



A Well Mind
PSYCHOLOGICAL TESTING &
MENTAL HEALTH SERVICES

Comparison of Mental Health Professionals in Ontario

PROFESSION	EDUCATION	TRAINING	CAN DIAGNOSE?	PRESCRIBE MEDICATION?
Psychiatrist	Doctor of Medicine (M.D.)	Completion of a Bachelor's degree in Psychology, Biology, Neuroscience, or related pre-medical studies followed by medical school and specialized residency training in diagnosing and treating mental health disorders, and passing the Medical Council of Canada Qualifying Examination (MCCQE).	Yes	Yes
Psychologist/ Psych. Associate	Master's degree, PhD., PsyD or Ed.D.	Completion of a Bachelor's degree in Psychology followed by Master's degree and/or Doctoral degree, 1-2 years supervised practice, and passing the three examinations required by the College of Psychologists of Ontario (CPO).	Yes	No
Psychotherapist	Master's degree	Master's degree in Psychotherapy or a related field, supervised practice, and passing the College of Registered Psychotherapists of Ontario (CRPO) examination.	No	No
Social Worker	Bachelor's or Master's degree	Completion of Bachelor's or Master's of Social Work followed by registration with the Ontario College of Social Workers and Social Service Worker (OCSWSSW).	No	No
Counsellor	Diploma or Bachelor's degree	Certification is not required; however, many counsellors choose to obtain specialized credentials through the Canadian Counselling and Psychotherapy Association (CCPA) or their provincial regulatory body.	No	No
Psychometrist	Bachelor's or Master's degree	Completion of Bachelor's or Master's degree in Psychology, combined with specialized training in administering and scoring standardized psychological and neuropsychological tests under the supervision of a registered psychologist.	No	No