



Friends of San Alfonso Retreat House - Survey

This survey contains 20 questions that focus on your connection to San Alfonso, retreat experiences, retreat needs you anticipate for the future, what influences your participation, and some basic demographic questions. No directly identifying personal information will be collected with the survey.

The survey should take approximately 10 minutes to complete. You are able to go back and edit your responses up until you complete the survey or close your browser, at which point that survey response will be locked.



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Your Connection to San Alfonso

1. Which best describes your connection to San Alfonso Retreat House?

- ☐ I have participated in a retreat or program at San Alfonso.
- ☐ I have helped organize or lead a retreat or group at San Alfonso.
- ☐ I have another connection to San Alfonso. (Please specify)

2. Approximately how many times have you participated in a retreat or program at San Alfonso?

- ☐ Never
- ☐ Once
- ☐ 2-5 times
- ☐ 6-10 times
- ☐ More than 10 times

3. When did you most recently participate in a retreat or program at San Alfonso?

- ☐ Within the past year
- ☐ 1-2 years ago
- ☐ 3-5 years ago
- ☐ More than 5 years ago
- ☐ I have not participated in a retreat or program at San Alfonso

4. What type(s) of retreat or program have you participated in at San Alfonso? Select all that apply.

- ☐ Weekend retreat
- ☐ Weekday or midweek retreat
- ☐ Day retreat or program
- ☐ Private or personally directed retreat
- ☐ Parish or church-group retreat
- ☐ Retreat for clergy or vowed religious
- ☐ Other organized group retreat
- ☐ Silent directed retreat
- ☐ Other



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What matters in a retreat experience

5. How important are each of the following to a meaningful retreat experience for you?

	Not important	Somewhat important	Essential
Time and space for prayer, reflection, and silence	☐	☐	☐
Opportunities to deepen your relationship with God	☐	☐	☐
Catholic prayer, worship, and spiritual formation	☐	☐	☐
The presence and ministry of Redemptorist priests and brothers	☐	☐	☐
A welcoming community and opportunities to connect with others	☐	☐	☐
The oceanfront setting, grounds, and opportunities for quiet and reflection	☐	☐	☐
Comfortable accommodations, meals, and facilities	☐	☐	☐

6. How well does San Alfonso Retreat House currently provide each aspect of your retreat experience?

	Not at all or poorly provided by San Alfonso Retreat House.	Somewhat well provided by San Alfonso Retreat House.	Very well provided by San Alfonso Retreat House.
Time and space for prayer, reflection, and silence	☐	☐	☐
Opportunities to deepen your relationship with God	☐	☐	☐
Catholic prayer, worship, and spiritual formation	☐	☐	☐
The presence and ministry of Redemptorist priests and brothers	☐	☐	☐
A welcoming community and opportunities to connect with others	☐	☐	☐
The oceanfront setting, grounds, and opportunities for quiet and reflection	☐	☐	☐
Comfortable accommodations and facilities	☐	☐	☐
Good meals or other hospitality services	☐	☐	☐
Other	☐	☐	☐

7. What about San Alfonso has been most meaningful to you and should remain at the heart of the Retreat House in the future?



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Retreat needs for the future

8. How interested would you be in each of the following types of retreats or programs at San Alfonso in the future?

	Not interested	Somewhat interested	Very interested
Catholic preached retreats	☐	☐	☐
Retreats with greater time for silence and personal prayer	☐	☐	☐
Private or personally directed retreats	☐	☐	☐
Scripture, prayer, and spiritual formation programs	☐	☐	☐
Retreats related to grief, loss, or major life transitions	☐	☐	☐
Retreats focused on rest, renewal, and resilience	☐	☐	☐
Retreats incorporating the ocean, nature, or care for creation	☐	☐	☐
Retreats or programs designed for younger adults	☐	☐	☐
Retreats for couples or families	☐	☐	☐
Retreats for clergy and vowed religious	☐	☐	☐
Other (specify)	☐	☐	☐

9. What length of retreat would you be most likely to participate in? Select all that apply.

- ☐ A few hours
- ☐ One full day
- ☐ One overnight
- ☐ Two nights / a traditional weekend
- ☐ 3-4 nights
- ☐ 5-7 nights
- ☐ More than one week
- ☐ It depends on the retreat

10. Which approach would you generally prefer for a retreat? Select up to two.

- ☐ Mostly scheduled talks, prayer, and activities
- ☐ A balance of scheduled activities and personal time
- ☐ Mostly quiet and personal time, with limited scheduled activities
- ☐ A private or personally directed retreat
- ☐ It depends on the retreat

11. Which of the following types of retreat or renewal experiences would you personally consider attending at San Alfonso? Select all that apply.

- ☐ Meditation / mindfulness
- ☐ Healing, grief or resilience retreat
- ☐ Caregiver or personal-rest retreat
- ☐ Spirituality and nature / ocean retreat
- ☐ Yoga, tai chi or gentle movement
- ☐ Creative arts, music or writing retreat
- ☐ Wellness / restorative retreat
- ☐ Retreat focused on a particular life stage or audience
- ☐ Comment box

12. Which types of online or remote spiritual experiences, if any, would you be interested in participating in through San Alfonso? Select all that apply.

- ☐ Livestreamed prayer services or reflections
- ☐ Online Days/Evenings of Reflection
- ☐ Multi-session spiritual or faith-formation series
- ☐ Guided prayer or meditation
- ☐ Online spiritual direction or small-group spiritual conversation
- ☐ Hybrid retreats combining online preparation/follow-up with an in-person retreat
- ☐ Recorded talks or retreat content available on demand
- ☐ I would only be interested in in-person experiences at San Alfonso



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What influences your participation

13. Rate the level of importance for each factor informing your decision about whether to attend a retreat.

	Not important	Somewhat important	Very important
Retreat theme or topic	☐	☐	☐
Retreat leader or presenter	☐	☐	☐
Catholic identity and spiritual tradition	☐	☐	☐
Opportunities for prayer and worship	☐	☐	☐
Time for silence and personal reflection	☐	☐	☐
Location and natural setting	☐	☐	☐
Cost	☐	☐	☐
Retreat length	☐	☐	☐
Dates and schedule	☐	☐	☐
Private or comfortable accommodations	☐	☐	☐
Meals	☐	☐	☐
Attending with a parish, community, or people I know	☐	☐	☐
Ease of travel	☐	☐	☐
Accessibility or mobility needs	☐	☐	☐
Access to childcare	☐	☐	☐
Other	☐	☐	☐

14. Which approach to retreat fees would be most helpful to you?

- ☐ One standard fee
- ☐ Different fees based on accommodations
- ☐ Suggested fees based on ability to pay
- ☐ A standard fee with financial assistance available when needed
- ☐ A suggested contribution
- ☐ No preference

15. What else would you like the Strategic Planning Committee to understand as it considers the future of San Alfonso Retreat House?



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About you

16. Which best describes you?

- ☐ Lay person
- ☐ Diocesan priest
- ☐ Deacon
- ☐ Vowed religious - Redemptorist priest or brother
- ☐ Vowed religious - member of another religious institute
- ☐ Prefer not to answer
- ☐ Other

17. What is your age range?

- ☐ 17 or younger
- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65-74
- ☐ 75 or older
- ☐ Prefer not to answer

18. In which state or country do you live?

19. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Prefer not to answer
- ☐ Other (please specify)

20. How would you describe your religious affiliation?

- ☐ Roman Catholic
- ☐ Other Christian tradition
- ☐ Another religious tradition
- ☐ Spiritual but not affiliated with a religious tradition
- ☐ No religious affiliation
- ☐ Prefer not to answer
- ☐ Other