

Choosing a Saint for Confirmation

How to choose a Saint?

- Your given name
- Your birthday's Saint feast
- Family devotion
- Someone you admire
- Personal interest. There is a patron saint for almost anything.

What do I need to do for my saint paper?

- Complete the question sheet attached.
- The following are good, reliable internet resources which may help in choosing a saint:
 - www.catholic.org/saints
 - www.americancatholic.org/features/saintofday/default.aspx
 - www.newadvent.org/
 - www.loyolapress.com/saints-stories-for-kids.htm
 - www.catholic-forum.com/saints/patron02.htm (this is more of an index of patron saints. So if you are looking for a saint, look here for some activity e.g. sports, music, art, etc. that you are interested in.)
- www.catholic-saints.info
- Make a personal connection with your saint: In your paper you are required to explain why you chose the particular saint and how you plan on imitating that saint. THIS IS THE MOST IMPORTANT PIECE OF YOUR WORK!!

The saint you write about in your paper will be the saint whose name you will be taking on the day of Confirmation.

MY CONFIRMATION NAME
Sharing the story of your Saint

The tradition of taking on a new name can be reached back to the Old Testament, When Abram was called to lead his people to believe in the one God; his name was changed from Abram to Abraham, "*Father of many nations.*" Again, in the New Testament, we find Simon's name changed to Peter, meaning "rock" because he was to become the rock upon which Jesus founded his church.

Now that you are about to be confirmed, it is time to choose a name you will take as a sign of your growth in faith. You may also choose your Baptismal name, as Confirmation is the completion of the Baptism experience.

"I believe in the Holy Catholic Church, the communion of saints....."

"There is some of the saint in all of us."

Dorothy Day

On a separate sheet of paper, answer the following questions

1. The saint I chose to pray to and imitate in my preparation for Confirmation is...
2. I chose this Confirmation name because...
3. Pretend you are the biographer. Write a summary of your saint's life story.
4. What event in the life of this saint most impressed you? Why?
5. What special virtues did this saint have?
6. How could you emulate this saint today? Be specific.
7. Explain why your Confirmation name is meaningful to you.