CARMEL SWIM CLUB

Fall Frenzy
November 6-8, 2026
Carmel High School Natatorium

DEADLINE CHECKLIST

DATE	DEADLINE	DESCRIPTION
Monday, October 5	9:00 AM (EST)	Entries open; can be emailed to **entries@carmelswimclub.org**
Friday, October 9	9:00 AM (EST)	Entry deadline; all entries must be received
Monday October 12		Teams will be notified whether or not their entry has been accepted into the meet
Friday, October 30	9:00 AM (EST)	Deadline for changes to entry
Monday, November 2		Limits, if needed, will be posted to carmelswimclub.org
Friday, November 6 (Day 1 of meet)	12:30 PM	Warm-up begins Scratches must be sent electronically to entries@carmelswimclub.org by 6pm (EST) on Thursday, November 5.
	2:00 PM	Session begins
Saturday, November 7 (Day 2 of meet) Sunday, November 8 (Day 3 of meet)	7:00 AM	Warm-up begins Deck entries close
	7:45 AM	Coaches meeting (Saturday only)
	8:00 AM	Session begins
	12:00 PM* *not before*	Warm-up begins Deck entries close
	1:00* PM *not before*	Session begins

SANCTION
This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction number

HOST
Carmel Swim Club
515 E. Main Street, Suite 100
Carmel, IN 46032

LOCATION
Carmel Aquatic Center: Door 22 on the North Side of the High School
520 East Main Street
Carmel, IN 46032

FACILITY
Competition pools: two 25-yard pools, 10 lanes each with competitor non-turbulent lane markers, Colorado Timing Systems electronic timing equipment and custom designed starting blocks. Continuous warm-up/warm-down is available in the South Pool (25y). THERE IS ABSOLUTELY NO SMOKING OR VAPING IN THE BUILDING and no Glass in the facility.

The competition course has not been certified in accordance with 104.2.2C(4).The depth of the competition pool measures 8 Feet all the way across.

PARKING
Friday will offer paid parking in the lots adjacent to Carmel High School (Free parking Saturday and Sunday). All additional parking available north of the pool at the football stadium (approximately 1/3 mile) will be free all sessions. **All vehicles NOT parked in a lined space are subject to towing at the owners expense.**

RULES
Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

USA Swimming Rule 202.5.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Coaches MUST present their current USA Swimming coaches pass to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if a coach does not comply or credentials are no longer valid or current. Coaches must show a photo ID at the check in table to gain deck access.

ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK. This is an insurance requirement of USA Swimming, and will be strictly enforced.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas or locker rooms.

Deck changes are prohibited.

USA Swimming article 202.4.9 J shall apply: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.
ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand

knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after October 6, 2026, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after October 6, 2026, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

ELIGIBILITY
Swimmers must be registered with USA Swimming prior to the competition. Age, as of November 6, 2026, shall determine the swimmer's age for the entire meet. Registration numbers must accompany entries. There will not be any USA Swimming registration at the meet.

MEET FORMAT
All events are TIMED FINALS. All events on Friday will be swum fastest to slowest. The Friday night session consists of the following age groups: 13/14 and 15&over. The morning sessions consist of 13/14 and Open events. The afternoon sessions consist of 8 & Under/10&Under/11-12. Pool assignments will be determined after entries are received.

The 500 and 1000 Free will be provide your own counter.

TIMELINE MANAGEMENT
Carmel Swim Club reserves the right to limit select events or adjust warm-up/start times during any or all sessions if it is deemed necessary to complete the session(s) within the time requirements. Any limits for Friday's events will be posted on the CSC website no later than Monday, November 2, 2026. Please check the posted psych sheets online for limits to the number of heats for each event. Fees will be refunded for any swimmer cut from an event due to timeline management. Carmel Swim Club also reserves the right to combine age groups within a given session(s) or make adjustments in order to control the timeline. Please note that fly-over starts may be used during all sessions.

ENTRY LIMITS
No team's entries will be broken. Each swimmer will be limited to no more than 3 individual events per day. If a swimmer is entered in more than the maximum number of individual events for that day and does not scratch down by the deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be NO refunds for swimmers entered in more events than permitted.

ENTRY ACCEPTANCE AND DEADLINES
- This meet traditionally fills quickly!
- Entries will be accepted starting Monday, October 5 at 9:00 AM (EST)
- The entry deadline will be Friday, October 9 at 9:00 AM (EST)
- The entry deadline will be extended if the meet does not fill
- Teams will be notified by Monday, October 12 whether or not their entries have been accepted into the meet
- Updated information can be found at www.carmelswimclub.org under the "Team Hosted Meets" Page.

ENTRY PROCEDURE
Between October 5-9, 2026, submit your entries via email using the Hytek Commlink file (CL2 file):
- Review your entry for correct contact information prior to submission
- Be sure to include all swimmers' full names and USA Swimming ID number
- All times must be submitted in short course yards (SCY)
- Send your email with attached entry file to:
  ENTRY CHAIR
  Jami DeBosch
  entries@carmelswimclub.org

- Please include your team name and point of contact information in the email.
- You will receive an email with 24 hours confirming that your entry file has been received and processed. *This does NOT mean you have been accepted into the meet.*

After acceptance, an entry report will be emailed to your team. Be sure to check your entry report for errors. The deadline for changes is at 9:00 AM Friday, October 30, 2026. Carmel Swim Club has sole discretion in determining which entries to accept. In exercising its discretion, Carmel Swim Club will consider timeline, number of officials provided by team, balance of age groups and gender in entries, level of competition, previous meet attendance and geographic location.

ENTRY FEES

All fees must be paid no later than 1 hour prior to the start of the first session in which a team/athlete is competing. Please make checks payable to CARMEL SWIM CLUB and include the Release and Hold Harmless Agreement with payment.

- Individual timed final events: $7.00 per event
- $20 per swimmer surcharge must accompany each entry

DECK ENTRIES

Deck entries for individual events will be accepted until 60 minutes before the next session is scheduled to begin and at the discretion of Carmel Swim Club. Deck entries will only be accepted provided there is a lane available and only as a new addition. No additional heats will be created to accommodate deck entries. No deck entries will be permitted for events that have been limited. Deck entries will be entered as NT (no time). Entry fee for deck entries is $14.00 per individual timed final event.

POSITIVE CHECK-IN

There will be no positive check-in the day of the meet. All scratches for the Friday timed final events, Saturday prelims/timed finals events, and Sunday prelims/timed finals events are due electronically (via email to entries@carmelswimclub.org) by 6:00pm Thursday, November 5.

SCRATCHES

In all individual events on Saturday & Sunday, the swimmers are assumed to be swimming unless they have been scratched from the event. A missed heat or late arrival will deprive swimmers of their opportunity to swim that event.

SEEDING OF EVENTS

Seeding of Friday's events will be done after the close of the positive check-in Thursday Evening. All Saturday and Sunday events will be pre-seeded.

CLERK OF COURSE

Clerk of Course will be provided for 8 & under events only.

FINAL RESULTS

Final results will be posted at the CSC website at www.carmelswimclub.org. Meet results posted through the online application Meet Mobile are not considered final. We will provide coaches with final results in the following formats:

- Meet Manager Backup (Emailed)
- Team Manager .cl2 file (Emailed)
- PDF Full Meet Results (Emailed)

AWARDS

- 13 & Over Events: No individual event awards
- 12 & Under Events: Ribbons will be awarded for 1st through 8th places in individual events
- Points will be awarded for 1st-8th place
- Visiting Team: 1st - $350 Travel Fund Contribution, 2nd - $250 Travel Fund Contribution, 3rd - $150 Travel Fund Contribution
- Awards will not be mailed

ADMISSION

Admission will not be charged.

HEAT SHEETS
Lane & heat assignments will be posted at various points around the pool. Heat sheets will be available on Meet Mobile and posted around the seating area. All psych sheets, and heat sheets will also be posted to the Carmel Swim Club Fall Frenzy Page Linked here.

CONCESSIONS
Concessions may be available for purchase at the upstairs concession stand located on the second level above door 21. If for some reason they are unavailable, that information will be communicated to your team's coach.

MEET DIRECTORS

Kelley Lefever
klefever22@gmail.com

Michelle Coleman
michelle.coleman.13@gmail.com

Kati Shannon
kati.j.shannon@gmail.com

Viktoriia Bogdanova
viktoriia.bogdanova83@gmail.com

MEET REFEREES

Megan Kight
meganjkight@gmail.com

Eric Morris
ericsmorris@hotmail.com

OFFICIALS
The Carmel Swim Club will need and appreciate any help from your USA Swimming Officials. If you are interested, please reach out to a Meet Referee with Sessions you are available.

MEET SCHEDULE
There will be no coaches packet; all pertinent information will be sent out via email the week of the meet. Warm up session lane assignments will be posted on the pool deck. Warm up sessions may be split.

Girls Event #	FRIDAY 13 & Over	Boys Event #
**Will Be Swum Fastest to Slowest		
	FRIDAY PM Warm-Up 12:30 PM Meet Start 2:00 PM	
1	15&Over 400 IM **	2
3	13-14 400 IM **	4
5	15&Over 500 Free **	6
7	13-14 500 Free **	8
9	13&Over 1000 Freestyle	10

Girls Event #	SATURDAY 13 & Over Warm-Up 7:00 AM Meet Start 8:00 AM	Boys Event #
11	13-14 100 Free	12
13	Open 100 Free	14
15	13-14 50 Breast	16
17	Open 50 Breast	18
19	13-14 100 Back	20
21	Open 100 Back	22
23	13-14 200 IM	24
25	Open 200 IM	26
27	13-14 200 Breast	28
29	Open 200 Breast	30
31	13-14 100 Fly	32
33	Open 100 Fly	34
Girls Event #	SATURDAY 12&UNDER WU: (No earlier than) 12:00pm MS: (No earlier than) 1:00 PM	Boys Event #
35	10&Under 200 Free	36
37	11-12 200 Free	38
39	8&Under 25 Free	40
41	10&Under 50 Free	42
43	11-12 50 Free	44
45	8&Under 25 Back	46
47	10&Under 100 Back	48
49	11-12 100 Back	50
51	8&Under 50 Breast	52
53	10&Under 50 Breast	54
55	11-12 50 Breast	56
57	8&Under 25 Fly	58
59	10&Under 100 Fly	60
61	11-12 100 Fly	62
63	12&U 500 Free	64

Girls Event #	SUNDAY 13 & Over Warm-Up 7:00 AM Meet Start 8:00 AM	Boys Event #
65	13-14 50 Fly	66
67	Open 50 Fly	68
69	13-14 200 Back	70
71	Open 200 Back	72
73	13-14 100 Breast	74
75	Open 100 Breast	76
77	13-14 200 Free	78
79	Open 200 Free	80
81	13-14 50 Back	82
83	Open 50 Back	84
85	13-14 200 Fly	86
87	Open 200 Fly	88
89	13-14 50 Free	90
91	Open 50 Free	92
Girls Event #	SUNDAY 12&UNDER WU: (No earlier than) 12:00pm MS: (No earlier than) 1:00 PM	Boys Event #
93	10&Under 200 IM	94
95	8&Under 50 Free	96
97	10&Under 100 Free	98
99	11-12 100 Free	100
101	8&Under 50 Fly	102
103	10&Under 50 Fly	104
105	11-12 50 Fly	106
107	8&Under 25 Breast	108
109	10&Under 100 Breast	110
111	11-12 100 Breast	112
113	8&Under 50 Back	114
115	10&Under 50 Back	116
117	11-12 50 Back	118
119	11-12 200 IM	120

This summary form must be completed and returned to the entry chair upon arrival at the meet, along with payment

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for him/herself, the club and its swimmers, their successors and assigns, hereby release and forever discharge Carmel Swim Club and its Board of Directors, United States Swimming, Carmel High School, Carmel Clay Schools,, Indiana Swimming, Inc. and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned representative and his swimmers shall indemnify and hold harmless Carmel Swim Club, United States Swimming, Indiana Swimming, Inc., Carmel High School and the Carmel Clay Schools and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____day of_____, 202_

Club Team Name _____

Signature of Club Official or Coach_____

Name & Cell Phone Number of Coach Attending Meet_____

INCLEMENT WEATHER

Pursuant to Article 102.7.4 of the USA Swimming Rule Book, Carmel Swim Club reserves the right to alter the meet schedule if winter weather poses a travel problem for participating athletes. The decision to delay or cancel the meet will be communicated to participating teams as soon as possible. It is the intent of Carmel Swim Club to make every effort to host this meet, but the safety of participating swimmers, coaches, officials & volunteers is our first priority.