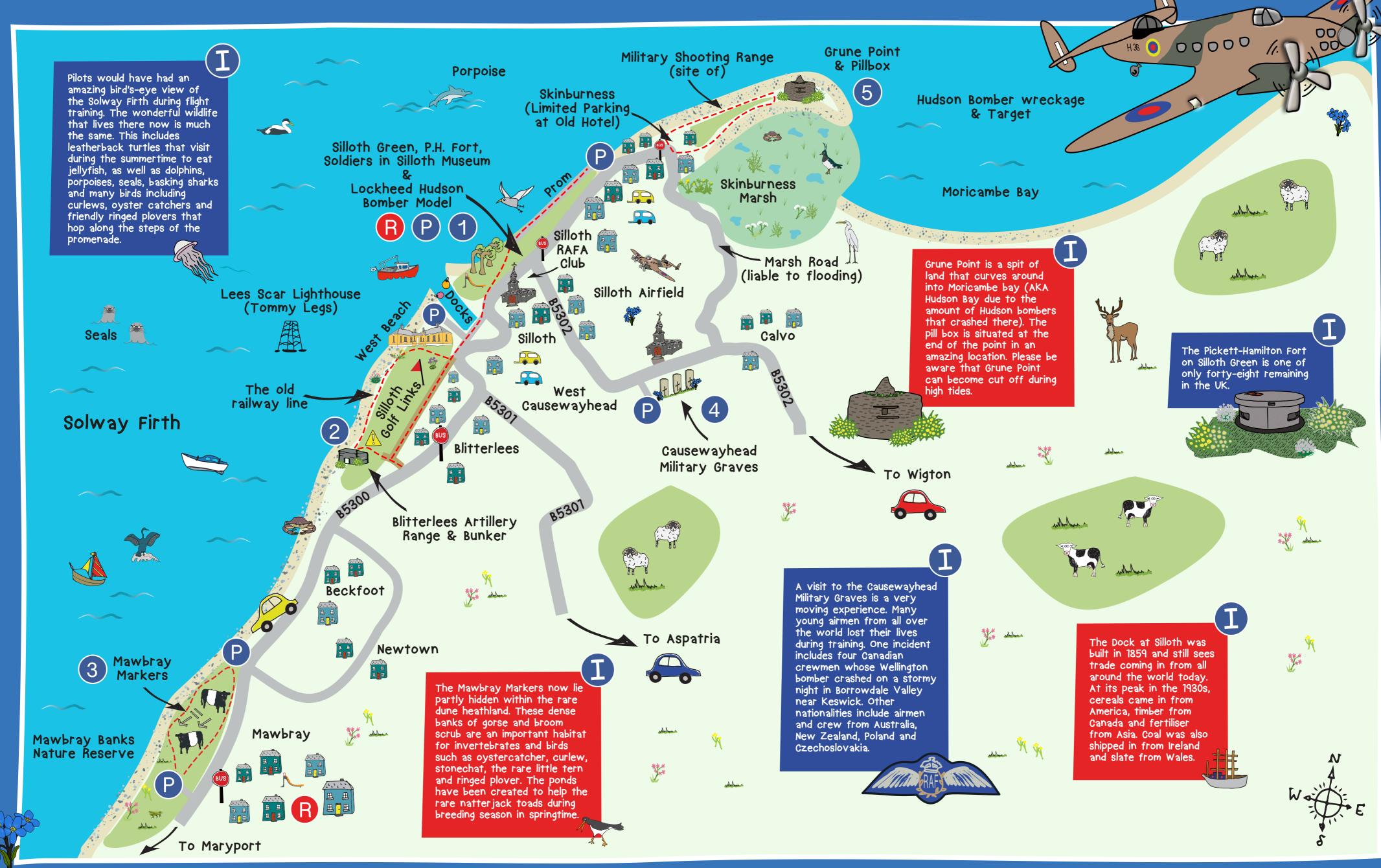
## Silloth Military Trail - Mawbray to Skinburness





Trail Safety Information
This Tale Trail follows the coastal area from Mawbray to Grune Point near Silloth along roads, tracks and dunes.
Much of the walking is along the Cumbria Coastal Way and connecting footpaths. Please stick to the marked footpaths and avoid unstable ground along the coast.

The stretch along the coast is tidal, so please check the tide timetables before setting off. Do not attempt to cross the estuary as the tidal flats have areas of sinking sand

Discover more at sillothairfield.wordpress.com www.taletrails.co.uk

Key Footpath/Bridleway Roads, Tracks & Parking

