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**List of Parish Ministries, Activities and Prayer Groups**

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| **Name** | **Description** | **Contact Person** | **Contact Information** |
| Altar Servers | Children 5th-8th Grade are eligible to be altar servers at Sunday masses after a short training program. | Rich Romo  Ellie Meissner | [richromo65@gmail.com](mailto:richromo65@gmail.com);  [(916) 813-5026](tel:9168135026)  [meissner@winfirst.com](mailto:meissner@winfirst.com);  (916) 834-3711 |
| Arden Arcade HART- Homeless Assistance Resource Team (AA HART) | Provides resources to assist community members experiencing homelessness as well as our housing challenged  elementary and high  school students in San Juan Unified School District. | Jeannie Anderson-West;  Emma Demers | [jeannieamdg@gmail.com](mailto:jeannieamdg@gmail.com);  (916) 719-0382  [demersemma54@gmail.com](mailto:demersemma54@gmail.com);  (916) 397-4758 |
| Bereavement and Consolation  Ministry | Provides support and consolation for those experiencing grief. | Kent Meyers; Theresa Arciniega | [kentonmeyers1@gmail.com](mailto:kentonmeyers1@gmail.com) |
| Catechetical Ministry  (aka Religious Education) | Provides faith formation for children and adults. | Veronica Borrego (Children’s Formation)  Heather Derenzo (Adult Formation) | [vborrego@stignatiussac.org](mailto:vborrego@stignatiussac.org);  (916) 744-5183  [hderenzo@stignatiussac.org](mailto:hderenzo@stignatiussac.org);  (916) 744-5177 |
| Coffee Social | This small, friendly group is for those looking to meet other parishioners and share stories and community. Meets the second Wednesday of each month at 1 p.m. in the Ministries Room. Please join us! | Linda Moulton | linmoulton@yahoo.com |
| Feed-a-Family | Collects, packs and distributes food boxes during Christmas and Easter to benefit families in need. | Linda Parreira (Parish staff) | [lparreira@stignatiussac.org](mailto:lparreira@stignatiussac.org);  (916) 744-5166 |
| Filipino-American Community (Fil-Am) | United in faith and fellowship, our Fil-Am Parishioners host the annual **Simbang Gabi Mass and Dinner** and other masses celebrating Filipino saints like San Lorenzo Ruiz and San Pedro Calungsod. | Maribel Arizmendiz | [mmarizmendiz@gmail.com](mailto:mmarizmendiz@gmail.com)  916-952-5394 |
| Knights of Columbus | An international fraternal order of Catholic men who bring Christ's love in service to our parishes and communities. | Michael Fazio  Frank Consulo  (Grand Knight) | [mfazioshu3@gmail.com](mailto:mfazioshu3@gmail.com);  (973) 747-6007  [fconsulo@sbcglobal.net](mailto:fconsulo@sbcglobal.net)  [(916) 366-7131](tel:9163667131) |
| Legion of Mary | Founded in Dublin, Ireland in 1921, the Legion of Mary is a lay Catholic organization. The group at St. Ignatius meets weekly for prayer intermingled with discussion and reports. Meets every Thursday at 3:30 p.m. in the Banchero Room. | Albert Santaromana | santaromana@sbcglobal.net |
| Liturgical Ministry   * Altar Care * Xavier Ministers | Schedules and trains people participating in liturgical functions, including Lectors and Extraordinary Ministers of Holy Communion.  Altar Care volunteers assist with light-cleaning needs inside the church and with the laundering of the small linens used in our weekly liturgies.  Xavier Ministers bring the Holy Eucharist to the sick, the homebound and those in nursing facilities in our parish. | Alan Nissila (Parish staff)  Ellie Meissner (Altar Care)  Rene Cardenas  (Xavier) | [anissila@stignatiussac.org](mailto:anissila@stignatiussac.org);  (916) 744-5180  [meissner@winfirst.com](mailto:meissner@winfirst.com);  (916) 834-3711  [xm@stignatiussac.org](mailto:xm@stignatiussac.org)  916-482-9666, ext. 1012 |
| Loaves and Fishes | Prepares and serves midday meals at Loaves and Fishes every 3rd Saturday of the month. | Lydia Enz | [lrenz2013@yahoo.com](mailto:lrenz2013@yahoo.com);  (916) 769-8103 |
| Mental Health | Provides resource information and hosts programs to support those struggling with mental health issues as well as their families and friends. | General Contact  Mark Warren  Susannah Nelson | [mentalhealth@stignatiussac.org](mailto:mentalhealth@stignatiussac.org)  916-744-5172  (or 916-482-9666 ext. 1009)  [mj2warren@comcast.net](mailto:mj2warren@comcast.net);  (916) 844-9037 |
| Merton Circle | This group studies the writings of 20th Century Monk and prolific writer/scholar Thomas Merton. Meets the first Tuesday of each month at 7pm in the Parish Offices. | Kenny Bennett | kennyloybennett@gmail.com |
| Music and Technology | Singers and instrumentalists contribute to the community’s sung prayer as cantors, choir members, ensemble members and accompanists. Volunteers also serve at the sound board and livestream computer. | Alan Nissila (Parish staff) | [anissila@stignatiussac.org](mailto:anissila@stignatiussac.org);  (916) 744-5180 |
| Parish Events | Responsible for Parish Festival, International Potluck, Friday Fish Fry and Coffee and Donuts. | Jenn Obioha | jobioha@stignatiussac.org |
| Quest | Quest is a group of seniors in our parish, who care, and host events for the parish. All ages are welcome to join and attend programs and gatherings. Generally, meets the third Thursday of each month. | Kent Meyers | [kentonmeyers1@gmail.com](mailto:kentonmeyers1@gmail.com);  (916) 206-1414 |
| Questions about Ignatian Spirituality | Can provide resources about Ignatian Spirituality. | Fr. Paul Cochran, S.J. | (916) 482-9666 |
| Quilting for a Cause | Quilts for the homebound visited by the Xavier Ministers. | Linda Slavik  Carol Santarosa | (916) 600-2941  (916) 425-1183 |
| Saint Ignatius Soccer Club | Provides children a safe environment for physical, spiritual, and emotional growth through recreational soccer. | Kevin Ahern, President | Jkevin.ahern@gmail.com; |
| Senior Connections/Bingo for Seniors | Composed of an all-senior group of volunteers organized to make phone calls to senior members of the parish and offers ways to re-connect with the parish and the school. Also, hosts Bingo the first Thursday of each month. | Mark Warren | [mj2warren@comcast.net](mailto:mj2warren@comcast.net);  (916) 844-9037 |
| Sharing God’s Bounty | Serves dinner on the 4th Wednesdays of each month to neighbors. | Virginia Anderson | [andvirginia47@gmail.com;](mailto:andvirginia47@gmail.com;)  [(916) 296-1800](tel:9162961800) |
| Social Justice Ministry | Rooted in Catholic Social Teaching and Ignatian spirituality, this ministry will focus on prayer, education, and advocacy that reflects our faith in action—especially toward those in greatest need. | General Email  Maribel Arizmendiz  Cheryl Mello | [socialjustice@stignatiussac.org](mailto:socialjustice@stignatiussac.org)  [mmarizmendiz@gmail.com](mailto:mmarizmendiz@gmail.com)  916-952-5394  [cmocerin@gmail.com](mailto:cmocerin@gmail.com);  (916) 607-5724 |
| St. Ignatius Parish School | Preschool to 8th grade Catholic School Program. A faith community grounded on Jesuit principles which cultivates excellence in mind, body, and spirit, sending forth students for and with others. | Paula Romo, Principal  Katrena Paine, Vice Principal | [promo@stignatiussacschool.org](mailto:promo@stignatiussacschool.org);  (916) 488-3907 ext. 1028  [kpaine@stignatiussacschool.org](mailto:kpaine@stignatiussacschool.org);  (916) 488-3907 ext. 1029 |
| Stitches 4 Good | Gathers 1st Wednesday of each month to knit and crochet items of warmth and comfort for those in need. | Barbara Bravo | [bbravogm@gmail.com](mailto:bbravogm@gmail.com);  916-708-9867 |
| St. Vincent de Paul Conference | Conducts phone and home visits to build relationships with neighbors in need, and provides rent, utilities and gas assistance, as well as clothing and home goods from the St. Vincent de Paul Thrift Store. | Vivian Macaspac, President | [vmacaspac82@gmail.com](mailto:vmacaspac82@gmail.com);  (916) 591-2527 |
| St. Vincent de Paul Assistance | Contact number if you need help with rental or utility assistance. |  | 916-775-5748 |