



## List of Parish Ministries, Activities and Prayer Groups

Name	Description	Contact Person	Contact Information
Altar Servers	Children 5 <sup>th</sup> -8 <sup>th</sup> Grade are eligible to be altar servers at Sunday masses after a short training program.	Rich Romo  Ellie Meissner	<a href="mailto:richromo65@gmail.com">richromo65@gmail.com</a> ; (916) 813-5026  <a href="mailto:meissner@winfirst.com">meissner@winfirst.com</a> ; (916) 834-3711
Arden Arcade HART- Homeless Assistance Resource Team (AA HART)	Provides resources to assist community members experiencing homelessness as well as our housing challenged elementary and high school students in San Juan Unified School District.	Jeannie Anderson-West;  Emma Demers	<a href="mailto:jeannieamd@gmail.com">jeannieamd@gmail.com</a> ; (916) 719-0382  <a href="mailto:demeremma54@gmail.com">demeremma54@gmail.com</a> ; (916) 397-4758
Bereavement and Consolation Ministry	Provides support and consolation for those experiencing grief.	Kent Meyers; Theresa Arciniega	<a href="mailto:kentonmeyers1@gmail.com">kentonmeyers1@gmail.com</a>
Catechetical Ministry (aka Religious Education)	Provides faith formation for children and adults.	Fatima Ohlsen (Interim Children's Formation)  Heather Derenzo (Adult Formation)	<a href="mailto:fohlsen@stignatiussac.org">fohlsen@stignatiussac.org</a> ; (916) 482-9666 ext. 1020  <a href="mailto:hderenzo@stignatiussac.org">hderenzo@stignatiussac.org</a> ; (916) 744-5177
Coffee Social	This small, friendly group is for those looking to meet other parishioners and share stories and community. Meets the second Wednesday of each month at 1 p.m. in the Ministries Room. Please join us!	Linda Moulton	<a href="mailto:linmoulton@yahoo.com">linmoulton@yahoo.com</a>
Feed-a-Family	Collects, packs and distributes food boxes during Christmas and Easter to benefit families in need.	Linda Parreira (Parish staff)	<a href="mailto:lparreira@stignatiussac.org">lparreira@stignatiussac.org</a> ; (916) 744-5166
Filipino-American Community (Fil-Am)	United in faith and fellowship, our Fil-Am Parishioners host the annual Simbang Gabi Mass and Dinner and other masses celebrating Filipino saints like San Lorenzo Ruiz and San Pedro Calungsod.	Maribel Arizmendiz	<a href="mailto:mmarizmendiz@gmail.com">mmarizmendiz@gmail.com</a> 916-952-5394
Knights of Columbus	An international fraternal order of Catholic men who bring Christ's love in service to our parishes and communities.	Michael Fazio  Frank Consulo (Grand Knight)	<a href="mailto:mfazioshu3@gmail.com">mfazioshu3@gmail.com</a> ; (973) 747-6007  <a href="mailto:fconsulo@sbcglobal.net">fconsulo@sbcglobal.net</a> (916) 366-7131
Legion of Mary	Founded in Dublin, Ireland in 1921, the Legion of Mary is a lay Catholic organization. The group at St. Ignatius meets weekly for prayer intermingled with discussion and	Albert Santaromana	<a href="mailto:santaromana@sbcglobal.net">santaromana@sbcglobal.net</a>

	reports. Meets every Thursday at 3:30 p.m. in the Banchemo Room.		
Liturgical Ministry <ul style="list-style-type: none"> <li>Altar Care</li> <li>Xavier Ministers</li> </ul>	<p>Schedules and trains people participating in liturgical functions, including Lectors and Extraordinary Ministers of Holy Communion.</p> <p>Altar Care volunteers assist with light-cleaning needs inside the church and with the laundering of the small linens used in our weekly liturgies.</p> <p>Xavier Ministers bring the Holy Eucharist to the sick, the homebound and those in nursing facilities in our parish.</p>	<p>Alan Nissila (Parish staff)</p> <p>Ellie Meissner (Altar Care)</p> <p>Rene Cardenas (Xavier)</p>	<p><a href="mailto:anissila@stignatiussac.org">anissila@stignatiussac.org</a>; (916) 744-5180</p> <p><a href="mailto:meissner@winfirst.com">meissner@winfirst.com</a>; (916) 834-3711</p> <p><a href="mailto:xm@stignatiussac.org">xm@stignatiussac.org</a> 916-482-9666, ext. 1012</p>
Loaves and Fishes	Prepares and serves midday meals at Loaves and Fishes every 3 <sup>rd</sup> Saturday of the month.	Lydia Enz	<a href="mailto:lrenz2013@yahoo.com">lrenz2013@yahoo.com</a> ; (916) 769-8103
Mental Health	Provides resource information and hosts programs to support those struggling with mental health issues as well as their families and friends.	<p>General Contact</p> <p>Mark Warren</p> <p>Susannah Nelson</p>	<p><a href="mailto:mentalhealth@stignatiussac.org">mentalhealth@stignatiussac.org</a> 916-744-5172 (or 916-482-9666 ext. 1009)</p> <p><a href="mailto:mj2warren@comcast.net">mj2warren@comcast.net</a>; (916) 844-9037</p>
Merton Circle	This group studies the writings of 20th Century Monk and prolific writer/scholar Thomas Merton. Meets the first Tuesday of each month at 7pm in the Parish Offices.	Kenny Bennett	<a href="mailto:kennyloybennett@gmail.com">kennyloybennett@gmail.com</a>
Music and Technology	Singers and instrumentalists contribute to the community's sung prayer as cantors, choir members, ensemble members and accompanists. Volunteers also serve at the sound board and livestream computer.	Alan Nissila (Parish staff)	<a href="mailto:anissila@stignatiussac.org">anissila@stignatiussac.org</a> ; (916) 744-5180
Parish Events	Responsible for Parish Festival, International Potluck, Friday Fish Fry and Coffee and Donuts.	Jenn Obioha	<a href="mailto:jobioha@stignatiussac.org">jobioha@stignatiussac.org</a>
Quest	Quest is a group of seniors in our parish, who care, and host events for the parish. All ages are welcome to join and attend programs and gatherings. Generally, meets the third Thursday of each month.	Mark Warren	<a href="mailto:mj2warren@comcast.net">mj2warren@comcast.net</a> ; (916) 844-9037
Questions about Ignatian Spirituality	Can provide resources about Ignatian Spirituality.	Fr. Paul Cochran, S.J.	(916) 482-9666
Quilting for a Cause	Quilts for the homebound visited by the Xavier Ministers.	<p>Linda Slavik</p> <p>Carol Santarosa</p>	<p>(916) 600-2941</p> <p>(916) 425-1183</p>

As of May 2026

Saint Ignatius Soccer Club	Provides children a safe environment for physical, spiritual, and emotional growth through recreational soccer.	Kevin Ahern, President	Jkevin.ahern@gmail.com;
Senior Connections/Bingo for Seniors	Composed of an all-senior group of volunteers organized to make phone calls to senior members of the parish and offers ways to re-connect with the parish and the school. Also, hosts Bingo the first Thursday of each month.	Mark Warren	mj2warren@comcast.net; (916) 844-9037
Sharing God's Bounty	Serves dinner on the 4 <sup>th</sup> Wednesdays of each month to neighbors.	Virginia Anderson	andvirginia47@gmail.com; (916) 296-1800
Social Justice Ministry	Rooted in Catholic Social Teaching and Ignatian spirituality, this ministry will focus on prayer, education, and advocacy that reflects our faith in action—especially toward those in greatest need.	General Email Natasha Barnum	<a href="mailto:socialjustice@stignatiussac.org">socialjustice@stignatiussac.org</a>
St. Ignatius Parish School	Preschool to 8 <sup>th</sup> grade Catholic School Program. A faith community grounded on Jesuit principles which cultivates excellence in mind, body, and spirit, sending forth students for and with others.	Paula Romo, Principal  Katrena Paine, Vice Principal	<a href="mailto:promo@stignatiussacschool.org">promo@stignatiussacschool.org</a> ; (916) 488-3907 ext. 1028  <a href="mailto:kpaine@stignatiussacschool.org">kpaine@stignatiussacschool.org</a> ; (916) 488-3907 ext. 1029
Stitches 4 Good	Gathers 1 <sup>st</sup> Wednesday of each month to knit and crochet items of warmth and comfort for those in need.	Barbara Bravo	<a href="mailto:bbravogm@gmail.com">bbravogm@gmail.com</a> ; 916-708-9867
St. Vincent de Paul Conference	Conducts phone and home visits to build relationships with neighbors in need, and provides rent, utilities and gas assistance, as well as clothing and home goods from the St. Vincent de Paul Thrift Store.	Vivian Macaspac, President	<a href="mailto:vmacaspac82@gmail.com">vmacaspac82@gmail.com</a> ; (916) 591-2527
St. Vincent de Paul Assistance	Contact number if you need help with rental or utility assistance.		916-775-5748