

# Hey, Caregiver: NEED A BREAK?

FREE RESPITE OPPORTUNITY  
*with Oakwood!*



## RESPITE FOR YOU, FUN FOR THEM!

Oakwood Creative Care is excited to offer fun, activity-based afternoons for adults living with Alzheimer's, dementia, and other age-related cognitive and physical challenges.

Caregivers will receive respite time while knowing their loved ones are in an engaging, safe space where joy and creativity flow freely!



Because  
caregivers need  
care, too.

Respite  
restores the  
heart that  
gives so much  
to others!

## WHEN & WHERE



245 N Thorpe Rd, Flagstaff, AZ 86001



928-714-7224



[Molly@OakwoodCreativeCare.org](mailto:Molly@OakwoodCreativeCare.org)

Afternoons,  
1:00 - 4:00 PM  
on the following:

1/6/26	1/7/26
1/13/26	1/14/26
1/20/26	1/21/26
1/27/26	