



*For more than 30 years, American Heart Association Heart Powered has been the grassroots network driving policy change at the local, state and federal levels to support longer, healthier lives for all.*

## UNITING TO CHANGE THE FUTURE OF HEALTH

Every day, lives are touched by heart disease and stroke. Whether it's our own health or that of a family member, friend, or co-worker, a lot is at stake when it comes to fighting our nation's No. 1 and No. 5 killers. But we all have the power to make a difference.

- We speak up for what's right to impact the change we want to see for ourselves and our loved ones.
- We come together to elevate communities working toward more equitable, evidence-based policies, so people can live longer, healthier lives.
- We apply life-saving science and research to inform our policy solutions, making a meaningful difference in communities.
- We take on society's most pressing health challenges and champion changes that improve lives everywhere.

## JOIN US AT THE HEART OF PROGRESS

We invite you to join our passionate community and help advance health and hope, one policy at a time. You'll have the opportunity to communicate with key legislators, connect with advocates near you, learn valuable skills, and stay up to date on the heart and stroke issues that matter most to you. Together, we can advocate for a stronger, healthier America.

### SIGN UP TODAY



Visit  
[www.heartpowered.org](http://www.heartpowered.org)



Text MISSION  
to 46839



Scan  
the QR Code