

### **MOXI Laser PRE-Care Instructions**

To ensure the best experience and results, it's essential to **carefully REVIEW THE PRE-CARE INSTRUCTIONS below**. Following these guidelines (such as pausing retinol use or avoiding sun exposure) is crucial for your safety and to **prevent any delays or the need to reschedule**:

- **AVOID Aspirin, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood thinner 5-7 days before your treatment.** If you are on a blood thinner, please contact our office at [\(504\) 267-4549](tel:5042674549).
- **AVOID photosensitizing medications** including **doxycycline** and **minocycline** should be **discontinued 2 weeks prior** to treatment. Please let us know **any medications you are taking**, including **ANTIBIOTICS**, as many are photosensitive and your appointment may need to be rescheduled.
- **AVOID direct sun exposure** (apply sunscreen daily and do not tan at all – including self-tanner) for **2 weeks before** treatment. You should avoid direct sun exposure for **4 weeks (4-6 weeks for body treatments)** after treatment. Please plan scheduled events/vacations accordingly.
- **AVOID dermal fillers** and **Botox/Dysport** for at least **2 weeks prior** to treatment and **2 weeks after** treatment.
- **DO NOT use any retinol products** (or products containing tretinoin) or **exfoliants on the area** to be treated for **one week**.
- **AVOID Accutane** (or isotretinoin products) for **6 months prior** to treatment.
- **I AM NOT a candidate** if I am **pregnant, breastfeeding, or on topical or oral antibiotics**.
- **I MUST reschedule** my appointment at least 24 hours in advance if I have a **rash, cold sore or blemish on the area(s)** being treated.
- If I **have a history of fever blisters**, I will **notify my provider prior** to treatment. My provider will give me a prescription for prophylactic antiviral therapy to start on the day of treatment to prevent a flare up of cold sores. If I have a current prescription, Valtrex 500 mg should be taken the day before, the day of and the day after treatment.
- **I MUST notify** the provider if I have any **cosmetic tattooing on or near the area** to be treated.

- I UNDERSTAND that there may be **some social downtime of 2 to 5 days (2-3 weeks for body treatments)** before any redness, swelling and sloughing of the sunspots has subsided.