



CSA Diploma in Coaching Supervision

Now in its 21st year





UK21 2026-2027



# CSA Diploma in Coaching Supervision — UK21 (2026–2027) Quick Summary

#### Why CSA

Now in its 21st year, the CSA Diploma is a rigorous, one-year programme for experienced professionals seeking a recognised qualification in supervision. It blends personal and professional development, because who you are is how you supervise ™, with elegant, rigorous theory and practice, facilitated by an outstanding global faculty.

## What you'll gain

- Deep grounding in Full Spectrum Supervision and classic models, with emphasis on relational presence, systems thinking, ethics and reflective practice.
- Extensive experiential learning (observed practice, triads, tutorials, webinars) to build confident, ethical, impactful supervisors.

#### **Programme structure (headline commitments)**

Pre-course writing; 8 module days; 12 webinars; 6 tutorials (1:1 and group); regular triad practice; work with 5 supervisees; two written assessments (journal & case study).

Key	dates	(online,	GMT)	Investment
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Orientation: Mon 5 Oct 2026, 09:30–11:00 Programme: £5,250 GBP

Building the Community: Mon 12 Oct 2026, Deposit (to secure place): £900 GBP

09:30-11:00

Balance before start (instalments available):

Module 1: Thu–Fri 22–23 Oct 2026

£4,350 GBP

Module 2: Thu–Fri 4–5 Feb 2027 Required supervision (separate): £1,200 GBP

Module 3: Thu–Fri 10–11 Jun 2027 Excl. VAT where applicable.

Module 4: Thu-Fri 9-10 Sep 2027

Modules run 09:00-17:30 each day.

#### **Accreditation pathway**

ICF CCEUs: 109 total (78 Core Competencies + 31 Resource Development), including dedicated ethics content. EMCC: Post-graduation, graduates can pursue EIA/ESIA; the CSA Diploma is ESQA-accredited, enabling a more streamlined ("fast-track") review.

#### Talk to us / Apply

If the programme resonates and you can attend all dates, we'd love a conversation, you can bring any questions and we can explore if this is the right next step for you

Contacts: Edna Murdoch (Founder/Director) Email: <a href="mailto:edna.murdoch@icloud.com">edna.murdoch@icloud.com</a> and

Michael Smith (Director) Email: mike@csa.uk.net



# **CSA Coaching Supervision Diploma**

The CSA programme is life-changing for many of the highly experienced coaches who train with us - including those coaches working in corporate, educational, well-being and community-based settings. Our approach has a dual focus, personal and professional, as it is based upon our assertion that, "who you are, is how you supervise".

- A rigorous 1-year programme for experienced professionals who wish to have a recognised qualification in Supervision
- Established in 2005, CSA holds Approved provider status with ICF
- Our Diploma was one of the first in the world to be accredited and has continuously maintained this accreditation with the EMCC

The world needs supervisors who can hold profound conversations that meet the challenges of now; the CSA accredited diploma is designed to do just that, working with the evolution of human consciousness while simultaneously providing elegant, rigorous grounding in supervision theory and practice.

We aim to bring mature, reflective practitioners into the supervision profession: supervisors who are comfortable with complexity and skilled in attending to and holding the rocking systems that are a part of contemporary life. Our work is grounded in relational mindfulness and a deep appreciation of our diverse, shared humanity, an honouring and respecting of uniqueness and in our care for the earth.

Coaching of necessity is maturing in response to the world today, and to a deepening understanding of the experience of being a 21C human. Coaches and leaders face into complexity, uncertainty, trauma - and they also meet the green shoots of societal regeneration. It is important that the supervision conversation can hold all of that, as well as attend to the more established aspects of professional development.



## What Makes CSA Different?

The CSA global faculty are skilled in nurturing conversations that matter - conversations with self, living systems, groups, teams and with the rapidly changing aspects of organisational, societal and personal landscapes. Our outstanding faculty know in their bones, the connectedness that enables genuine transformation and they work to foster learning along with the collective wisdom of participants, including:

- academic learning via engagement with extensive professional literature, tutorial support and written work.
- robust practical engagement in classic and contemporary models of supervision including supervision practice with peers (CSA facilitated) and supervision of students' supervision with 5 supervisees throughout the programme.
- experiential learning processes in which we inquire deeply into the relational space that enables the rich, embodied, dialogical and mindful conversation that supervision offers.
- working with Emergence, Creativity, Somatics, Dialogic Process. This is underpinned by deep listening and entering the liminal spaces where breath, silence and energy can convey more than words allow.
- ongoing exploration into 'Who you are is how you supervise' with an emphasis on evolving our sense of being human.
- understanding coaching supervision through the evolving CSA Full Spectrum framework, developed by the founders and early faculty members of CSA. This model draws upon a wide range of multidimensional approaches to deepen understanding of work of supervision -including work with systems, contemporary supervision models, ethical maturity, the centrality of relationship, the economic and political climate, and the role of consciousness in learning.

This course responds to the rapid developments in a complex and changing global context and we update the curriculum accordingly so that through supervision, coaches can powerfully develop their practice.

# **Course Syllabus, Information & Guidance**

Our syllabus offers an academic and experiential learning programme that celebrates our highly experienced community of learners. The curriculum aims to meet participants where they are in their understanding of 'Who you are is how you supervise'.

Together we dive deeply into an inquiry that is informed by a multi-dimensional understanding of what it means to hold effective conversations with fellow practitioners.

Rooted in an evolving understanding of the Full Spectrum Model of Coaching Supervision, our syllabus draws upon a range of models, theories and frameworks. These support the practice of supervision. Our intention is to enhance the practice, not to teach the model. This means that where relevant to the practice of supervision and relational dynamics, we draw upon all the elements of FSM framework, including, for example: Systems Thinking, Transactional Analysis, Mindfulness and Presencing, Transpersonal Psychology, Psychodynamic Theory, Embodiment, Time to Think, Appreciative Inquiry, Neuroscience, Field Theory and more.

**Becoming a supervisor**. Classical models of supervision (Proctor's formative, restorative, normative model and Hawkins and Smith's 7 eyed model) are informed by CSA's experiential Perceptual Positions 'garden' metaphor. Key elements of becoming a supervisor include designing the learning alliance, heightening awareness, understanding systems, mindful relational presence, use of self-asinstrument, contracting (including psychological and embodied contracting), exploring diversity in 'who I am', facilitating emergent dialogue, working with ethical maturity, and increasing reflective processes.

**Expanding range**. Looking more closely at what is present in the space of supervision, we explore working with emergence and relational presence, in the context of Theory-U and the fertile void. The programme attends to the resourcing and insights of embodied supervision, seeing and constellating systems in supervision, and working with energy and the field. This training opens a rich dialogue about 'who you are' as you work, how Projection, Transference, Countertransference and Deference, Parallel Process, Karpman Drama Triangle, working with diversity, the Transpersonal Self, the Adult and Inner Child in supervision, working with Trauma, using creativity and imagination...all contribute to becoming a highly skilled supervisor.



In conversations with trainers, tutors and supervisors, we introduce many elements for students to work with: silence, breath, somatics, Magic Box, 2-chair work, metaphor, working outdoors, creativity, writing, meditation, guided visualisation, dance, poetry. These are all invited into the space.

**Learning is enhanced** by exploring 'what is the space you hold as a supervisor, who are you in this space, and what is it you are creating'? We develop dialogue that engages key challenges – and opportunities – that we face in work with coaches and leaders. These include Generative Learning processes, Trauma and Mental Health, Artificial Intelligence, Climate Change and the More-than-human world, Complexity, Being with Uncertainty, Neurodiversity, Power, Privilege & Systemic Inequity, Ancestral and Cultural Wisdom, Digital & Hybrid Work Realities, Ethics in a Rapidly Changing World, Rest, Regeneration & Sustainable Practice, Metrics, Evidence & Impact, How do we end well?

The programme pays attention to Team Supervision and Group Supervision for those already confident working with teams and groups. There is also opportunity for post-diploma courses in group and team coach supervision; these programmes develop advanced skills in these contexts.

When there is something of particular interest to a participant, we encourage them to go deeper, explore further in their own readings and conversations, all set in in the context of the exploration of 'who I am is how I supervise ...' and the relational space we hold.

"Thanks for the real heartfelt relational presence you created for us."
"I received so much more than my expectations, the support, the outcomes and the future possibilities."
CSA Diploma Graduates

# Who is this Programme For?

**Highly skilled, experienced internal and external coaches** who want to use their knowledge and expertise differently and who are looking for their next challenge or career move.

**Senior people in business or consultants**, who have coaching and mentoring as part of their function: for example, HR, OD, L&D, Heads of Departments, Change Management and Strategy.

**Coaches, mentors, consultants** who are looking for a well-established, challenging, EMCC accredited program that can provide an excellent forum for learning and development.

**Practitioners in the coaching and mentoring field** who want to become a first-class supervisor and continue their own journey toward mastery

# What you will learn

- An in-depth understanding of the Full Spectrum Supervision developed from over 16 years of practice, reflection and refinement in the field, so it is highly tested. It includes: Hawkins and Smith's 7 eyed model, Senge/Sharmer's work on Presence and U theory, Deep Reflective Processes and Systems Thinking. In addition, the model makes space for political, economic and cultural contexts along with current thinking on Relational Dynamics and on Advanced Dialogue Process
- Process and structure of coaching supervision including: contracting, designing the working alliance, creating the learning partnership, working with curiosity, emergence and deep reflection
- The importance of Consciousness applying the principles of quantum physics, neuroscience and mindfulness to coaching supervision, including managing strong emotions
- Coaching psychology including: Transactional Analysis, Gestalt, Transpersonal Psychology, transference, parallel process, collusion, narcissism, deference, blind spots
- The latest developments in systems thinking in organisations and the importance of 'warm data' – Nora Bateson
- A wide variety of tools for use in supervision sessions, for example –
  Karpman Drama Triangle, Magic Box, Two-chair work, ways to access
  relational wisdom, use of cards, how to work with metaphor and
  imagination, somatic presence
- How to use the data provided by the Internal Supervisor
- How to make intelligent use of self in supervision



# What can you expect?

- Pre-course work 5x1000 word pieces
- 8 days attendance at modules
- 12 webinars
- 6 tutorials (3 one to one and 3 group)
- Regular triad practice (meeting 8 times with peers)
- Work with 5 supervisees 5x5 hours each, during the year
- 8 hours of supervision
- 2 written assessments: Learning Journal (3000 words) and a Case study (5000 words)

# What you will Gain

This programme is life-changing for many of the top executive coaches and leaders who train with us; the CSA global faculty are highly skilled in nurturing conversations that matter – conversations with self, living systems, groups, teams and with the rapidly changing aspects of contemporary business life.

Our outstanding faculty know in their bones the connectedness that enables genuine transformation.

#### More specifically:

- Be at the forefront in people development particularly within the coaching and mentoring industry
- Earn ICF 109 CCEUs. These are made up of 78 Core Competencies and 31
  Resource Development. A further 8 CCEUs in Core Competencies can be
  gained from the compulsory supervision sessions attached to the course,
  attending a course approved by ICF and accredited by EMCC European
  Mentoring and Coaching Council
- Accreditation by CSA and membership into CSA community of globally recognised, accredited, highly skilled and experienced coaching supervisors
- Entries in CSA coaching supervision database for those looking for coaching supervisors
- Additional revenue stream and improvements to your current coaching practice

Many participants see this programme as central to their personal and professional development and experience in and of itself. For those interested in accreditations please see over.



## ICF CCEU's

Under ICF's new accreditation system, & for administrative purposes only, ICF have divided the Diploma into the following 3 modules:

- 26 Core Competencies, 14 Resource Development
- 26 Core Competencies, 14 Resource Development
- 26 Core Competencies, 3 Resource Development

Please note you will need to successfully complete all modules, including any additional elements that are outlined in the Student Handbook, before your CSA Diploma certificate is issued.

This equals a total of 78 Core Competencies and 31 Resource Development and includes an extra half Core Competency as a courtesy round-up.

The elements of the programme which are considered 'Resource Development' (RD) are incorporated within the eight module days:

- Welcome and Introductions
- Check-ins
- Closing Circle
- Observed Practice Groups (Triads)

and that other taught elements of the Course are allocated as Core Competencies (CC).

**Ethics:** within the CCEU hours of the Diploma, there is a 90-minute module focused on Ethics and additional time, greater than 90 minutes, during the year is spent in modules on this topic.

Supervision
Quality Award

## **EMCC**

If you choose to pursue EMCC Global Individual Accreditation (EIA) after graduating from the CSA Diploma. Eligibility typically requires around three years' practice from your start date and a minimum of 120 hours of supervision, so it's wise to log your hours and experience throughout the Diploma to be ready when the time comes. If you don't already hold coach accreditation, EMCC can process this alongside your Supervisor Accreditation (ESIA), as coach accreditation is a prerequisite for ESIA.

When asked about your training, select the CSA Diploma in Coaching Supervision (an ESQA-accredited course), which enables a fast-track review, still a substantial submission, but more streamlined.

Abbreviations: EIA = EMCC Global Individual Accreditation; SP = Senior Practitioner; MP = Master Practitioner.



# **Programme Dates for 2026-27**

UK21 is being hosted virtually. We transitioned to this format very successfully when the Covid pandemic made such a significant impact on international travel. We have continued to develop the programme elements, embracing this platform for delivery with excellent feedback from participants and Faculty.

#### **Opening Calls**

Orientation Call: Monday 5<sup>th</sup> October 2026, 09:30 - 11:00 (GMT)

Building the Community: Monday 12<sup>th</sup> October 2026, 09:30 - 11:00 (GMT)

#### Modules:

Module 1: Thursday 22<sup>nd</sup> & Friday, 23<sup>rd</sup> October 2026 Module 2: Thursday 4<sup>th</sup> & Friday 5<sup>th</sup> February 2027 Module 3: Thursday 10<sup>th</sup> & Friday 11<sup>th</sup> June 2027

Module 4: Thursday 9th & Friday 10th September 2027

Modules are held from 09:00 to 17:30 each day.

Edna Murdoch (CSA Founder/Director) or Will Medd (UK) Programme Leader speaks with all those who are interested in finding out more about this multi-layered programme. if you would like to have a conversation about UK 21, do get in touch with Edna Murdoch or Michael Smith and we can get make the arrangements.

#### Your Investment

Programme: £5250 GBP

Once confirmed that you wish to join the programme an invoice will be issued for the deposit payment of  $\mathfrak{L}900.00$  GBP\*. Payment of this invoice will secure your place.

The remaining balance (£4350.00 GBP\*) is required before the programme commences. An invoice will be raised on or after April 2026. We can offer a scheduled payments at no extra cost if that is helpful, please contact Michael Smith <a href="mike@csa.uk.net">mike@csa.uk.net</a> for details.

There is an additional cost of £1200\* for your required supervision sessions which form part of the programme, however most students find they can easily cover this element by charging for the Supervision they provide over the 12 months.

You will need to have 5 Supervisees and although your rates for this may be reduced when compared to full commercial rates, we find that all parties readily accept the principle of fair exchange.

\* All figures quoted above exclude UK vat where applicable.

"The Diploma programme was fantastic - one of the best things I've ever done - and I'm looking forward very much to putting more of the learning into practice, and to developing my skills in supervision. It's an amazing discipline, and what a rich and fascinating course." AW

"It opened many new windows of interest & reflection. It allowed me to understand and practice what is important as a Supervisor. It allowed me to connect with great people from across the globe."

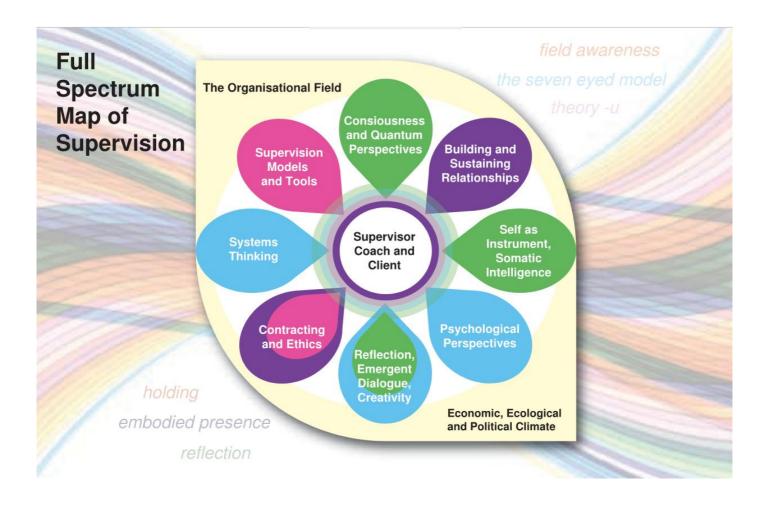
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**Curious to learn more?** If the programme outlined here resonates and you can attend all module dates, reach out to <u>Michael Smith</u> or <u>Edna Murdoch</u>. We'll arrange a relaxed conversation where you can ask any questions and explore the course in more depth.

We look forward to speaking with you.







Edna Murdoch, Co-Founder and Director Michael Smith, Director



 ${\bf Coaching Supervision Academy}$