

# Dear Padre,

*I have one daughter and a grandchild who say they are bisexual and very much into the LGBTQ lifestyle, where they feel like they belong. I do not know how to handle all of this. They left the Catholic faith years ago. I do not believe they are atheists. Please help.*

You are not alone in your struggle to know how to “handle all of this.” It’s hard for parents when their children choose a different lifestyle.

Try not to confuse gender expression with faith. Try not to confuse sexual orientation with faith. Just because a person is attracted to someone of the same sex does not mean they are not a person of faith. They may believe in God and even worship God in their own way. It sounds like your daughter and grandchild are honest with you. If they are willing, perhaps talking with them about how they experience God in their lives would be a fruitful conversation.

Whatever you do, the best practice is to love. Love your daughter and grandchild. When they express to you what they believe to be true about themselves, they are not asking for your permission. They are entrusting you with what they believe they have learned about themselves. Perhaps that very openness with you is a lesson that you taught them and a sign that they want to share with you what is important to them. ●



**Fr. Thomas M. Santa, CSsR / DearPadre.org**

## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

### Monday

May 4

Easter Weekday

Acts 14:5–18

Jn 14:21–26

### Tuesday

May 5

Easter Weekday

Acts 14:19–28

Jn 14:27–31a

### Wednesday

May 6

Easter Weekday

Acts 15:1–6

Jn 15:1–8

### Thursday

May 7

Easter Weekday

Acts 15:7–21

Jn 15:9–11

### Friday

May 8

Easter Weekday

Acts 15:22–31

Jn 15:12–17

### Saturday

May 9

Easter Weekday

Acts 16:1–10

Jn 15:18–21

### Sunday

May 10

Sixth Sunday of

Easter

Acts 8:5–8, 14–17

1 Pt 3:15–18

Jn 14:15–21

## A WORD FROM POPE LEO XIV

*We live in a time that rewards self-sufficiency, efficiency, performance. And yet, the gospel shows us that the measure of our humanity is*

*not given by what we can achieve, but by our ability to let ourselves be loved and, when necessary, even helped.*

*Jesus saves us by showing us that*



*asking is not unworthy, but liberating.*

GENERAL AUDIENCE, ROME,  
SEPTEMBER 3, 2025

# Our Parish COMMUNITY

May 3, 2026

Fifth Sunday of Easter (A)

Acts 6:1–7 / 1 Peter 2:4–9 / John 14:1–12



## Enough?

ANN M. GARRIDO

**W**hen I was a child, my parents taught me to pray with my hands pressed together, fingers pointed upward toward God. But somewhere along the way, I learned a different posture for prayer: seated, with my palms facing upward on my lap. It’s a gesture of openness—an acknowledgment that I come before God in humble need, ready to receive whatever he wants to give.

In today’s gospel, Philip approaches Jesus in a similar stance of openness. “Show us the Father,” he says, “and that will be enough for us” (John 14:8). Jesus responds that Philip has already seen the Father because Jesus’ words and actions are the Father’s words and actions. Philip needs no more—he has already received “enough.”

Sometimes, I need this reminder myself. I long for a new insight into God that perhaps one more book or one more lecture will give me. Don’t get me wrong: lifelong learning is a wonderful thing, and there is always more of God to discover! But it is important to acknowledge that, like Philip, I have already come to know the Father through Jesus, and everything I need to live the Christian life is already in place. Rather than more knowledge, it is a question of putting into action what I’ve been taught.

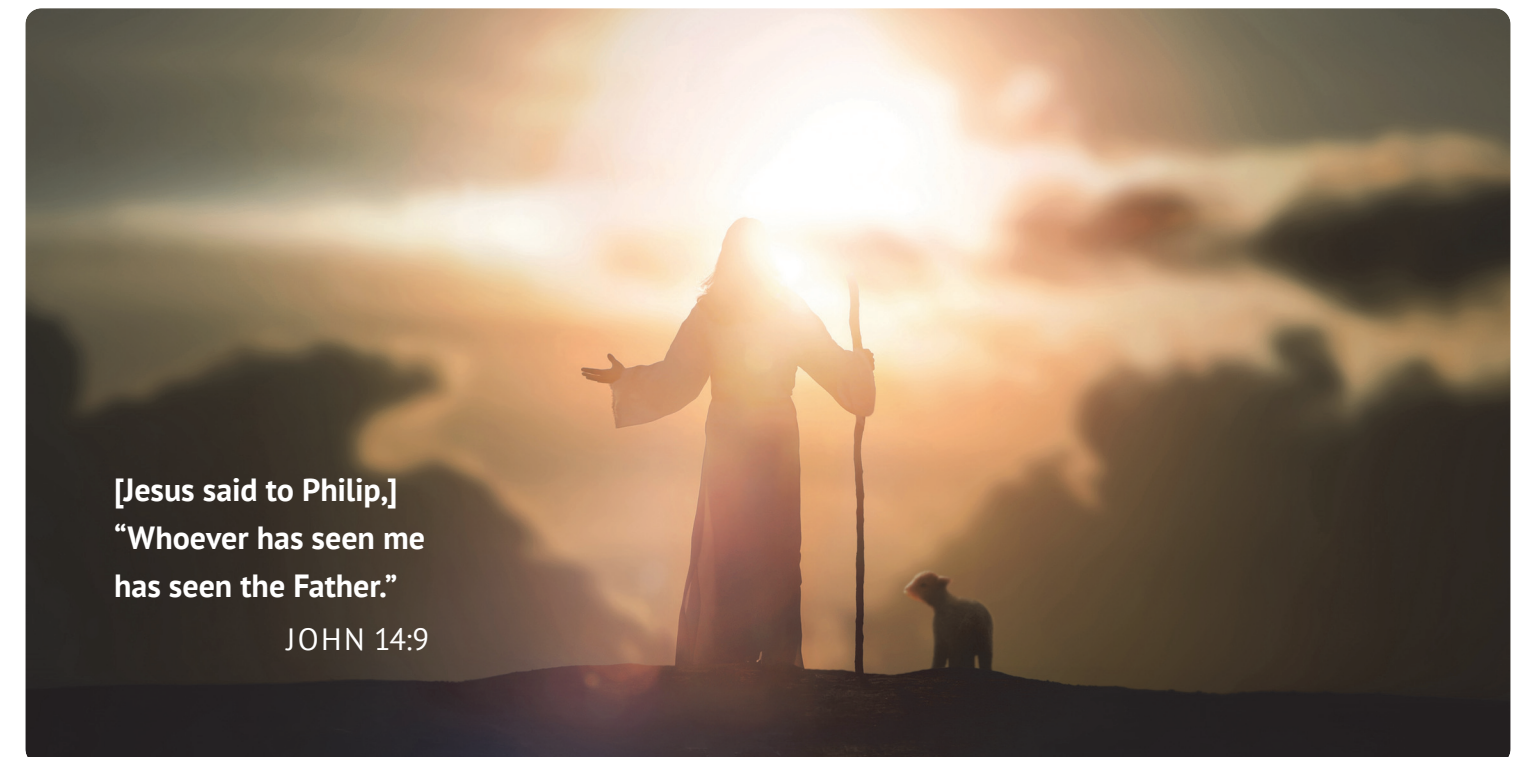
Of late, when I pray, I have embraced a new prayer posture: turning my hands downward, resting my palms on my knees. It helps me remember that with Jesus as my shepherd, I “shall not want.” I already have all I need. ●



LEARN ABOUT THE AUTHORS OF OUR PARISH COMMUNITY

## Reflect

*What does “enough” mean to me?*



[Jesus said to Philip,]  
“Whoever has seen me  
has seen the Father.”

JOHN 14:9