

## Our Purpose and Philosophy

Service to children and families, leadership in the child care field, and conviction to make a healthier and stronger world, characterize the philosophy of Home On The Range since 1950.

The gifts of compassion, love, truth, justice, forgiveness, and mercy are used for the good of all that encounter our services and need healing in this troubled world. The respect of each individual and the dignity of all are basic to our service.

We are committed to a professional development program for staff and leaders which enables the organization to further its mission and improve the level of service for those individuals entrusted to our care. We are also dedicated to the stewardship of all our resources including land, livestock, facilities, and gifts.

We provide innovative and creative therapeutic programs which build self-esteem, trust, and develop skills in our residents and prepare them for a successful future.

**Home On The Range** serves children of ages 12-17 and families regardless of race, color, creed, religion, or national origin.



## Help Us Help Kids

Home On The Range relies on many generous donations and pledges to sustain our therapeutic services, spiritual development, and recreational opportunities for the boys and girls. Your kind gift will ensure our kids learn new skills, have a second chance at life, and become successful young adults.

- ◇ Donating online or by check
- ◇ Home On The Range Foundation donations
- ◇ Memorial or Honorarium gifts

To donate or learn more about Home On The Range, please visit <https://hotrnd.com/>

## Accreditation

- ◇ Accredited nationally by the Council on Accreditation
- ◇ Licensed by the North Dakota Department of Human Services
- ◇ Member of the Association of Children's Residential & Community Services

## Home On The Range

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**Home On The Range** is a therapeutic working ranch located in western North Dakota providing education, therapy, and spiritual guidance, along with recreational and work activities.



### **MISSION STATEMENT:**

*Under the guidance of the Catholic Church, provide a safe home for all youth who have experienced physical or emotional trauma, where every act is done with love to help them discover the dignity of the human person and learn the skills to manage life's challenges.*

## Risking Connections

Home On The Range uses the evidence-based program “Risking Connections” to form relationships with the youth.

Risking Connections teaches a relational framework and skills for working with survivors of traumatic experiences. The focus is on relationship as healing, and on self-care for service providers. {Sidran Institute, 2000. Risking Connections, www.Sidran.org.}

Components of Risking Connections (RC) are:

- ◇ Symptoms are adaptations. Believing there are reasons behind actions
- ◇ RICH conversations showing:  
Respect, gathering Information, making a Connection, and offering Hope.

## Animal Assisted Interventions

Animal Assisted Interventions include both **Equine Assisted** programs and **Canine Assisted** programs. All are incorporated into trauma specific habilitation goals. Specific models and approaches include EAGALA (Equine Assisted Growth and Learning Association), Natural Lifemanship/Rhythmic Riding, mule driving programs, and therapeutic riding.



Within the Canine Program, residents are connected with rescue dogs that are socialized, trained, and adopted out to pre-approved families.

## Drug and Alcohol Services

The Cognitive-Behavioral Interventions for Substance Abuse (CBI-SA) curriculum is designed for individuals that are moderate to high need in the area of substance abuse. The curriculum can be delivered as a stand-alone substance abuse intervention, or incorporated into a larger program, particularly those designed for clients in the corrections system. As the name of the curriculum suggests, this intervention relies on a cognitive behavioral approach to teach participants strategies for avoiding substance abuse. The program places heavy emphasis on skill building activities to assist with cognitive, social, emotional, and coping skill development. Such cognitive behavioral strategies have routinely demonstrated high treatment effects. CBI-SA is used in conjunction with other programming to include discussions related to co-occurring disorders.



## Adventure Therapy

Adventure Therapy is an experienced-based approach. Members are able to work through their trauma by participating in outdoor and healthy living activities designed to teach skills and introduce healthy hobbies. The goal is to teach skills that will help them cope with traumatic experiences and make better decisions.

Examples include: camping, hiking, rock wall climbing, martial arts, yoga, community volunteering, nutrition, healthy recipes, and exploring artistic or musical talents.



## Additional Programs

Daily programs are designed to place each resident on a path to achievement. This structured schedule encourages development of a healthy productive routine.

**Education.** Badlands Learning Center (BLC) is a non-public school located at Home On The Range. Students take classes through Center for Distance Education (CDE). The classes and credits transfer with the child. CDE keeps track of grades and transcripts. The youth take classes at their own pace. BLC conducts classes year-round. BLC staff includes an Education Director, Special Education Teacher, Occupational Therapist and Learning Coaches. Badlands Learning Center is also a private GED testing site.



### **Spiritual Development.**

Home On The Range has a Chaplain, Father Nicholas Vetter, to provide continual spiritual guidance through prayer groups, local church services, music, Bible study and moral development classes.

**Recreation.** On and off-site recreation offers a variety of organized and leisure activities. Residents learn to structure free time by having fun, learning new skills and growing self-esteem.

**Work Programs.** Residents learn skills in a variety of job situations under trained supervision to gain work experience and develop a sense of responsibility, pride and achievement.

## Organizational Support

All children coming to HOTR have experienced trauma most of us couldn't imagine. Our task is to resolve these problems, teach appropriate coping skills, heal trauma and help these youth successfully return to their communities and families.