

SOUTHEASTERN FAMILY PROJECT



WHO WE ARE

SEFP is a licensed substance use disorder residential treatment program for **non-pregnant women, pregnant and recently post-partum women and their infants**. The program works with residents to build a stable and healthy lifestyle, provides recovery support services, counseling, parent education and and planning for community re-integration. We are a program of the Hampton-Newport News Community Services Board located in Newport News, Virginia.

WHAT ARE SEFP'S OVERALL GOALS?

- To provide gender specific treatment services based upon the clinical need.
- To improve pregnancy, stabilization and recovery outcomes for women enrolled in treatment.
- To have infants born healthy without the effects of substance use.

WHO CAN ENROLL?

SEFP is open to all women who are Virginia residents, and at least 18 years of age with a primary diagnosis of substance use disorder. Bed availability fluctuates on a daily basis. Please contact us to discuss availability.

WHAT ARE SOME OF THE SERVICES OFFERED?

- Education on recovery and relapse prevention
- Substance use disorder and co-occurring mental health education (group and individual)
- Evidenced-based treatment addressing the unique needs of women with substance related disorders
- Trauma Informed Care
- Peer Recovery Support services
- Direct linkage to medication assisted treatment services
- Comprehensive case management services
- After care planning, community support, and linkage to needed resources.



HOW LONG CAN I RESIDE AT SEFP?

The program is designed to serve the residents based on individual need in a person-centered treatment environment, which encourages stabilization.

