

### **Clear+Brilliant POST-Care Instructions**

**To ensure optimal results and support your healing process, please follow these post-care instructions carefully:**

- I understand that treated skin may be slightly red post-treatment which usually resolved within a few hours. If you have sensitive skin, redness may persist for 24 hours.
- Treated skin will feel **slightly rough** for 3 to 7 days following treatment.
- **DO NOT** pick or try to scrub treated skin. Allow skin to slough off **naturally** for best results.
- **Avoid the sun** for at least **1-2 week (s)** and use mineral-based SPF daily.
- For at least 24-hours, I should **avoid excessive heat or friction** to the treated area (heavy exercise, saunas).
- Topical creams may be recommended by my aesthetician to enhance results.
- **NO** retinols, acids, or scrubs for at least 1 week post-treatment.
- Contact the office immediately if I experience any uncommon side effects following the treatment. Call your provider with any questions at 504-267-4549.