

AUGUST 2026

Black Rock School

School Year 2026/27 Lunch Prices:

Free/ Reduce: \$0.00

Full Pay: \$3.75

Make payments, check transactions or
apply for free and reduced meals online

@ linqconnect.com



Monday

Tuesday

Wednesday

Thursday

Friday

All Meals include choice of
Flavored Fat free Milk
entrée, milk, fruit,
hot and cold vegetable.
Must include at least one
fruit or vegetable.

Everyday Offerings:
Assorted Fresh and Canned Fruit
Rainbow Veggie Tray
100% Fruit Juice
Choice of
Unflavored Low fat or
All Meals include choice of
Flavored Fat free Milk

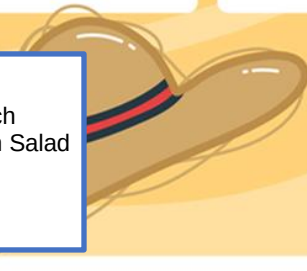


Choice 1:

Mozzarella Sticks
Marinara Sauce,
Garlic Green Beans

DAILY ALTERNATIVE MEALS:

Choice 2: Sun Butter and Jelly Sandwich
Choice 3: Crispy Chicken or Vegetarian Salad
Choice 4: Cereal Box
Choice 5: Turkey Sandwich
Choice 6: Parfait



Menu is subject to change. Students with food allergies should notify the cafeteria staff and check with the food service manager before selecting meals

This institution is an equal opportunity provider.

Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions –
203-879-8145 or jzarrilli@thomastonschools.org

