

MOUNTAINSIDE UNITED CHURCH
3520 Rue University Montreal, Qc, H3A 2A7
Sunday Worship, 10:30 am
Tel: (514) 486-1165 www.mountainsideunited.ca

PROPER IX, Year A
July 5, 2026

Deep Spirituality, Bold Discipleship, Daring Justice

Territorial Acknowledgement:

McGill University is on land which has long served as a site of meeting and exchange amongst Indigenous peoples, including the Anishinabeg and Kanien'kehá:ka. We acknowledge and thank the diverse Indigenous peoples whose presence marks this territory on which peoples of the world now gather.

Prelude:

Andante in e minor from *Pièces de clavecin*, Op. 1, no. 3 – Fiocco
Piano: Margaret De Castro

Holy Greeting:

The grace of our Sovereign Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you!

And also with you!

Hymn: VU# 222 *Come, Let Us Sing*

1. Come, let us sing to the Lord our song:
we have stood silently too long;
surely the Lord deserves our praise,
so joyfully thank God for our days.

2. O thirsty soul, come drink at the well;
God's living waters will never fail.
Surely the Lord will help you to stand,
strengthened and comforted by God's hand.

3. You dwell among us and cause us to pray, and
walk with each other following your way;
our precious brothers and sisters will grow
in the fulfilling love they know.

4. Deserts shall bloom and mountains shall sing
to the desire of all living things.
Come, all you creatures, high and low;
let your praises endlessly flow.

Opening Prayer:

We find ourselves, O God, in the time of summer, prosaically a season where life is easy, the fish are jumping and the crops are high. The time we in this northern land long for all year.

Help us, O God, to be truly present to the time that is now, to the season that is now, to the joy that is now.

We know, O Christ, that the seasons of our existence change quickly and our time to be is short lived, yet we occupy much of it worrying about what was or what will be.

Help us, Most Holy Spirit, to be truly present to the time that is now, to the season that is now, to the joy that is now.

(silence)

God in your love, **Hear our prayer.**
Amen

Hebrew Scripture: Zechariah 9: 9 - 12

Reader: Ethel Ann Flores

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

This is the witness of your people Israel!
Thanks be to God!

Psalm: 45 VU# 769 with sung refrain (R)

Reader: Ethel Ann Flores

Refrain: God has blessed you forever and ever.

My heart overflows with a noble theme;
I utter the song I have made for the king,
my tongue like the pen of a ready scribe.

**You are the fairest, the most handsome;
God endows your speech with grace;
God has blessed you forever. R**

Gird your sword on your thigh, O hero,
in splendor and majesty.

**In your majesty ride on to conquer
in the cause of truth and justice.**

Let your right hand teach by awesome deeds,
arrows sharp in the heart of royal enemies.

**The nations shall fall at your feet.
Your divine throne endures forever.**

The royal sceptre is righteousness;
you love right and hate what is wrong.

**Your God has anointed you
with more oil of gladness than all your peers.**

All your garments are fragrant
with myrrh, aloes and cassia.

**Out of the ivory palaces
stringed music makes you glad. R**

@Gospel: Matthew 11:16 – 19, 25 - 30

“But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’ For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son

except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Hear what the Spirit is saying to the Church!
Write these words on our hearts, dear God!

Hymn: VU#374 *Come and Find the Quiet Centre*

1. Come and find the quiet centre
in the crowded life we lead,
find the room for hope to enter,
find the frame where we are freed:
clear the chaos and the clutter,
clear our eyes, that we can see
all the things that really matter,
be at peace, and simply be.

2. Silence is a friend who claims us,
cools the heat and slows the pace,
God it is who speaks and names us,
knows our being, face to face,
making space within our thinking,
lifting shades to show the sun,
raising courage when we're shrinking,
finding scope for faith begun.

3. In the Spirit let us travel,
open to each other's pain,
let our loves and fears unravel,
celebrate the space we gain:
there's a place for deepest dreaming,
there's a time for heart to care,
in the Spirit's lively scheming
there is always room to spare!

Sermon: Like, You Know

Rev. Dr. Douglas Throop

Offertory Reflections: Acknowledging How Givings Grow into Lives Changed

Music for Spiritual Centering:

En prière – Fauré
Voice: Joseph Grenier, tenor
Piano: Margaret De Castro

Silent Prayer:

The Prayer of Jesus

**Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come,
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Hymn: MV#144 *Like a Healing Stream*

1. Like a healing stream in a barren desert,
Spirit water bringing life to dusty earth,
God is trickling through our lives as in a dream unfolding,
promising revival and rebirth... like a healing stream.

2. Like a gentle rain on a thirsty garden,
Spirit water come to nourish tiny seed,
God is bubbling through the soil to coax a new creation,
yearning for an end to want and need... like a gentle rain.

3. Like a river strong with a restless current,
Spirit water rushing on to distant shore,
God is carving out a channel in a new direction,
calling for an end to hate and war... like a river strong.

4. Like a mighty sea reaching far horizons,
Spirit water with a love both deep and wide,
God is working in our hearts to shape a new tomorrow:
God will always challenge and provide! Like a mighty sea,
like a river strong, like a gentle rain, like a healing stream.

Benediction:

Postlude:

Chorale 'All Glory be to God on High' – Walther
Piano: Margaret De Castro

Reference and Information

- July 5 – TODAY. Worship at BHC and after the service you are invited for coffee & conversation on Level 1.
- July 12. Worship Service at Birks (HC) and invite you to join all for a coffee & conversation after the service on Level 1.
- July 19. Worship Service at Birks (HC) and followed after the service by LUNCH and a celebration of July Birthdays.
- Please consider giving to the church. Your gift will help serve our local community and far beyond. For that, we are grateful. You may leave your offering in the plate at the back of the sanctuary. If you are at home, you can send a cheque, e-Transfer funds, or arrange for Pre-Authorized Remittance (PAR). See details on giving at www.mountainsideunited.ca.

The service is livestreamed on Zoom on Sunday Mornings.

In the event of poor reception, the Service may be viewed later on our YouTube Channel.

Please visit our website for regular updates and more information!

www.mountainsideunited.ca