayer Line and more information.