

# **CS Academy**

## **Parents Information Pack**



## Welcome

At CS Academy, your child will live a unique football and personal experience. Our goal is to combine the renowned Spanish methodology with an international environment that inspires growth, fun, and learning both on and off the field.



## Our Philosophy

- **Playing Style and Methodology:** At CS Academy, we focus on developing players who want to be protagonists with the ball, improving the game by creating scoring opportunities. When defending, players learn to recover the ball quickly starting from good positioning, emphasizing smart decisions and tactical awareness. This style is deeply integrated into every training session, ensuring that players understand, practice, and internalize it naturally.
- **Core Values:** discipline, respect, responsibility, teamwork, and effort.
- **Holistic Development:** we form not only football players, but also people.
- **Shared Football Vocabulary:** developing a common language to understand actions on the field and think faster when making decisions.

## What Your Child Will Learn

- ✓ **Technical:** improving control, passing, dribbling, and finishing with confidence.
- ✓ **Tactical:** understanding positions, using a shared football vocabulary, and learning to think faster to make the right decisions on the pitch.
- ✓ **Physical:** developing coordination, endurance, and strength adapted to their age.
- ✓ **Mental:** building confidence, resilience, and teamwork in every situation.

## The Camp Experience

- ⚽ **Structured and dynamic training sessions** designed to replicate real game situations.
- 📖 **Tactical talks** that introduce our shared football vocabulary, helping players connect words with actions.
- 🤝 **Team-building and integration activities** to strengthen communication and collaboration.

## Player Progress Documents

At CS Academy, we want every player to see their growth throughout the camp. Each child will receive a personalized document with visual graphics showcasing their performance and development:



### Includes:

- **Technical skills:** control, passing, dribbling, finishing.
- **Tactical understanding:** decision-making, positioning, and shared football vocabulary.
- **Physical development:** coordination, endurance, and strength.
- **Mental growth:** confidence, teamwork, and resilience.

### Provided:

- **First day:** baseline stats to understand their starting point.
- **Last day:** final stats to celebrate improvements and achievements.

This document allows players to clearly see their progress, set personal goals, and feel proud of what they have accomplished.

## Opportunities

- Possibility to be selected for training or competitions in Spain.
- Exposure to top-level coaches.
- Becoming part of an international network of young talents.

## More Than Football

At CS Academy, we believe football is a school of life. We want every player to return home with new learnings, friendships, and unforgettable memories.



## Join Us!

More than a camp, it's a life-changing experience for your child.

For registrations and more information:

**Email:** [info@csacademybarcelona.com](mailto:info@csacademybarcelona.com)