



**THE FROMM INSTITUTE
FOR LIFELONG LEARNING**
at the University of San Francisco

**SPRING 2026
COURSE CATALOG**





APRIL 13 - JUNE 4, 2026

SPRING 2026 COURSE SELECTIONS




Full titles, descriptions and faculty biographies appear on pages 7 through 32. Instructions on “how to enroll” and the Academic Calendar are on page 5. Classes run eight weeks from April 13 until June 4, 2026.

 In Person Only
  Hybrid
  Online Only
  Recorded





MONDAY MORNINGS • 10:00AM - 11:40AM

-  Prof. Bill Eddelman Venice, the Veneto and the Middle East
-  Prof. Martin Marshall Contemporary Comedic Genius: Saturday Night Live (1975-80) The Gilda Age
-  Prof. Dave Peritz The Ethics and Politics of New Technology
-  Prof. Ernest Newbrun The Life and Work of Vincent van Gogh




MONDAY AFTERNOONS • 1:00PM - 2:40PM

-  Prof. Sonny Buxton Piano Giants of Jazz
-  Prof. John Shafer SEMINAR: Artificial Intelligence and You: Understanding and Using GenAI
-  Prof. Nikolaus Hohmann Glamour, Iron, and Magnificence - Europe 1850 - 1900

TUESDAY MORNINGS • 10:00AM - 11:40AM

-  Prof. Scott Foglesong The Nobel Art of Chamber Music
-  Prof. David Watts The Contented Life
-  Prof. Douglas Kenning Ancient Egypt: A Cheerful Theocracy
-  Prof. Avril Angevine The Real and Unreal: A Look at Dutch Art

TUESDAY AFTERNOONS • 1:00PM - 2:40PM

-  Prof. Michael Bernsohn HUMANITAS: Gardens of Italian Renaissance
-  Prof. Andrew Fraknoi The Mysterious World Inside the Atom: Quantum Mechanics without Math
-  Prof. David Moschler The Film Music of Bernard Herrmann



SPRING 2026 COURSE SELECTIONS

3




Full titles, descriptions and faculty biographies appear on pages 7 through 32. Instructions on “how to enroll” and the Academic Calendar are on page 5. Classes run eight weeks from April 13 until June 4, 2026.

 In Person Only  Hybrid  Online Only  Recorded




WEDNESDAY MORNINGS • 10:00AM - 11:40AM

-  Dr. Louise Aronson Medical Lecture Series
-  Prof. Lynne Kaufman Eight Life Performances: Exploring the Creative Process




WEDNESDAY AFTERNOONS • 1:00PM - 2:40PM

-  Prof. Debashish Banerji Art and the City: The Durga Puja Festival of Kolkata
-  Prof. Roy Eisenhardt World War II: The Asia Pacific Theatre
-  Prof. Natacha Ruck SEMINAR: Tell Your Stories from the Page to the Radio

THURSDAY MORNINGS • 10:00AM - 11:40AM

-  Prof. Kip Cranna Vive La France! Savoring French Opera
-  Prof. Toby Engelberg History of Architecture, Part VII
-  Prof. Cary Pepper Five Decades of Katharine Hepburn

THURSDAY AFTERNOONS • 1:00PM - 2:40PM

-  Prof. Barbara Lane The Art of Mystery
-  Prof. Ruthe Stein The Melodrama in Film: Arousing Emotions in the Dark
-  Prof. Mary Ellen Hannibal The New Age of Nature

MEMBERSHIP FEES

THE FROMM INSTITUTE OFFERS FOUR ENROLLMENT OPTIONS

1. **Course Membership - \$150 Per Course (8 Class Sessions)**

- About \$19 per class session - cheaper than a fitness class or art workshop!!

2. **Sessions Membership Bundle - \$500**

- Enroll in a maximum of 8 courses in a single session
- As low as \$8 per class session (enrolled in 8 courses)

3. **Scholarship Membership - Sliding Scale Based on Need**

- Enroll in a *maximum of 4 courses*
- A *partial payment* is required
- To enroll, call the Fromm Institute at **(415) 422-6805**

4. **Pay in Full - \$400 Per Course (Pay the Full, Unsubsidized Cost of Classes)**

IMPORTANT NOTES

- **No additional fees** - membership fees are all inclusive
- Membership fees are **not tuition** and **cannot** be prorated or applied to future sessions
- **Refund Policy:** Withdraw by the **end of Week 2** for a refund, **minus a \$25 Processing Fee**

PAYMENT OPTIONS

- **Credit Card:** online at www.fromminstitute.org or by phone at 415-422-6805
- **Check:** Payable to “The Friends of the Fromm Institute,” mailed to The Fromm Institute at USF, 2130 Fulton Street, San Francisco, CA 94117-1080. Please include your course selections.

HOW TO ENROLL



1. Visit: **www.fromminstitute.org**.
2. Click the “**Spring SESSION 2026 Enrollment**” tab.
3. Fill out the enrollment form with your contact information, class selections, and preferred plan (in-person or online).
4. After completing the form, you’ll be asked to submit payment. You’ll also have the option to add a donation before checking out.
5. Once enrolled, you’ll receive an email confirmation. Zoom reminders will be sent 30 minutes before each online class.

Need help? Contact the Fromm Institute office at 415.422.6805.

Scholarships: To apply, please call the office to enroll.

SPRING 2026 CALENDAR

Enrollment Opens	Monday, October 27, 2025
Gather Together Event	Wednesday, January 7, 2026
Classes Begin	Monday, April 13, 2026
Classes End	Thursday, June 4, 2026
Make-Up Week	June 8, 2026 - June 11, 2026
Holidays	Monday, January 19, 2026 (MLK Jr. Day - No Classes) Monday, February 16, 2026 (Presidents' Day - No Classes)

DISCOVER, ENGAGE & CONNECT

Lifelong learning is more than simply knowledge — it's about connection, purpose, and vitality. The Fromm Institute transforms lives, combats isolation, and promotes longevity. We provide adults 50 and older with dynamic educational courses in a welcoming community on the intergenerational University of San Francisco campus, fostering intellectual engagement, social connection, and a renewed sense of purpose.

More than just a place to learn, the Fromm Institute is an investment in healthy aging. Research shows that staying mentally and socially active reduces the risk of cognitive decline, strengthens memory, and minimizes physical disease and deterioration. By engaging the mind and building meaningful relationships, we help delay the onset of age-related challenges — empowering and encouraging our students to lead richer, healthier, and more fulfilling lives.

For students, the Fromm Institute is a gateway to continued growth, inspiration, and connection. For donors, it is an opportunity to support a proven model for lifelong learning that enhances mental and physical well-being, fosters community, and extends the health span of older adults. The Fromm Institute is a catalyst for a longer, healthier, and more vibrant life. Join us in shaping a future where curiosity knows no age, and membership is a path to vitality.



6

OPEN HOUSE

COURSE MODALITIES

THE FROMM INSTITUTE OFFERS FIVE COURSE MODALITIES

Live Classes

1. *In Person (IP)* - Faculty and students meet live in Fromm Hall.
2. *Hybrid (H)* - Faculty and students meet live in Fromm Hall and broadcasted online.
3. *Online (OL)* - Students attend live online; faculty teach live online or in Fromm Hall.

Recorded Classes

1. *Recordings* - Access recordings from the current session (included with enrollment in live recorded classes).

PARKING

- Parking permits are available for purchase *at the time of class enrollment*.
- Spaces are limited; first-come, first-served.

CONTACT US

The Fromm Institute office is open Monday through Thursday from 8am to 5pm.

You can reach us at:

Phone: 415.422.6805

Email: info@FrommInstitute.org

Web: FrommInstitute.org

Mailing Address: 2130 Fulton St., SF, CA 94117-1080

Reach a hyperlocal audience.

An advertisement in this course catalog is a highly effective way to promote your business to our community.



Call me to reserve this spot today!
Donna Touros | 916-284-4438



Monday Mornings 10:00am - 11:40am

VENICE, THE VENETO AND THE MIDDLE EAST

PROF. WILLIAM EDELMAN

In Person Only

Venice existed as a republic for 1,000 years until 1797. This course will explore the humanistic cultural activities and lifestyles led by its ruling aristocratic oligarchy in the final Golden and Silver Ages. We will look at some of the art, but Venice's architecture, myths, celebrations, theatres, opera, music, parties, balls, gambling and carnivals will be our primary focus as Venice changed from a powerful mercantile society into a pleasure-loving tourist attraction during its final declining years. We will start in Venice, but as we move into the countryside, we will explore the aristocratic country lifestyles of Veneto's villa culture, the major villas created by Andrea Palladio in the 16th century and their ongoing influences throughout the centuries.



Venice must be understood in relation to the world of the Middle East. As the major trading power in the eastern Mediterranean for centuries, Venice served as the “bazaar of Europe” and eastern influences became an essential part of Venetian culture and art. Cultured, powerful, humanistic, artistic and mythic; Venice over the centuries has always exerted its own seductive spell and we will go back and explore those vanished worlds.

Performance at the San Benedetto theatre in Venice, 1782



PROF. WILLIAM EDELMAN

Education: M.A Theatre/Theater, Stanford; Ph.D Drama and Dramatics/Theatre Arts, Stanford

Expertise: International theatrical design with a focus on Europe

Previous Roles: Associate Professor at Stanford, member of the Master Classes, Designer for Stanford productions and for varying companies in the Bay Area

Prof. Willian Eddelman is an Associate Professor Emeritus in Theatre History and Design in the Stanford University Department of Theatre and Performance Studies where he combined both the Academic and Creative worlds in undergraduate and graduate classes. His course offerings and theatrical interpretations were diverse and interdisciplinary moving from theater

and cultural history through contemporary design aesthetics and dramatic literature. As an expert in international theatrical design with a focus on Europe, he is currently creating a performance collection for the Achenbach Graphic Arts Council of the San Francisco Fine Arts Museums housed in the Legion of Honor. He gave the Achenbach Collection part of his Japanese Kabuki and Noh Theatre Print Collection. Currently at the Brooklyn Museum in New York, a major print gifted to the Achenbach is included in the Monet and Venice exhibit - opening at the Legion of Honor this Spring.

COURSE DESCRIPTIONS & FACULTY BIOS

Monday Mornings 10:00am - 11:40am

CONTEMPORARY COMEDIC GENIUS: SATURDAY NIGHT LIVE (1975-80) THE GILDA AGE

PROF. MARTIN MARSHALL

In Person Only / Not Recorded

This course includes clips and commentary from the Saturday Night Live shows from 1975-1980, as well as background information on the actors and the formation of the show itself. It features a deep look into the works of Gilda Radner, Dan Akroyd, John Belushi, Jane Curtin, Garrett Morris, and Loraine Newman as well as visitors such as Steve Martin and Buck Henry.

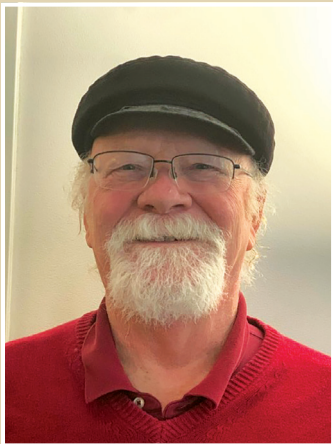
It contains medleys of the great musical artists who were guests on the show, from Paul Simon and James Taylor to George Harrison, Bob Dylan, Frank Zappa, Bette Midler, Carole King, The Grateful Dead, The Doobie Brothers, and more.

It dives into the many characters developed by the key actors on the show, including Gilda Radner's portrayals of Emily Litella, Roseanne

Rosannadanna, Lisa Loopner, Baba Wawa, Judy Miller, Annette Funicello and Candy Slice. Dan Akroyd is seen as the pitch man, Jimmy Carter, Richard Nixon, a wild and crazy guy, Beldar Conehead, Julia Child, Weekend Update host, half of the Blues Brothers and a medley of his film roles including Ghostbusters.

Belushi shows up as a weekend update commentator, Beethoven, a Blues Brother, Stanley Kowalski, Marlon Brando, and a samurai.

And yes, King Tut will be there too.



PROF. MARTIN MARSHALL

Expertise: Elements of the Contemporary Comedic Genius

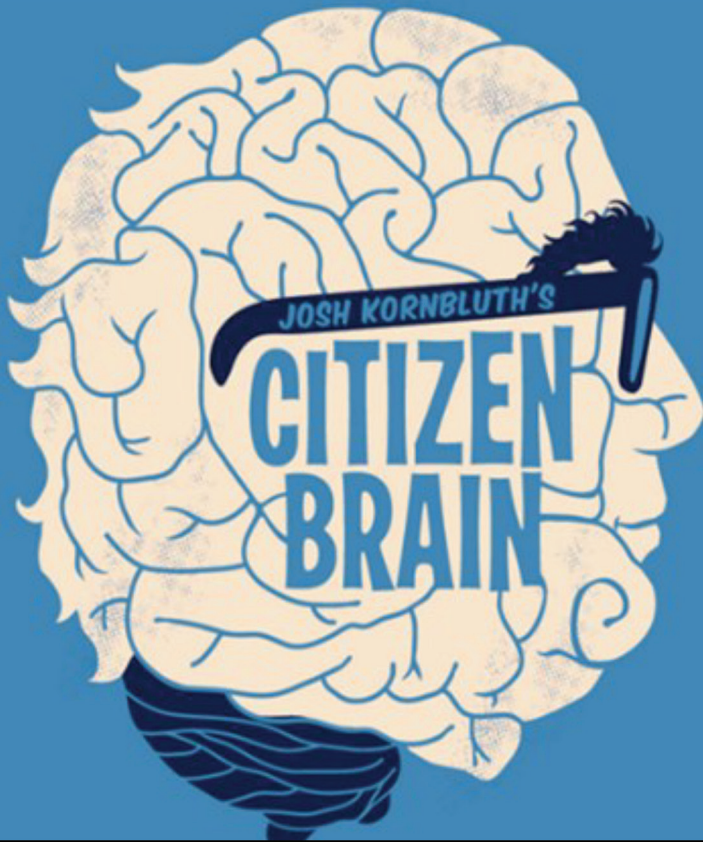
Previous Roles: Professor, Film director, Song writer, Director of Geezer Theater, Founder of Improvisation Incorporated

Prof. Martin Marshall has been teaching elements of the Contemporary Comedic Genius series for the past 12 years, completing more than 50 courses across 13 university-associated Osher Lifelong Learning Institute (OLLI) programs, including UCLA, Carnegie Mellon, Calstate Eastbay, Dominican U, Santa Clara U. and others.

His performing career began in the late 1960s in workshops at the L.A. theater of The Committee, then extended to workshops at The Committee in San Francisco, leading to him being a founding member of Improvisation Incorporated in SF in 1972.

He has written, directed and produced 12 films, written dozens of songs, and is well known in both standard and slam Bay Area poetry circles. He was also a director of Geezer Theater in San Francisco, an outgrowth of the SFSU OLLI program in the early part of the 00s and modeled in the style of the San Francisco Mime Troupe.

His courses range from Moms Mabley to Jon Stewart.



You're Invited To The Learning Table

Join us with Josh Kornbluth, Bay Area nationally known comedic monologist and fellow of the Global Brain Health Institute /UCSF. During his fellowship he experienced two dire situations; his stepfather developed Alzheimer's and our nation's politics seemed to both be suffering from dementia...One man's view of dementia.

Tue, May 5th No cost

10:00am - Coffee & Tea

10:30am - Talk & Q&A

11:30am - Buffet Lunch

WHERE Rhoda Goldman Plaza
Assisted & Memory Care Senior Living
2180 Post Street, San Francisco

RSVP AllisonR@rgplaza.org
Seating is limited

RCEF# 38560012

Advertise in Our Catalog!

Contact Donna Touros

916-284-4438

dtouros@4lpi.com



COURSE DESCRIPTIONS & FACULTY BIOS

Monday Mornings 10:00am - 11:40am

THE ETHICS & POLITICS OF NEW TECHNOLOGY

PROF. DAVID PERITZ

Online Only / Recorded

We recently crossed the threshold into the age of digital technology. Yet we often fail to reckon with or even recognize how rapidly and profoundly this transition transforms almost every aspect of every person's life. New technologies move from fictional possibility to accomplished reality integrated into daily lives at almost indiscernible speed. The intuitive way they fit human capacities and tendencies combined with their often subtle integration into so many socially necessary or personally pleasurable everyday activities accounts for how seamlessly we adapt them, typically without reflecting on the ways they change us. But these effects are profound. We are immersed in an unfathomably powerful and profitable technological cosmos that recasts the fundamental attributes of human nature: when and to what degree we feel emotions and how we interpret the often inchoate, somatic stirrings of sentiment; how our attention is formed, structured, directed, and what it focuses on; how we learn about the world and each other and distinguish valid or reliable knowledge from its opposites; what we desire; how we conceive of

ourselves and others, and present ourselves to one another; how our children develop; how and what and with whom we communicate or associate...the list is nearly endless. And yet the rate of innovation in digital technologies and their transformative effects on human nature continue to accelerate and penetrate ever more quickly and deeply, with no apparent limit in sight. Is there no way to slow and eventually regain control of the technological remaking of the human condition? An effort to address this question motivates this course, and, as the title states, the approach will be two-fold: ethical and political. Ethics asks what I should make of myself as an individual, while politics addresses the issue of how we should structure and regulate our lives together. The only plausible approach to gaining greater control over our technology is for us to work on both of these fronts in tandem. To better understand the magnitude of this undertaking, its challenges and the most promising avenues open to us, this course will look at work by technologists, philosophers, historians, political scientists, psychologists and sociologist among others. The overall approach will not be technical but humanistic, for only from this perspective can we hope to understand how malleable our nature is, what potentials for flourishing and suffering it contains, what conditions favor or disfavor the expression of those potentials, and how technology can contribute to or undermine those conditions.



PROF. DAVID PERITZ

Education: BA, Occidental College. DPhil, Oxford University

Expertise: Research on modern and contemporary political philosophy, diversity and inequality

Previous Roles: Director of Minerva Academy of Lifelong Learning, Taught at Harvard, UC Berkeley, Dartmouth, Deep Springs, Cornell, and Fromm

Prof. David Peritz is the recipient of a Marshall Scholarship and has taught at Harvard, Deep Springs, Dartmouth, UC Berkeley, and Cornell. His research focuses on modern and contemporary political philosophy, especially theories of democracy and justice and their relation to issues of diversity and inequality. He has taught at Fromm since 2016 and in lifelong learning for 25 years. He directs the Minerva Academy of Lifelong Learning and recently received support from the Mellon Foundation for his work in this field.

Monday Mornings 10:00am - 11:40am

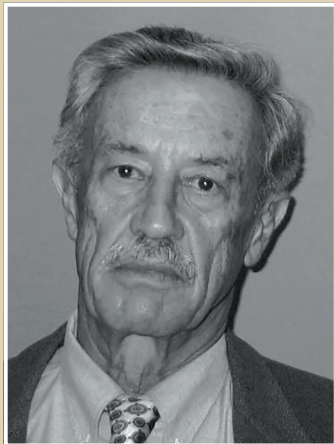
THE LIFE & WORK OF VINCENT VAN GOGH

PROF. ERNEST NEWBRUN

Online Only / Recorded

Dutch-born Vincent van Gogh (1853-1890) was one of the greatest Post-Impressionist painters. Today his art sells for astronomic amounts, yet during his lifetime he sold just one painting. He depended on his brother Theo for financial support. His striking color and emphatic brushwork influence the Expressionist movement. His artistic career lasted merely 10 years from 1880 to 1890. As he matured his art grew bolder and more assured, painting three types of subjects: still life, landscape and portraits. His personal idiom and style of brushwork developed using

pure colors and broken brushwork. His subject matter became typically impressionistic, such as cafés and cityscapes. He moved from Paris to Arles in southern France, enchanted by the countryside. He was admitted to an asylum for the mentally ill after cutting off his ear following a quarrel. At Saint-Rémy, his art changed markedly. His colors lost the intensity of the Arles period: yellows became coppers; reds verged toward brownish tones. His lines became restless. He applied the paint more violently with thicker impasto, the application of thick layers. Van Gogh was drawn to objects in nature under stress: whirling suns, twisted cypress trees, and surging mountains. He experienced fits of temper and quarreled with his physician, ultimately shooting himself. In this course we will study his universally esteemed art.



PROF. ERNEST NEWBRUN

Education: Dental degrees (BDS, DMD), graduate degrees (MS, PhD) and received honorary doctorates (Doc Odont, DDSc)

Expertise: Science, Nutrition, Art History

Previous Roles: Professor at USF's Fromm Institute and Sonoma State University Osher Lifelong Learning INstitute

Since his retirement from the UC in 1994, he has been teaching in lifelong learning programs at USF's Fromm Institute and Sonoma State University Osher Lifelong Learning Institute. Prof. Newbrun was born in Vienna, Austria, grew up in Sydney, Australia and has lived in San Francisco since 1961.

Support The Fromm Institute

Your generosity fuels our mission of lifelong learning. As a nonprofit, we rely on supporters like you to keep our community thriving. Make a gift today and be part of something extraordinary!

www.fromminstitute.org/giving



COURSE DESCRIPTIONS & FACULTY BIOS

Monday Afternoons 1:00pm - 2:40pm

PIANO GIANTS OF JAZZ

PROF. SONNY BUXTON

Online Only / Recorded

Jelly Roll Morton claims to have been the first to transcribe the barrelhouse notes of early New Orleans jazz to paper - the first jazz notes. The course will also cover, Willie The Lion Smith, son of a Jewish Cantor. Smith was one of the early influences in the style and concept for Duke Ellington.

Art Tatum: the blind piano player, from Ohio, was known throughout the world of piano as a genius. Thomas Fats Waller, son of a Harlem preacher, was one of the most influential

players, composers and entertainers. Oscar Peterson, a Canadian, was known by Duke Ellington as “The Maraja”. In all cases, the lifestyle is just as interesting as the performing. We will take a close look at each artist.



PROF. SONNY BUXTON

Expertise: Jazz Music

Previous Roles: Musician, Music Producer, Restaurateur, Newsman, Football Player

Prof. Sonny Buxton’s lifelong passion has been music and documentary filmmaking. He has worked as a professional musician, with the likes of Peggy Lee, Billy Eckstine, and Bill Strayhorn. He has produced shows ranging in scope from the Motown Allstars to B. B. King, Ray Charles, Ella Fitzgerald, and Miles Davis. He traveled with Ellington producing an awardwinning audio documentary. A longtime jazz club/restaurateur in Seattle and SF, he has also had a long career in broadcasting working for KGO as a newsman, a talk show host, and an executive producer. He is a Northern California Emmy Awardee. He

hosts “Saturday MidDay Jazz” on KCSM. Working as a social psychologist/football player have been parts of his life now being put into Memoirs of a Jazz Junkie: My First Two Hundred Years.

Advertise Here

Visit www.lpicommunities.com/advertising-solutions

Scan to get started



Monday Afternoons 1:00pm - 2:40pm

SEMINAR: ARTIFICIAL INTELLIGENCE AND YOU: UNDERSTANDING AND USING GENAI

PROF. JOHN SHAFER

In Person Only / Not Recorded

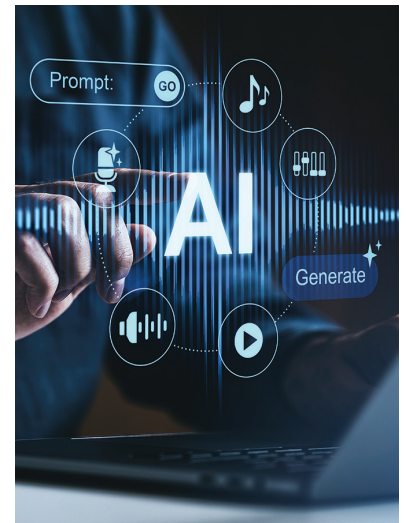
Generative AI (GenAI) is transforming how we communicate, create, and interact with technology. But what exactly is it, and how does it affect everyday life? This engaging and interactive course introduces the fundamentals of generative AI, explores its practical uses, and examines the ethical and social questions it raises.

Designed for lifelong learners, this course requires no prior technical knowledge—just curiosity and a willingness to learn. Participants do not need to be “tech-savvy,” and they do not even need to own a computer to benefit from the class. Those who bring a laptop, tablet, or smartphone, however, will be able to take fuller advantage of hands-on exercises during class sessions. Through live

demonstrations, discussions, and guided activities, we will explore AI tools such as ChatGPT, image generators, and voice assistants, and consider how they are reshaping fields including education, art, healthcare, and the workplace.

We will also address issues such as privacy, misinformation, and the broader societal implications of AI.

Each class session balances practical exploration with thoughtful discussion, helping participants develop a clear, realistic understanding of both AI’s capabilities and its limitations. Whether you are intrigued by AI’s creative possibilities, concerned about its impact, or simply want to keep up with a rapidly changing technological landscape, this course will provide the tools and perspective needed to engage with AI confidently.



PROF. JOHN SHAFER

Education: Law, University of San Francisco

Expertise: Computer-assisted legal research

Previous Roles: Professor of law

Prof. John Shafer has over 40 years of experience helping beginners understand and use computer technology. While a law student at the University of San Francisco School of Law, he received a special fellowship to train fellow students and faculty in computer-assisted legal research. After a brief period in legal publishing, he returned to USF Law as a research librarian and assistant professor of law. He is known for clear explanations, innovative instructional design, and strong student engagement. In 2024, he received the USF Provost’s Innovation in Instruction Award for his pioneering work integrating generative AI into the law school classroom.

His learner-centered approach and commitment to accessible, high-quality instruction continue to distinguish him as an educator.

COURSE DESCRIPTIONS & FACULTY BIOS

Monday Afternoons 1:00pm - 2:40pm

GLAMOUR, IRON, AND MAGNIFICENCE - EUROPE 1850 - 1900

PROF. NIKOLAUS HOHMANN

Hybrid / Recorded

One of the most spectacular and creative periods in European history: magnificent buildings and magnificent art, remarkable engineering and scientific breakthroughs.

The world of Franz Liszt, Wagner, and Mahler; of Napoleon III, Queen Victoria and Bismarck; the world of “Mad King Louis” and his “fairy tale” castles; and the advent of luxurious



ocean liners. Not just a “Gilded Age” but truly a glamorous “Golden Age” before Europe’s fateful “long journey” into the night of the 20th Century.



PROF. NIKOLAUS HOHMANN

Education: B.A. in Humanities from Stanford, PhD in history, UC Berkeley

Expertise: History, philosophy

Previous Roles: Chair of Humanities & Sciences, San Francisco Conservatory of Music

Prof. Nikolaus Hohmann was raised in both Europe and California, and so discovered the joys of exploring and mediating different cultures at an early age. He received a B.A. in Humanities from Stanford in 1978 and worked a few years in business (as auditor for Price Waterhouse in Los Angeles) before entering a doctoral program in history at UC Berkeley. A Fulbright scholar and Phi Beta Kappa, he received his PhD in History from the University of California

at Berkeley in 1993 and has since served the Humanities department of the San Francisco Conservatory of Music, where he teaches a broad array of history and philosophy classes, including lectures on Ancient Greece and Rome. In 2005, Dr. Hohmann received the Excellence in Teaching Award from the Sarlo Foundation.

Reach a hyperlocal audience.

An advertisement in this course catalog is a highly effective way to promote your business to our community.



Call me to reserve this spot today!

Donna Touros | 916-284-4438



Tuesday Mornings 10:00am - 11:40am

THE NOBLE ART OF CHAMBER MUSIC

PROF. SCOTT FOGLESONG

Hybrid / Recorded

Offered Through the Generosity of Barbara Fromm Chair in Classical Music

Ah, chamber music! Music for the home, for the salon, for the recital hall. But not for big concert halls and not for egocentric conductors and their dictatorial ways. This is music that's kept under the control of its players, discussed and planned and

rehearsed. For many composers, chamber music is the crucible at which they forge their styles and hone their skills. We'll take it in chronological order, from the Baroque era to the present day. String quartets, piano trios, wind ensembles, brass ensembles, small string orchestras: Haydn, Mozart, Beethoven, and on to such modern worthies as Debussy, Poulenc, Shostakovich, and Bartok.



PROF. SCOTT FOGLESONG

Education: MM, San Francisco Conservatory of Music, BM, San Francisco Conservatory of Music

Expertise: Classical Music

Previous Roles: Contributing Writer and as "Inside Music" Lecturer

Prof. Scott Foglesong is currently the Chair of Musicianship and Music Theory at the SF Conservatory of Music, where he has been a faculty member since 1977. In 2008 he was the recipient of the Sarlo Family Foundation Award for Excellence in Teaching. A Contributing Writer and Pre-Concert Lecturer for the SF Symphony, he is the program annotator for the California Symphony, Oregon Symphony, Maestro Foundation, and Grand Teton Music Festival in addition to numerous other organizations. As a pianist he has played solo and chamber recitals nationwide in a repertoire ranging from Renaissance through

ragtime, jazz, and modern idioms. Originally trained at the Peabody Conservatory, he studied piano with Elizabeth Katzenellenbogen; later at the SF Conservatory he studied piano with Nathan Schwartz, harpsichord with Laurette Goldberg, and theory with both Sol Joseph and John Adams.

Advertise in Our Newsletter!



Contact Donna Touros

(916) 284-4438 | dtouros@4lpi.com



Tuesday Mornings 10:00am - 11:40am

THE CONTENTED LIFE

PROF. DAVID WATTS

In Person Only / Not Recorded

The theme of the book I have been working on is The Contented Life. In the Fromm course of the same name I will discuss one of the chapters each hourly session, The Examined Life, Love, Nature, The Positive Life View, Spirituality, Sex, The Unconscious Mind, The Power of Kindness, etc. The presentations will be a mix of history, philosophy, science and poetry as each applies to the development of ideas around the topic at hand. Together they will assemble options for deeper understandings and more creative approaches to include in one's personal life.



PROF. DAVID WATTS

Education: MD Baylor College of Medicine

Expertise: Medicine

Previous Roles: MD

Working toward an understanding of elements essential to a contented life, Watts has explored the fields of science, medicine, music, poetry, public broadcasting and meditations on the subjects of love and family life. He's published more than thirty books and founded and led workshops at several universities and literary communities all over the country. He has a wonderful, poetic wife, several children and a bunch of grandchildren.

Real stories from real students.

“I’ve been a Fromm lifelong learner since 2018. The course offerings are diverse and top-level, and the professors are outstanding. I love the in-person classes — a great way to stay engaged with friends and meet new ones!”

Tuesday Mornings 10:00am - 11:40am

ANCIENT EGYPT: A CHEERFUL THEOCRACY

PROF. DOUGLAS KENNING

In Person Only / Not Recorded

Delightful painted images of approachable people will take us through three millennia of Egyptian life. With the primordial mound of Creation as a touchstone, we'll float down the river of Egyptian story from a green, wet Sahara, through the Old, Middle, and New Kingdoms, past the pyramid laborer thirsty for his beer ration, to Cleopatra's fatal embrace of an asp. In a journey full of "wondrous things" (as Howard Carter exclaimed when breaking into Tutankhamen's tomb), we



will meet the gods, explore the religion (temples, mummification, the joyous afterlife), hieroglyphics, daily life, and the gifts for which the Egyptian was ever thankful: the Sun's loving and fatal eye and the Nile's birthing waters.



PROF. DOUGLAS KENNING

Education: Ph.D. University of Edinburgh

Expertise: History, philosophy and culture

Previous Roles: Wildlife biologist, stage actor, army engineer officer, Manhattan taxi driver, academic administrator, university professor, tour guide

Prof. Douglas Kenning (Ph.D., University of Edinburgh, Scotland), has enjoyed a career as an assistant professor of literature and history at universities in Tunisia, Japan, Italy, and the United States. Also, he has been, professionally, a biologist, actor, army officer, Manhattan taxi driver, study-abroad academic director, and writer of books, articles, and stage plays. He divides each year between the San Francisco area, giving talks and lecture series mostly on Mediterranean civilizations, and Sicily, where he leads history and myth-focused small-group tours.

Reach a hyperlocal audience.

An advertisement in this course catalog is a highly effective way to promote your business to our community.



Call me to reserve this spot today!

Donna Touros | 916-284-4438



COURSE DESCRIPTIONS & FACULTY BIOS

Tuesday Mornings 10:00am - 11:40am

THE REAL & THE UNREAL: A LOOK AT DUTCH ART

PROF. AVRIL ANGEVINE

Hybrid / Recorded

This course will introduce you to the rich history of art in the Netherlands—a small corner of Europe with a massive art presence. Beginning in the Middle Ages with their mastery of oil paints, Netherlandish artists achieved an unmatched level of reality-- and fantasy-- in the works of Jan van Eyck, Hieronymous Bosch and Pieter Breughel. By the 17th century--the Golden Age--the first real art market enabled the development of the specialized genre paintings of landscapes, seascapes, church interiors, tavern scenes,



cows, and still lifes of everything from soup to nuts--not to mention the towering tactile and spatial realism of Rembrandt, Rubens, and Vermeer. 20th century Dutch artists, such as Piet Mondrian, helped create modern art, and the tradition of innovation continues with Karel Appel, Luc Tuymans, Marcel Broodthaers, Folke Janssen. You'll even learn something about tulips, Delft porcelain, and the mysterious workings of M.C. Escher's mind.



PROF. AVRIL ANGEVINE

Education: BA UC Berkeley, MA in Comparative literature, English, French & Dutch literature of Modern Period

Expertise: English, Modern and Contemporary Art

Previous Roles: Art Director of the California Coastal Conservancy magazine

Prof. Avril Angevine is an arts lecturer with a particular interest in modern, contemporary, and California art. She speaks on many subjects at various locations in the Bay Area, including several OLLI programs and the Fromm Institute. Avril has a BA in English and an MA in Comparative Literature from UC Berkeley and taught English and Humanities at local colleges. She is also a museum guide at the San Francisco Museum of Modern Art, the Sonoma Valley Museum of Art, and the Oakland Museum of California.

Your Hearing Health Matters

Access premium hearing devices with reduced prices, and help support tomorrow's audiologists.

Call (415) 780-2001 today.

UNIVERSITY OF THE
PACIFIC

Hearing and
Balance Center

Free Hearing Health Webinars
Scan here to access our on-demand library:
Visit our website at www.hearingclinic.pacific.edu



Tuesday Afternoons 1:00pm - 2:40pm

HUMANITAS: GARDENS OF THE ITALIAN RENAISSANCE

PROF. MICHAEL BERNSOHN

In Person Only / Not Recorded

Through a rich visual palette (drawings, paintings, and photographs), this course investigates the history and development of Humanism as realized in the gardens of the Italian Renaissance. The lectures focus on both the ideas and the ideals that ushered

14th-century Italy out of the oppressive darkness of the Middle Ages and into a period of “rebirth,” eventually spreading throughout central Europe and beyond. This “sudden” proliferation of creativity and liberal thought is manifested artistically through metaphorical representation in garden architecture. The ideas of this period were explosive and revolutionary, as they redefined man’s place on earth, and wedded architecture to nature. Specifically examined will be gardens in the northern sub-Alpine Lake District, Tuscany, the Veneto, Rome, Naples, and the Amalfi Coast.



PROF. MICHAEL BERNSOHN

Education: B.A. Columbia university

Expertise: Landscape design, coastal plants

Previous Roles: Former owner of Las Baulines Nursery

Landscape Designer Michael Bernsohn has resided and practiced in Marin County, California, for over fifty years. As the former owner of Las Baulines Nursery, Michael is conversant in the language of coastal plants and their design possibilities, earning him a reputation as an expert of this rich and unique palette of materials.

As an outgrowth of his knowledge of garden composition, coupled with his early studies in both architecture and European literature, Michael found

himself gravitating toward the Italian Renaissance period, and the highly formalized gardens that accompanied the great villas of that time.

From this confluence grew a tangential career in leading tours of Italian gardens. Michael continues to lecture on the significance of Italian gardens, both concrete and metaphorical, while emphasizing a “realized” set of tenets that define the Renaissance, and what broader significance these principles of beauty reveal.

Leave a Lasting Legacy with the Fromm Society

By including the Fromm Institute in your will, trust, or retirement plan, you’re supporting lifelong learning for years to come. As a member of the Fromm Society, your legacy will empower future learners and help foster a community of curiosity and growth. To become a member, contact Derek Leighnor at 415-422-6805 or Derek@fromminstitute.org.

Tuesday Afternoons 1:00pm - 2:40pm

THE MYSTERIOUS WORLD INSIDE THE ATOM: QUANTUM MECHANICS WITHOUT MATH

PROF. ANDREW FRAKNOI

Hybrid / Recorded

This nonmathematical course, designed for the science beginner, examines and illuminates the atomic world that lies beneath our everyday conception of reality. Using historical anecdotes, analogies from everyday life, thought experiments, and touches of humor, we will explore atomic theory from the Greeks through today, and look

especially at the revolution in our understanding of the world of the very small, begun by Einstein and others at the start of the 20th century.

We'll focus particularly on quantum mechanics, and its bizarre, yet experimentally verified, ideas of how things work inside the atom. We'll cover the work of Einstein, Rutherford, Schroedinger, Heisenberg, among others, all explained in everyday language. We will conclude with an introduction to quantum black holes, with which Hawking combined two wildly different arenas of science that were thought to be incompatible. No background in science or math will be assumed or necessary, but some of the ideas might just make your brain sizzle.



PROF. ANDREW FRAKNOI

Education: A.B. in Astronomy, Harvard University, M.A. in Astronomy, University of California, Berkeley

Expertise: Astronomy education, science communication, public understanding of science, and science fiction writing

Previous Roles: Chair, Astronomy Department, Foothill College (retired 2017), Instructor of Astronomy, Fromm Institute for Lifelong Learning, Lead Author, Astronomy (OpenStax) — the most widely used free astronomy textbook in the U.S., Science communicator featured on local and national radio programs

Prof. Andrew Fraknoi, who regularly teaches astronomy courses at Fromm, retired as the Chair of the Astronomy Department at Foothill College in 2017. He has won several national prizes for his teaching and appears regularly on local and national radio explaining science in everyday language. He is the lead author of a free, electronic textbook introducing astronomy, which is now the most-frequently-used astronomy textbook in the country, and has written books for teachers, children, and science fiction fans. He received the Gemant Prize of the American Institute of Physics for teaching courses like this one. And the International Astronomical Union has named Asteroid 4859 Asteroid Fraknoi in recognition of his contributions to the public understanding of science.

Advertise in Our Newsletter!



Contact Donna Touros

(916) 284-4438 | dtouros@4lpi.com



Tuesday Afternoons 1:00pm - 2:40pm

THE FILM MUSIC OF BERNARD HERRMANN

PROF. DAVID MOSCHLER

In Person Only / Not Recorded

This course surveys the film scores of Bernard Herrmann and the impact they had on future generations of filmmakers as well as the genre itself. We will explore notable films from his first forays in Hollywood (*Citizen Kane* and *The Ghost and Mrs. Muir*), through his later adventures in fantasy and science fiction films of the 1950s and 60s (*The Day The Earth Stood Still*, *Journey To The Center of the Earth*, *The 7th Voyage of Sinbad*, *Jason and The Argonauts*) and his final films in the horror

genre (*Sisters and Taxi Driver*). A strong focus on several of his collaborations with director Alfred Hitchcock (*The Man Who Knew Too Much*, *Vertigo*, *North by Northwest*, *Psycho*, *The Birds*, *Marnie*) will form the core of the course.

Selected examples from much of his output will be demonstrated in class through film clips, interviews with composers and film-makers, and optional selected follow-up readings. Students will also learn the context and importance of the film score and how it functions to support the aesthetic and narrative elements of the story and how Herrmann rebelled against the industry and innovated the genre at the same time. A background in music history, theory or filmmaking is not required.



PROF. DAVID MOSCHLER

Education: B.A. Music and B.A. Physics at UNC Chapel Hill; M.A in Music for conducting

Expertise: Orchestra, music

Previous Roles: Award winning conductor, Founder of Awesome Orchestra Collective, adjunct faculty for several high school and colleges

Prof. David Moschler is an award-winning conductor who has music-directed over 130 professional theater productions throughout the Bay Area and US. Recent credits include working with Berkeley Repertory Theatre, American Conservatory Theater, Oregon Shakespeare Festival, Guthrie Theater, Lamplighters Music Theatre, San Francisco Playhouse, Ray of Light Theatre, Mountain Play, West Edge Opera and Shotgun Players, among many others. Möschler has served on the music staff for College Light Opera Company since 2005 and is a regular guest conductor and faculty at many organizations, including Academy of Art University, San Francisco

Conservatory of Music, and University High School. He recently conducted national tours with Pop Up Magazine and The Dear Hunter and made his Off-Broadway debut. In 2013 he founded Awesöme Orchestra Collective where he conducts monthly. www.davidmoschler.com

Reach a hyperlocal audience.

An advertisement in this course catalog is a highly effective way to promote your business to our community.



Call me to reserve this spot today!

Donna Touros | 916-284-4438



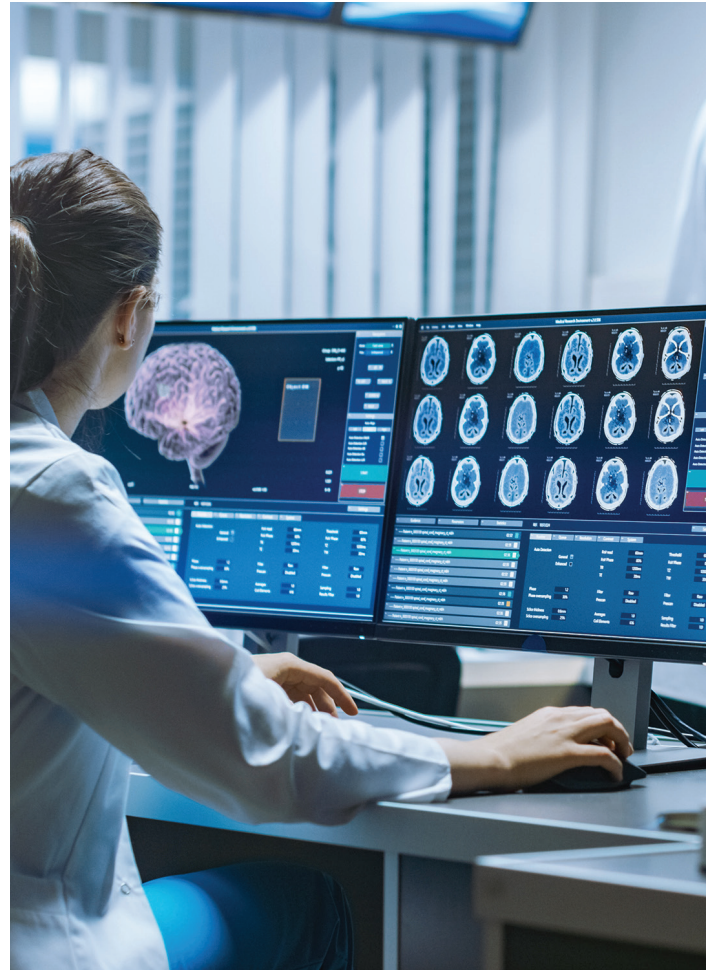
Wednesday Mornings 10:00am - 11:40am

MEDICAL LECTURE SERIES

COORDINATED BY DR. LOUISE ARONSON, MD

Online Only / Recorded

At its best, medicine lives at the intersection of science and humanity, harnessing knowledge, skill, technology, creativity and compassion to treat disease and improve health. In reality, it exists within ever-changing societal, cultural, political and economic structures that can support or undermine medicine's ability to fulfill its social contract. In this series, weekly lectures by local and national experts will offer insight into some of the most exciting advances and concerning challenges facing medicine and human health today. Learn about cutting-edge discoveries and paradigm shifts that transform care, as well as the ancient biases and new technologies that impact whether and how those advances reach patients.



DR. LOUISE ARONSON, MD

Education: BA History, Medical Anthropology, Brown ; M.D. Harvard; UCSF Residency and Fellowship

Expertise: Current work focused on expanding geriatric care

Previous Roles: Geriatrician, writer, educator, and emeritus professor at UCSF, Author

Dr. Louise Aronson, MD MFA, is a leading geriatrician, writer, educator, emeritus professor of medicine at UCSF and the author of the New York Times bestseller and Pulitzer Prize finalist *Elderhood: Redefining Aging, Transforming Medicine, and Reimagining Life*. A graduate of Harvard Medical School, Dr. Aronson developed the housecalls and healthy aging practices at the University of California, San Francisco, programs that cared for older adults

across the decades and stages of elderhood. She has received the Gold Professorship in Humanism in Medicine, the California Homecare Physician of the Year award, and the American Geriatrics Society Clinician-Teacher of the Year award. In the public sector, Dr. Aronson has worked as geriatrics consultant to the State of California and was the clinical lead for the Senior Hub of the San Francisco Department of Public Health COVID-19 response. Her writing credits include the *New York Times*, *Atlantic*, *Washington Post*, *JAMA*, *Lancet*, and the *New England Journal of Medicine*, and her work in aging has been featured on NPR, NBC, CBS, and the New Yorker.

Wednesday Mornings 10:00am - 11:40am

EIGHT LIVE PERFORMANCES: EXPLORING THE CREATIVE PROCESS

COORDINATED BY PROF. LYNNE KAUFMAN

In Person Only

We are indeed fortunate that the S.F. Bay Area is home to so many talented performers. In this specially curated series for Fromm students, you will have the opportunity to see eight different theatrical presentations. After each performance, playwright Lynne Kaufman interviews the presenter about the creative process. There is also time for audience questions.

Actors Dan Hoyle and Marga Gomez, filmmaker Dorothy Fadiman and psychedelic researcher Jim Fadiman are among this



session's presenters. Come to be entertained, engaged, and to become a more informed patron of the performing arts.



PROF. LYNNE KAUFMAN

Education: B.A. Hunter College, M.A. Columbia University

Expertise: Playwright, author

Previous Roles: Director of Travel Study Programs, UC Berkeley

Prof. Lynne Kaufman is an award winning, nationally recognized playwright whose plays have been produced at The Marsh, The Magic Theatre, Theatreworks Silicon Valley, The Fountain Theatre in L.A., the Abingdon Theatre in NYC, and the Humana Festival in Louisville. Her awards include The NEA/Kennedy Center New Play Award, The Glickman Award for Best New Play in S.F., and Theatreworks Award for Best New Play in California.

Our Mission

The Fromm Institute, a “University within a University,” stages daytime courses for retired adults over 50 years of age. Founded by Alfred and Hanna Fromm in 1976, the Institute offers intellectual stimulation and social camaraderie by introducing members to a wide range of college level learning opportunities with access to the facilities and services at the University of San Francisco.

Wednesday Afternoons 1:00pm - 2:40pm

ART AND THE CITY: THE DURGA PUJA FESTIVAL OF KOLKATA

PROF. DEBASHISH BANERJI

Hybrid / Recorded

Durga is a Hindu warrior mother-goddess who is credited with the annihilation of demonic forces. Worshipped seasonally every autumn, Durga may be considered the soul goddess of Kolkata, an urban metropolis of Eastern India. Though Durga's iconography was standardized around 8th c. C.E., the history of Durga image-making in Kolkata has been marked by creative innovation, attesting to the right to interpretation. Since 2000, this innovation has exploded in scale, number and diversity, extending to the creation of immersive environments. In recognition of

this, the festival was awarded Intangible Cultural Heritage status by UNESCO in 2021. This course introduces a number of artists involved in making contemporary Durga Puja images along with their environments, encompassing social, cultural and political themes of astonishing diversity.

1. Who is Durga and what is Durga Puja? Durga Puja in Kolkata
2. Kumortoli and the Durga Puja Festival of Kolkata
3. Art College and Contemporary Durga Puja Artists - Partha Dasgupta
4. Sanatan Dinda
5. Bhabatosh Sutar
6. Susanta Pal
7. Self-taught artists - Gouranga Kuila and the rural involvement
8. Aditi Chakraborty - female artists



PROF. DEBASHISH BANERJI

Education: Ph.D Art History, UCLA

Expertise: Integral yoga, Indian Philosophy, Art History and Cultural Theory

Previous Roles: Author, Editor, Curator for exhibitions, Producer

Prof. Debashish Banerji, Ph.D., is the Haridas Chaudhuri Professor of Indian Philosophies and Cultures and the Doshi Professor of Asian Art at the California Institute of Integral Studies, San Francisco. He has authored and edited books on South Asian culture studies, critical posthumanism and integral studies. He has curated several exhibitions and has produced a documentary film, *Darshan: The Living Art of India*.

Reach a hyperlocal audience.

An advertisement in this course catalog is a highly effective way to promote your business to our community.



Call me to reserve this spot today!

Donna Touros | 916-284-4438



Wednesday Afternoons 1:00pm - 2:40pm

WORLD WAR II: THE ASIA PACIFIC THEATRE

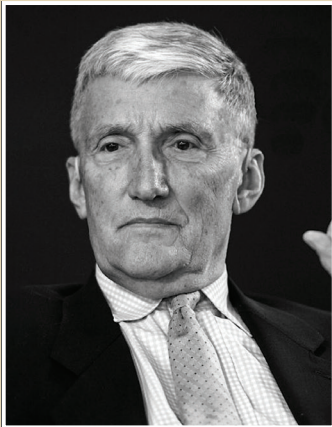
PROF. ROY EISENHARDT

Hybrid / Recorded

Offered Through the Generosity of Roger Boas Chair in Global History & World Affairs.

World War II in the Pacific Theater is a fascinating topic. This course will examine several aspects of that conflict. First, we will analyze the geopolitical forces that led to the war. Hostilities began with the Japanese invasion of China in the early thirties, extended to Britain, the Netherlands, Australia and the United States in 1941, and culminated in the Japanese surrender in 1945. We will focus on the “island hopping” strategy the Allies

adopted in 1942 and discuss “turning point” battles including Coral Sea, Midway and Guadalcanal. Included is discussion of several factors including the role of technology, logistics and amphibious warfare in the gradual move to naval dominance by the United States. The outcome of the Pacific war was established by 1944 with the fall of Saipan, yet the fighting and destruction continued until August 1945. The reasons for the prolonged hostilities, the employment of the atomic bomb, and the eventual surrender, offer insights into how countries at war can become entrenched in their policies beyond the point where hostilities serve their interests.



PROF. ROY EISENHARDT

Education: B.A. Dartmouth College, M.A. UC Berkeley School of Law

Expertise: Law & history

Previous Roles: Former President of the Oakland Athletics

Prof. Roy Eisenhardt graduated from Berkeley Law after serving in the Marine Corps. He practiced law in San Francisco until joining UC /Berkeley as a visiting professor in 1978. In 1980 he became president of the Oakland Athletics, and in 1989 he accepted the role of executive director of the California Academy of Sciences. He also served as the interim president of the San Francisco Art Institute in 2010, Eisenhardt has served as a law lecturer at Berkeley Law and USF.

Advertise in Our Newsletter!



Contact Donna Touros

(916) 284-4438 | dtouros@4lpi.com



Wednesday Afternoons 1:00pm - 2:40pm

SEMINAR: TELL STORIES FROM YOUR LIFE, ONE MOMENT AT A TIME

PROF. NATACHA RUCK

In Person Only

Storytelling is one of the fundamental ways we perceive the world. We don't just consume stories, digest world events with them, define ourselves and others by them, dream in them. That's why refining our storytelling skills not only shores up our creative abilities — it exposes the secret framework of communication, giving us powerful new ways to look at and exist in the world.

In this seminar, students will explore the basic strategies used to write and tell stories in print, audio and live performance, and they will try their hand at telling their own stories.

Each class will survey a different storytelling strategy or genre. Studies of successful memoirs, essays, and creative nonfiction — James Baldwin, Vivian Gornick, *This American Life* and *The Moth*, to name a few — will expose techniques and intent. Then, students



will use investigative tools and playful writing prompts to mine their own histories. Together, we'll learn how to turn lived moments into scenes and craft satisfying narrative arcs. Our ultimate goal: to expand your capacity to convey your stories in new ways.

Open to storytellers of all levels. No prerequisite needed, only the willingness to try new things.



PROF. NATACHA RUCK

Education: M.A Fine Arts, SFSU; M.A Liberal Arts, Stanford

Expertise: Text, film, Sound, and Live performances to story tell

Previous Roles: Award-winning storyteller, media producer, educator

Prof. Natacha Ruck, MLA, MFA, MBA teaches Digital Storytelling and Creative Non-Fiction at USF and guest lectures at Stanford. She is an award-winning storyteller, media producer, and educator who employs text, film, sound, and live performance to create narratives that deepen our understanding of the world and foster action. Her documentary work has appeared at the MoMA and the Whitney Museum of American Art, as well as on National Geographic and NBC NY. She was the managing editor of the Duolingo French podcast, a former Senior Producer of the Stanford Storytelling Project, and the head of its

StoryLab. Currently, Natacha writes and performs two solo shows that explore multigenerational stories and the boundaries between French and English, respectively: *YOU'RE GOOD FOR NOTHING... I'LL MILK THE COW MYSELF*, and *CONFESSIONS OF A FRENCH INTERPRETER*.

Thursday Mornings 10:00am - 11:40am

VIVE LA FRANCE! SAVORING FRENCH OPERA

PROF. KIP CRANNA

Hybrid / Recorded

French operas are famed for their colorful sonorities, refined expression, delicate sensibilities and grand pageantry. This course will offer a musical journey through the full range of France's great opera composers, including Baroque masterworks by Lully, Campra and Rameau, Classic Period operas by Gluck, French grand operas by Meyerbeer and Berlioz, standard repertoire works by



Bizet, Gounod, Offenbach, and Saint-Saëns, romantic favorites by Massenet, and 20th-century works by Debussy, Ravel, Poulenc and Messiaen. Video examples (with English subtitles) will focus on listening skills, with biographical and literary background review putting each work in its historical context.



PROF. KIP CRANNA

Education: PhD from Stanford University in musicology

Expertise: Opera, Music

Previous Roles: Professor; faculty of Stanford Continuing Studies, Fromm Institute, and OLLI Studies

Prof. Clifford "Kip" Cranna, Dramaturg (Scholar in Residence) Emeritus of San Francisco Opera, served the Company for over 40 years, 30 of them as Director of Music Administration, planning each season's schedule of rehearsals and performances, overseeing the administration of the chorus, orchestra, and dancers, coordinating the commissions and co-commissions of new operas, and supervising the music staff. In his role as Dramaturg he worked with educational and community outreach projects and provided musicological support to

the staff. He holds a PhD from Stanford University in musicology. He has taught at the San Francisco Conservatory of Music and is on the faculty of Stanford Continuing Studies, the Fromm Institute at the University of San Francisco and OLLI Dominican and UC Berkeley as well as San Francisco State. He was a 2008 recipient of the San Francisco Opera Medal, the Company's highest honor.

Real stories from real students.

"Fromm has been one of the highlights of our retirement. The quality of teaching is at a very high level. The staff is welcoming, helpful, and best of all — it feels like a true community. We've met wonderful new friends here."

Thursday Mornings 10:00am - 11:40am

HISTORY OF ARCHITECTURE, PART VII

PROF. TOBY ENGELBERG

In Person Only / Not Recorded

The History of Architecture is presented from prehistoric structures to current architecture, and is given over several Fromm terms.

The course is based on the textbook *World Architecture: A Cross Cultural History*, by Richard Ingersoll, (the textbook is optional). Each class includes approximately 75 images, and architecture is situated within historical, religious, geographic and cultural contexts.

Part VII is the last of the seven Fromm courses of the history of architecture. It covers from 1920 to the present day. It begins with Modernism and Totalitarian architecture,



and continues with the International Style, Post-colonial/Third World, Expressionism, Postmodernism, Multicultural Practice, and Ecological Architectural styles.



PROF. TOBY ENGELBERG

Education: B.A Fine Arts University of New York, Masters of Architecture from Yale

Expertise: Design

Previous Roles: Architect, Adjunct Professor in dept. Of Art at Contra Costa College

Prof. Toby Engelberg is a retired architect who has practiced in San Francisco and New York, and is an Adjunct Professor in the dept. of Art at Contra Costa College. She received a Bachelor of Arts in Fine Arts from the State university of New York at Stony Brook, and a masters of Architecture from Yale university.

Advertise in Our Newsletter!



Contact Donna Touros

(916) 284-4438 | dtouros@4lpi.com



Thursday Mornings 10:00am - 11:40am

FIVE DECADES OF KATHARINE HEPBURN

PROF. CARY PEPPER

In Person Only / Recorded

Offered Through the Generosity of Robert Fordham Chair in Liberal Arts.

Katharine Hepburn's film career covered six decades and included everything from screwball comedies and westerns to Shakespeare and other literary drama. Over those 60 years, she won four Academy Awards for Best Actress, a record that remains unbroken to this day.



In this class, we'll examine six of her classic movies: *The Philadelphia Story* (1940); *Woman of the Year* (1942); *The African Queen* (1951); *Guess Who's Coming To Dinner?* (1967); *The Lion in Winter* (1968); *On Golden Pond* (1981); and two lesser-known films: *Alice Adams* (1935); *The Sea of Grass* (1947).



PROF. CARY PEPPER

Education: BA in English Literature, Brooklyn College; MA in English, SFSU

Expertise: Playwright

Previous Roles: Novelist, playwright, screenwriter, nonfiction writer & professor

Prof. Cary Pepper is a playwright, novelist, screenwriter, and nonfiction writer. His plays have been presented throughout the United States and internationally. He's a four-time contributor to the Best American Short Plays series from Applause Books, and he's published dozens of articles as well as other nonfiction. He's taught classes on Alfred Hitchcock, Billy Wilder, Elia Kazan, Howard Hawks, Francis Ford Coppola, film noir, Humphrey Bogart, James Cagney, Bette Davis, Jimmy Stewart, Spencer Tracy, *Women of the Silver Screen*, *Men of the Movies*, *Casablanca*, *Double Indemnity*, and other aspects of American films.

The University of San Francisco (USF)

As a member of Fromm Institute, our students have access to the Gleeson Library/Geschke Learning Center and enjoy the intellectual and social benefits of USF's multi-generational college environment.

Thursday Afternoons 1:00pm - 2:40pm

THE ART OF MYSTERY

PROF. BARBARA LANE

In Person Only / Not Recorded

*Offered Through the Generosity of Sanomar
"Nonie" Barr Chair in Literature*

If you love mysteries? You're not alone. The mystery is, without question, the most popular form of fiction and film.

This class will take a close look at the mystery through talks from contemporary mystery writers like Cara Black, who writes the Aimee LeDuc mysteries, set in Paris, and Tess Gerritsen, widely known as the medical suspense queen.

We'll also hear from Matt Wingett, one of the world authorities on Sir Arthur Conan Doyle,

author of the beloved Sherlock Holmes books, and former LA Times book editor David Ulin, an expert on James M. Cain, who wrote *Double Indemnity* and *The Postman always Rings Twice*. Ulin is a mystery writer himself.

And we can't forget movie mysteries: two top film critics will join us to discuss their favorite mysteries, with clips.

I hope you'll join us to explore this fascinating world. In the meantime, it's the perfect season to curl up with a good mystery.



PROF. BARBARA LANE

Education: B.A. Communications & History, Stanford University

Expertise: Producer, writer, consultant, on-air interviewer

Previous Roles: Former director of Arts & Ideas at JCCSF, Chief literary producer at Commonwealth Club, book columnist for SF Chronicle, and television producer at KPIX, KRON, KQED

Prof. Barbara Lane is a Bay Area writer, producer, and teacher. Former director of Arts & Ideas at the JCCSF, she was the chief literary producer at the Commonwealth Club, book columnist for the SF Chronicle, and television producer at KPIX, KRON, and KQED, and executive producer at KGO Radio.

Reach a hyperlocal audience.

An advertisement in this course catalog is a highly effective way to promote your business to our community.



Call me to reserve this spot today!

Donna Touros | 916-284-4438



Thursday Afternoons 1:00pm - 2:40pm

MELODRAMA IN FILM: AROUSING EMOTIONS IN THE DARK

PROF. RUTHE STEIN

In Person Only / Not Recorded

If you've been totally swept away by a movie so that two hours pass like 20 minutes, chances are you've watched a melodrama. The oldest and sturdiest of film genres, it dates back to early silents. Screening dozens of clips from obscure as well as famous melodramas, accompanied by detailed analysis, this comprehensive course on "Melodrama in Film: Arousing Emotions in the Dark," will range from its beginnings to contemporary titles. So we start with damsels in silent movies tied to railroad tracks and sex-crazed wanton women in pre-code films. This takes us to the heyday of melodramas in the 1940s, a bonanza for actresses like Bette Davis, Joan Crawford and Olivia de Havilland to the enduring contribution to the genre of European directors Douglas Sirk, Luchino Visconti, Rainer Werner Fassbinder and Pedro Almodovar. Chronicle critic Mick LaSalle will speak to the class about the French melodrama *Love Crime* starring Kristin Scott Thomas. This class will



show iconic scenes from classics such as "Dark Victory," "Mildred Pierce," "The Letter," "A Woman's Face" and "Washington Square" to later fare like "Imitation of Life," "Splendor in the Grass," "An Affair to Remember" and "The Bridges of Madison County." These films share a theme of the hazards of falling in love—fertile ground for melodrama.



PROF. RUTHE STEIN

Education: B.A and M.A from the Medill School of Journalism; Northwestern University

Expertise: Films

Previous Roles: Artistic director of the Mostly British Film Festival, Critic and Movie Director, Author, Professor

Prof. Ruthe Stein is the founder and artistic director of the Mostly British Film Festival now in its 18th year. She covered film as a critic and movie editor for the San Francisco Chronicle for 50 years. She is the author of "Sitting Down with the Stars: Interviews with 100 Hollywood Legends" and "The Art of Single Living," based on her singles column syndicated in 30 newspapers. She has taught film at Fromm for 12 years and has master's and bachelor's degrees from the Medill School of Journalism at Northwestern University.

Thursday Afternoons 1:00pm - 2:40pm

THE NEW AGE OF NATURE

PROF. MARY ELLEN HANNIBAL

In Person Only / Not Recorded

Scientists at today's California Academy of Sciences are doing work that would boggle Darwin's mind. In this special lecture series, Academy scientists will present their work. Veteran science author Mary Ellen Hannibal will be on hand to interview the scientists and to help contextualize their efforts.

Racing against the clock of mass extinction, Academy scientists are using traditional museum tools and cutting edge technologies to better understand and protect nature. Chief Science Officer Shannon Bennett will discuss her work on the evolution of microbes and transmission of disease from other animals to humans. Curator of Birds and Mammals Jack Dumbacher will bring news of the Galapagos, where he is helping to reconstruct the ecosystem encountered by Darwin and since then degraded by human impacts. Collections manager and marine mammal specialist Moe Flannery will report on local trends in real time, as spring migrations of species including whales in San Francisco Bay bring news of ocean health. Rebecca Johnson,

director of the Center for Biodiversity and Community Science, will tell us about the State's historic support of 30x30, a United Nations initiative inspired by E.O. Wilson to protect 30 percent of ecosystems by 2030. Johnson will be joined by Avery Hill, who will help us understand how millions of data points gathered by citizen scientists helps to create a map of nature now -- Darwin is applauding from his grave. Among other exciting and positive developments, we will hear about successful efforts to restore extirpated butterflies to the Presidio and beyond, and to raise coral species that may be able to withstand warming waters. This promises to be a rich offering to help us envision a future we want.

For almost 175 years, the California Academy of Sciences has explored and explained the natural world. Each class session will feature a lecture by a CAS scientist updating us on their research around the world and close to home. Subjects will include birds and mammals, entomology, botany, anthropology, and community science. Mary Ellen Hannibal will be on hand to tie the lectures together and to interview each scientist.



PROF. MARY ELLEN HANNIBAL

Education: B.A English Literature, Smith College; M.A. English Literature, Smith College

Expertise: Science and the environment

Previous Roles: Award winning journalist, author, Dean of the Faculty at Fromm Institute

I'm an award-winning journalist and author of five books, including *Evidence of Evolution*, which is focused on the collections of the California Academy of Sciences. I am also the author of *The Spine of the Continent: The Race to Save America's Last, Best Wilderness* and *Citizen Scientist: Searching for Heroes and Hope in an Age of Extinction*. I serve as Dean of the Faculty at the Fromm Institute.



THEN ...



... and NOW



FROMM INSTITUTE TURNS 50!

2026 marks a landmark year: the 50th Anniversary of the Fromm Institute for Lifelong Learning. For five decades, Fromm has been a place where inquisitive minds gather to explore new ideas, deepen their knowledge, and build lasting friendships. This anniversary isn't just a milestone; it's a celebration of our community's shared commitment to curiosity, learning, and connection at every stage of life.

Throughout 2026, we'll be hosting special anniversary events, lectures, and activities designed to honor our past and inspire the next 50 years. Stay tuned for announcements about these upcoming events in our newsletters, on our website, and on campus signage.

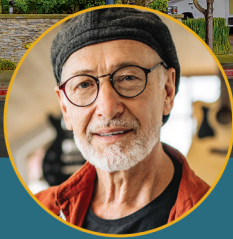


THEN ...



... and NOW

IT'S NEVER TOO LATE TO
live your best life.



Embrace a life well-lived at Peninsula Del Rey—a vibrant senior living community designed and curated for unique adventures, endless opportunities, and vivid experiences with CARF-accredited supportive care, should the need arise.

Visit PeninsulaDelRey.com and call 650.374.4664 to book a tour.

PENINSULA DEL REY

SENIOR LIVING, REDEFINED

165 Pierce Street, Daly City · PeninsulaDelRey.com · 650-374-4664



An SRG Senior Living Community



RCFE# 415601070



CHAIRMAN

Rabbi Brian Lurie

VICE-CHAIRMAN

Roy Eisenhardt, Esq.

PRESIDENT

Caroline Fromm Lurie, L.C.S.W.

EXECUTIVE VICE-PRESIDENT

Ray Wright, Ph.D.

VICE-PRESIDENT

Margie Chen, M.D.

TREASURER

John Boas

SECRETARY

Lisa Wagner, Ph.D.

USF PRESIDENT

Salvador Aceves, Ed.D.

AL JONSEN DEAN OF ACADEMIC AFFAIRS

Mary Ellen Hannibal

BOARD OF DIRECTORS

Louise Aronson, M.D.

Tyrone H. Cannon, Ed.D.

Shannon Gary

Rev. Donal Godfrey, B.L., S.J.

Charles Goodman

Susan Letcher

Joseph Lurie

Jay Mall, M.D.

Sally McNulty

James Mullane

Howard Nemerovski, Esq.

Wayne Robins

Jordan Sachs

Gerald Schall, M.D.

Joelle Steefel



**THE FROMM INSTITUTE
FOR LIFELONG LEARNING**
at the University of San Francisco

2130 Fulton Street
San Francisco, CA 94117-1080