

Hey, Caregiver: **NEED A BREAK?**

FREE RESPITE OPPORTUNITY
with Oakwood!



RESPITE FOR YOU, FUN FOR THEM!

Oakwood Creative Care is excited to offer fun, activity-based afternoons for adults living with Alzheimer's, dementia, and other age-related cognitive and physical challenges.

Caregivers will receive respite time while knowing their loved ones are in an engaging, safe space where joy and creativity flow freely!



Because
caregivers need
care, too.

Respite
restores the
heart that
gives so much
to others!

WHEN & WHERE



245 N Thorpe Rd, Flagstaff, AZ 86001



928-714-7224



Molly@OakwoodCreativeCare.org

Afternoons,
1:00 - 4:00 PM
on the following:

1/6/26	1/7/26
1/13/26	1/14/26
1/20/26	1/21/26
1/27/26	