



Spiritual Reading Suggestions for Lent 2026

Seeing with the Heart (Kevin O'Brien, S.J.) Embracing our struggles with courage, our questions with curiosity, and our destiny with boldness, as we tap into our deepest desires and so live authentically

Jesus: a Pilgrimage (James Martin, S.J.) A spiritual and historical exploration of the life of Jesus, combining scholarship with reflections

Life of the Beloved (Henri Nouwen) Living a spiritual life in the midst of a secular culture

Return of the Prodigal Son (Henri Nouwen) A meditation on the Rembrandt picture and God's affirmation and reconciliation

The Years of Ripening (Joyce Rupp) Her latest on the later stages of human living

To Believe in Jesus (Ruth Burrows) How holiness comes through recognizing our weaknesses and seeking God's gifts, rather than through strenuous personal efforts

The Essence of Prayer (Ruth Burrows) Prayer as God's loving address to us, rather than just our efforts, and offering a profound vision of divine love and self-gift

Desire of the Everlasting Hills (Thomas Cahill) Jesus and the world before and after him

The Gift of Years (Joan Chittchester) Spirituality of aging, and how the later years offer opportunities to deeper personal growth and fulfillment

Pilgrim at Tinker Creek (Annie Dillard) Observing nature and being present to the wonder of the natural world

Reconnected (Carlos Whittaker) A digital fast to help recover the lost art of being human

Paying Attention to God (William Barry, S.J.) Helping people pay attention to God's desire for a personal relationship with them

The Shattered Lantern (Fr. Ronald Rolheiser) Practices to renew our awareness, purify our hearts and renew our sense of wonder

Wisdom from St. Francis and St. Clare of Assisi (John V. Kruse) Through daily meditation, scriptural readings, and spiritual exercises, two of the Church's most influential figures lead us through our own conversion process to the love and humility of the cross and to the ultimate life and joy of Easter.

The Glory of the Cross (Tim Chester) A clear, pastoral look at the meaning of Christ's sacrifice