As of September 2026

SAINT IGNATIUS LOYOLA
THE JESUIT PARISH OF SACRAMENTO | 3235 ARDEN WAY

List of Parish Ministries, Activities and Groups

Name	Description	Contact Person	Contact Information
Altar Servers	Children 5th-8th Grade are eligible to be altar servers at Sunday masses after a short training program.	Rich Romo Ellie Meissner	richromo65@gmail.com; (916) 813-5026 meissner@winfirst.com; (916) 834-3711
Arden Arcade HART- Homeless Assistance Resource Team (AA HART)	Provides resources to assist community members experiencing homelessness as well as our housing challenged elementary and high school students in San Juan Unified School District.	Jeannie Anderson-West; Emma Demers	jeannieamdg@gmail.com; (916) 719-0382 demersemma54@gmail.com; (916) 397-4758
Bereavement and Consolation Ministry	Provides support and consolation for those experiencing grief.	Kent Meyers; Theresa Arciniega	kentonmeyers1@gmail.com
Catechetical Ministry (aka Religious Education)	Provides faith formation for children and adults.	Madison Winn (Children's Formation) Heather Derenzo (Adult Formation)	mwinn@stignatiussac.org; (916) 482-9666 ext. 1020 hderenzo@stignatiussac.org; (916) 744-5177
Coffee Social	This small, friendly group is for those looking to meet other parishioners and share stories and community. Meets the second Wednesday of each month at 1 p.m. in the Ministries Room.	Linda Moulton	linmoulton@yahoo.com
Faith Alive	Faith Alive is a new pilot continuing faith formation program for adults who want to explore the Catholic faith more deeply while balancing work, family, and everyday life.	Jim Leet	faithalive@stignatiussac.org 916-744-5173
Feed-a-Family	Collects, packs and distributes food boxes during Christmas and Easter to benefit families in need.	Linda Parreira (Parish staff)	lparreira@stignatiussac.org; (916) 744-5166
Filipino-American Community (Fil-Am)	United in faith and fellowship, our Fil-Am Parishioners host the annual Simbang Gabi Mass and Dinner and other masses celebrating Filipino saints like San Lorenzo Ruiz.	Arlynne Desiderio Lori Cruz	filam@stignatiussac.org
Knights of Columbus	An international fraternal order of Catholic men who bring Christ's love in service to our parishes and communities.	Allen Leech	glofriend2@gmail.com
Legion of Mary	Founded in Dublin, Ireland in 1921, the Legion of Mary is a lay Catholic organization. The group at St.	Albert Santaromana	santaromana@sbcglobal.net

	Ignatius meets weekly for prayer intermingled with discussion and reports. Meets every Thursday at 3:30 p.m. in the Banchero Room.		
Liturgical Ministry • Altar Care • Xavier Ministers	Schedules and trains people participating in liturgical functions, including Lectors and Extraordinary Ministers of Holy Communion. Altar Care volunteers assist with light-cleaning needs inside the church and with the laundering of the small linens used in our weekly liturgies. Xavier Ministers bring the Holy Eucharist to the sick, the homebound and those in nursing facilities in our parish.	Alan Nissila (Parish staff) Ellie Meissner (Altar Care) Rene Cardenas (Xavier)	anissila@stignatiussac.org; (916) 744-5180 meissner@winfirst.com; (916) 834-3711 xm@stignatiussac.org 916-482-9666, ext. 1012
Loaves and Fishes	Provides, prepares, and serves a hot meal to the community through Loaves and Fishes every third Saturday of the month.	Lydia Enz	lrenz2013@yahoo.com; (916) 769-8103
Mental Health	Provides information about mental health, offers resources for those in need, and hosts support groups for caregivers and loved ones of those struggling with mental health challenges.	General Contact Mark Warren Susannah Nelson	mentalhealth@stignatiussac.org 916-744-5172 (or 916-482-9666 ext. 1009) mj2warren@gmail.com (916) 844-9037
Merton Circle	This group studies the writings of 20th Century Monk and prolific writer/scholar Thomas Merton. Meets the first Tuesday of each month at 7pm in the Parish Offices.	Kenny Bennett	kennyloybennett@gmail.com
Music and Technology	Singers and instrumentalists contribute to the community's sung prayer as cantors, choir members, ensemble members and accompanists. Volunteers also serve at the sound board and livestream computer.	Alan Nissila (Parish staff)	anissila@stignatiussac.org; (916) 744-5180
Parish Events	Responsible for Parish Festival, International Potluck, Friday Fish Fry and Coffee and Donuts.	Jenn Obioha	jobioha@stignatiussac.org
Quest	Quest is a group of seniors in our parish, who care, and host events for the parish. All ages are welcome to join and attend programs and gatherings. Generally, meets the third Thursday of each month.	Kathy Geyer	geyerkathy@yahoo.com
Ignatian Spirituality Education	Ignatian Spirituality Education offers opportunities to explore the life, faith, and teachings of St. Ignatius of	Shari Roeseler	mwyatt@stignatiussac.org

	Loyola. Through classes and special presentations, participants will learn about Ignatian prayer and spiritual practices—including the Spiritual Exercises, the Daily Examen, and imaginative prayer—and discover practical ways to recognize God in all things.		
Quilting for a Cause	Quilts for the homebound visited by the Xavier Ministers.	Carol Santarosa Linda Slavik	(916) 425-1183 (916) 600-2941
Saint Ignatius Soccer Club	Provides children a safe environment for physical, spiritual, and emotional growth through recreational soccer.	David Whitehead, President	Davewh76@gmail.com
Bingo for Seniors	Hosts Bingo the first Thursday of each month at 1:00 p.m. in the Garden Room.	Mark Warren	mj2warren@gmail.com (916) 844-9037
Sharing God's Bounty	Serves dinner on the 4th Wednesdays of each month to neighbors.	Virginia Anderson	andvirginia47@gmail.com; (916) 296-1800
Social Justice Ministry	Rooted in Catholic Social Teaching and Ignatian spirituality, this ministry will focus on prayer, education, and advocacy that reflects our faith in action—especially toward those in greatest need.	General Email Natasha Barnum	socialjustice@stignatiussac.org
St. Ignatius Parish School	Preschool to 8th grade Catholic School Program. A faith community grounded on Jesuit principles which cultivates excellence in mind, body, and spirit, sending forth students for and with others.	Paula Romo, Principal Katrena Paine, Vice Principal	promo@stignatiussacschool.org; (916) 488-3907 ext. 1028 kpaine@stignatiussacschool.org; (916) 488-3907 ext. 1029
Stitches 4 Good	Gathers 1st Wednesday of each month to knit and crochet items of warmth and comfort for those in need.	Barbara Bravo	bbravogm@gmail.com; 916-708-9867
St. Vincent de Paul Conference	Conducts phone and home visits to build relationships with neighbors in need, and provides rent, utilities and gas assistance, as well as clothing and home goods from the St. Vincent de Paul Thrift Store.	Vivian Macaspac, President	vmacaspac82@gmail.com; (916) 591-2527
St. Vincent de Paul Assistance	Contact number if you need help with rental or utility assistance.		916-775-5748
Young Adult Ministry	A group for young adults ages 18-35, grounded in prayer, reflection, fellowship, and service.	Fr. Dennis Marzan, S.J.	dmarzan@stignatiussac.org