

RECREATIONAL SPRINGS RESORT BAR AND GRILL

GLUTEN FRIENDLY

KITCHEN IS SHARED AND CROSS CONTAMINATION IS POSSIBLE.

BREAKFAST MENU

SERVED UNTIL 10:30 AM

CLASSIC REC SPECIAL \$12.65

2 eggs, bacon or sausage, seasoned hashbrowns. Order without toast

BREAKFAST BURRITO \$13.75

Seasoned hashbrowns, egg, ham, bacon, sausage, onion, green pepper, green chili and cheese. Order as a bowl with green chili

BREAKFAST PIZZA \$22.00

Scrambled eggs, bacon, sausage, ham, onions, and peppers topped with blended cheese. Order with cauliflower pizza crust and nacho cheese base.

OMELET \$16.50

3 egg omelet served with seasoned hashbrowns. Try it loaded or build your own! Bacon, ham, sausage, green peppers, onions, cheese. Order without toast.

SIDE ITEMS

BACON	\$4.75
SAUSAGE PATTY	\$4.75
SAUSAGE LINKS	\$4.75
HAM	\$4.75
EGG	\$2.25
GREEN CHILI	\$2.50

PIZZA

ORDER ON CAULIFLOWER CRUST

REC SPRINGS SPECIAL \$22.00

Seasoned sauce, blended mozzarella cheese, pepperoni, sausage, canadian bacon, bacon, onion, green chili's and green olives

CHICKEN GARLIC PIZZA \$22.00

Alfredo sauce, blended mozzarella cheese, garlic chicken, diced tomatoes, and sliced onions

HAWAIIAN \$20.75

Seasoned sauce, blended mozzarella cheese, canadian bacon, and pineapple

VEGGI PIZZA \$22.00

Seasoned sauce, blended mozzarella cheese, diced tomatoes, onions, green peppers, black olives, and mushrooms

PEPPERONI \$20.00

Seasoned sauce, blended mozzarella cheese, and pepperoni

CHEESE \$18.50

Seasoned sauce and blended mozzarella cheese.

ADD EXTRA TOPPINGS \$1.50 EACH

Jalapenos, black or green olives, mushrooms, pepperoni, canadian bacon, sausage, bacon, green peppers, onions, tomatoes, pineapple or green chilis

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APPETIZERS

CHICKEN WINGS 8 WINGS \$17.25
Bone In 4 WINGS \$10.75
Sauces: Rec Sauce, BBQ
COOKED IN SHARED FRIER

BASKET OF FRIES \$7.50
COOKED IN SHARED FRIER

NACHOS \$15.75
Tortilla chips topped with seasoned beef,
onion, lettuce, tomato, black olive,
jalapeno, cheddar cheese sauce

SPECIALTY ITEMS

REGULAR FRIES ARE GLUTEN FREE. COOKED IN
SHARED FRIER

GRILLED CHICKEN SANDWICH \$15.85
Grilled chicken breast with mayo, lettuce,
pickle, onion, tomato. Order without bun
or on gluten free hamburger bun

PHILLY CHEESE STEAK \$17.25
Seasoned philly meat, onions, green
peppers, and swiss. Topped with garlic
aioli. Order without bun or on gluten
free hamburger bun

SALAD

ORDER WITHOUT CROUTONS

TACO SALAD \$14.50
Seasoned beef, lettuce, tomato, black
olives, jalapenos, onion and cheese.
Order in a bowl, omit taco shell

HOUSE SALAD \$9.75
Add chicken or ham \$3.50

CAESAR SALAD \$9.75
Add chicken or ham \$3.50

SIDE SALAD \$2.50

BURGERS

REGULAR FRIES ARE GLUTEN FREE. COOKED IN
SHARED FRIER
GLUTEN FREE BUN \$2.00

REC SPRINGS BURGER 8 OZ \$17.25
Beef patty, bacon, american cheese,
topped with a fried egg. Order without
onion ring

COWBOY BURGER 8 OZ \$17.25
Beef patty, bbq sauce, bacon, smothered
in cheddar cheese sauce. Order without
onion ring.

BUILD A BURGER

HAMBURGER \$11.95

EXTRA PATTY 5 OZ \$4.00

DELUXE \$1.00
Lettuce, Pickle, Onion, Tomato

CHEESE \$1.50

American, Swiss, Pepper Jack, Blue
Cheese, Ghost Pepper

BACON \$2.00

EXTRAS \$1.50
Grilled Onions, Grilled Mushrooms,
Jalapenos

BEVERAGES

COFFEE 3.50

CAPPUCINO 4.00

HOT CHOCOLATE 4.00

TOMATO/CLAMATO 3.50

OJ/APPLE JUICE 3.75

MILK-WHITE/CHOCOLATE 3.50

SODA- FOUNTAIN 3.25

SODA- BOTTLE 3.50

SODA- CAN 2.75

BOTTLED WATER 2.50

RED BULL 4.25

GATORADE 4.00

GATORLYTE 5.00