



Disclaimer

Effective Date: April 1, 2026

Prairie Sky Counseling LLC • Michele D. Ogburn, LCSW, LIMHP

Professional Disclaimer

Prairie Sky Counseling LLC provides professional mental health counseling services through secure telehealth platforms. Services are provided by appropriately licensed or credentialed mental health professionals within the scope of their education, training, experience, and applicable state laws.

Information presented by Prairie Sky Counseling LLC, including information on its website, social media, educational materials, newsletters, and other communications, is provided for general educational and informational purposes only. It is not intended to diagnose, treat, cure, or prevent any mental health condition or to replace individualized evaluation, diagnosis, treatment, or advice from a qualified health care professional.

No Emergency or Crisis Services

Prairie Sky Counseling LLC is not an emergency, crisis, or suicide-prevention service. Electronic messages, website contact forms, email, and voicemail are not monitored continuously and should not be used for urgent or emergency situations.

If you or another person is experiencing a mental health emergency, is in immediate danger, or may be at risk of harming yourself or someone else, call 911, go to the nearest emergency department, or contact the 988 Suicide & Crisis Lifeline by calling or texting 988.

Therapy & Treatment Disclaimer

Participation in counseling does not guarantee a particular outcome. Mental health treatment is individualized, and results may vary based on many factors, including presenting concerns, personal circumstances, treatment participation, available supports, and other clinical considerations.

Prairie Sky Counseling LLC does not guarantee that counseling, educational materials, or any specific therapeutic approach will produce a particular result. Treatment recommendations are made based on information available to the clinician at the time of service and may change as additional information becomes available.

Telehealth Disclaimer

Prairie Sky Counseling LLC primarily provides counseling through telehealth. Telehealth has benefits and limitations, including potential interruptions caused by technology, internet connectivity, device problems, privacy limitations, or other circumstances outside the practice's control.

Clients are responsible for participating from a location where they can reasonably maintain privacy and for providing accurate information about their location when required for telehealth services. Telehealth services are subject to the laws and professional requirements applicable to the clinician and the client's location at the time services are provided.

Confidentiality & Privacy

Counseling services are intended to be confidential and are provided in accordance with applicable privacy and confidentiality laws, including HIPAA when applicable. Confidentiality is not absolute. There are circumstances in which disclosure may be required or permitted by law, including certain situations involving suspected abuse or neglect, serious and imminent threats to safety, court orders, or other legally authorized disclosures.

For more information about how Prairie Sky Counseling LLC handles protected health information, please review the practice's Privacy Policy and Notice of Privacy Practices.

Website & Educational Content

Website content, blog posts, social media posts, newsletters, handouts, videos, and other educational materials are not a substitute for individualized mental health care. Reading or accessing information from Prairie Sky Counseling LLC does not create a therapist-client relationship.

A therapist-client relationship is established only through the practice's intake, consent, scheduling, and treatment processes. Contacting the practice through a website, social media platform, email, or other electronic communication does not by itself establish a therapeutic relationship.

Third-Party Links & Resources

Prairie Sky Counseling LLC may reference or provide links to third-party websites, organizations, products, services, or resources for informational purposes. Prairie Sky Counseling LLC does not control and is not responsible for the content, privacy practices, availability, security, accuracy, or policies of third-party resources.

Inclusion of a third-party resource does not necessarily constitute an endorsement or

recommendation. **Accuracy & Limitation of Liability**

Prairie Sky Counseling LLC makes reasonable efforts to provide accurate and useful information but does not warrant that all information is complete, current, or error-free. Laws, regulations, clinical recommendations, and professional standards may change over time.

To the extent permitted by applicable law, Prairie Sky Counseling LLC is not responsible for decisions, actions, or outcomes resulting from reliance on general educational information without obtaining individualized professional guidance.

Professional & Legal Review

This disclaimer is intended to communicate the general purpose and limitations of information and services provided by Prairie Sky Counseling LLC. It is not intended to create or expand any legal rights, guarantees, or obligations beyond those required by applicable law.

Prairie Sky Counseling LLC may update this disclaimer when its services, technology, professional requirements, or applicable laws change. The current version should be reviewed periodically.

Practice Information

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